

# Mr Clarence Leo Vaz and Mrs Caroline Ann Vaz trading as Parklands Nursing Home

## Parklands Nursing Home

### **Inspection report**

33 Newport Road Woolstone Milton Keynes Buckinghamshire MK15 0AA

Tel: 01908692690

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### Ratings

Tatings	
Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

## Summary of findings

### Overall summary

Parklands Nursing Home is a care home providing personal and nursing care for up to 30 people. This includes both permanent residents, and people who stay at the service for rehabilitation, before returning to their own homes. At the time of the inspection 26 people were receiving support.

We found the following examples of good practice.

The registered manager had taken steps to ensure staffing was sufficient to fully meet people's needs. Staff had worked flexibly and had gone above and beyond during a difficult situation, working extra shifts and often taking on new responsibilities to ensure people received safe care and support.

Safe arrangements were in place for visitors to the service. This included the completion of hand sanitisation and wearing a mask. Staff and essential care givers engaged with a programme of regular testing according to government guidance.

Staff and visiting professionals were asked to provide evidence of their vaccination status against COVID-19 prior to entering the home.

We saw PPE was accessible within the home and staff used it in accordance with the most up to date guidance. Information about the correct use of PPE and handwashing guidance was displayed throughout the home.

A regular programme of testing for COVID-19 was in place for staff and people who lived in the service. This meant swift action could be taken if anyone received a positive test result.

Policies, procedures and risk assessments related to COVID-19 were up to date which supported staff to keep people safe. All staff had received training about the correct use of PPE including donning and doffing.

Isolation was used to manage the spread of infection. This meant people self-isolated in their rooms when necessary.

There was plenty of personal protective equipment (PPE) including masks, gloves, aprons and hand sanitiser available. PPE stations were located around the service and outside people's rooms.

### The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe? Inspected but not
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Further information is in the detailed findings below.



## Parklands Nursing Home

**Detailed findings** 

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 2nd February 2022 and was announced. We gave the service 12hours notice of the inspection.

### Is the service safe?

### Our findings

#### Staffing

• The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- The provider was using PPE effectively and safely, and staff had received training from local IPC specialist at the Clinical Commissioning Group (CCG) in relation to doffing and donning of PPE. The inspector shared available IPC training resources for health & social care staff with the provider.

We have also signposted the provider to resources to develop their approach.

#### Visiting in care homes

• People were supported to have regular contact through visits with family members and friends. Visitors were required to follow government guidance for visiting care homes, which included undertaking an LFD test and wearing a mask.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

• The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.