

Bupa Care Homes (CFChomes) Limited

East Dean Grange Care Home

Inspection report

Lower Street
East Dean
East Sussex
BN20 0DE

Tel: 01323422411
Website: www.bupa.com

Date of inspection visit:
09 February 2021

Date of publication:
05 March 2021

Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

East Dean Grange is a care home for up to 30 older people and those living with a dementia. At the time of the inspection there were 13 people living there.

We found the following examples of good practice.

The home was clean and well maintained. There was a regular cleaning programme throughout the day with some cleaning duties completed during the night. There was a well-resourced cleaning team who followed and completed cleaning schedules. They were knowledgeable regarding current Covid-19 cleaning guidelines and had completed training on this subject. Care staff were also completing additional cleaning. For example, they cleaned mobile hoists following use and attached a paper band to indicate that suitable cleaning had been completed.

The home was currently closed to all visitors due to a recent Covid-19 outbreak. However, visiting had continued for those people at the end of their life, with individual risk assessments to safeguard people and visitors. Staff supported people to remain in contact with their families through phone and video calls. There was a visiting policy to provide relevant guidelines to follow once the home re-opens to visitors. Along with a visiting pod to support safe visiting in the future, which provided a separate entrance directly to the outside.

There were systems in place to ensure people who had tested positive for Covid-19 were isolated in their own rooms all of which had en-suite facilities. People who chose to visit the dining areas or communal areas were supported by staff to maintain social distancing. For example, chairs and tables had been re-arranged to allow more space between people.

An adequate supply of personal protective equipment (PPE) was available and staff had received specific Covid-19 training, this included guidance for staff about how to put on and take off PPE safely. Staff were seen to be following correct IPC practices. Hand sanitisers were readily available throughout the home. Regular testing for staff and people was being undertaken to support the safe management of IPC.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

East Dean Grange Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 9 February 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.