

Porthgwara Nursing Home LLP

# Porthgwara Nursing Home

## Inspection report

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Porthgwara is a nursing home which offers care and support for up to 20 predominantly older people. At the time of the inspection there were 15 people living at the service. The service occupies a detached house over two floors with a passenger lift for people to access the lower floor. The service was equipped with facilities to support the needs of people living at Porthgwara.

We found the following examples of good practice.

The service was clean throughout, and there were appropriate procedures to ensure any infection control risks were minimised. All communal areas had safe distancing seating arrangements. Regular discussions took place between staff and people to ensure they understood the reasons for social distancing. People who had limited capacity were sensitively encouraged to safe distance by staff.

Clear signage and sanitiser dispensers were in place around the service. Information notices were informative and highlighted what PPE was required to protect people and if any person living in the service was at higher risk.

The service was currently closed to visitors following government guidance. However, they had facilitated visits in the summer, for example window visits as all bedrooms oversaw a patio area which could be accessed without entering the home. They had also constructed a building called the 'Pavilion', in the garden area, which protected people from the elements. The Pavilion had a sealed Perspex divider with two separate entry points. PPE was offered and this enabled people to arrange appointments to see residents with the support of staff, while protecting them from the risk of infection. Staff also helped people to stay in touch with family and friends through phone and video calls. We saw a staff member reading a letter to a person during our visit.

People at high risk and those wishing to remain in their own rooms were supported by staff to occupy themselves. Staff provided activities whilst maintaining people's safety.

The registered manager was communicating with people, staff and family members regularly to make sure everyone understood procedures and precautions being taken, and how to keep people safe.

The registered manager worked with the whole staff team to ensure infection prevention and control measures were in place. This included a review of the staffing areas to ensure that staff could take staggered breaks in a designated and safe area. Staff dedicated changing area included individual storage space for staff clothes and shoes. Uniforms were laundered on the premises to reduce the risk of cross infection.

Cleaning and infection control policies and procedures had been updated in line with Covid-19 guidance to help protect people, visitors and staff from the risk of infection. The registered manager kept up to date with appropriate training in infection control. The registered provider arranged and delivered training for staff to

ensure they knew how to keep people safe during the COVID-19 pandemic.

Suitable testing routines had been arranged for staff and people who used the service. The registered manager said both staff and people who used the service had been happy to participate in regular testing.

Robust admission procedures were in place, for example, the service required documentary evidence of negative Covid-19 test results before people moved in, followed by a period of self-isolation.

The service had comprehensive policies and procedures in respect of Covid 19 and its implications on the running of the service. From our discussions and observations these had been effectively implemented.

Further information is in the detailed findings below.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Inspected but not rated.

**Inspected but not rated**

# Porthgwara Nursing Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 2 February 2021 and was announced.

## Is the service safe?

### Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.