

# Sherburn Group Practice

## Inspection report

The Medical Centre  
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This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

## Ratings

### Overall rating for this location

Good 

Are services effective?

Good 

Are services well-led?

Good 

# Overall summary

We carried out an announced new style focused inspection at Sherburn Group Practice on 12 June 2019 as part of our inspection programme, following our annual regulatory review process.

We based our judgement of the quality of care at this service on a combination of:

- what we found when we inspected
- information from our ongoing monitoring of data about services and
- information from the provider, patients, the public and other organisations.

**We have rated this practice as good overall and good for all population groups.**

We found that:

- Patients received effective care and treatment that met their needs.
- The way the practice was led and managed promoted the delivery of high-quality, person-centre care.
- The practice had done significant work on the management of patients with non-visible haematuria. They had collaborated with the microbiologist to ensure that cases presumed to be caused by a urinary tract infection were followed up. This initiative had identified two bladder cancer cases and a patient with renal stones.

- The practice had collaborated with Leeds hospital so that practices in their area could access the Yorkshire and Humber Healthcare record. Access to the records and passwords were now available to all staff. This meant that any periods of care at Leeds hospital could now be accessed by the practice to improve safe and effective care,
- The nursing team had made improvements to the management of patients with asthma, high-risk asthma. This included an 'at-risk' alert on patient records which could be seen by out of hours services to prioritise care.
- The practice participated in a scheme to try to improve care for patients in care homes. This scheme involved a proactive approach with an annual review with the consultant for older people, a GP and care home staff to provide a holistic and preventative approach. The review included falls assessment and planning and education to avoid unnecessary hospital admissions.
- The practice had been involved in a frailty pilot where care home staff had been trained to make direct referrals to dietetics, speech and language therapy, physios and occupational therapists. Staff were required to follow protocols and the aim was to reduce the need for GP intervention.

**Details of our findings and the evidence supporting our ratings are set out in the evidence tables.**

**Dr Rosie Benneyworth** BM BS BMedSci MRCGP

Chief Inspector of Primary Medical Services and Integrated Care

## Population group ratings

<b>Older people</b>	<b>Good</b>	
<b>People with long-term conditions</b>	<b>Good</b>	
<b>Families, children and young people</b>	<b>Good</b>	
<b>Working age people (including those recently retired and students)</b>	<b>Good</b>	
<b>People whose circumstances may make them vulnerable</b>	<b>Good</b>	
<b>People experiencing poor mental health (including people with dementia)</b>	<b>Good</b>	

## Our inspection team

Our inspection team was led by a CQC inspector. The team included a second CQC inspector, a GP specialist advisor and a CQC medicines inspector.

## Background to Sherburn Group Practice

Sherburn Group Practice, The Medical Centre, Beech Grove, Sherburn in Elmet, Leeds, LS25 6ED is a GP practice in a large village in the Selby district of North Yorkshire. Sherburn in Elmet is situated between Leeds and York. There are transport links to nearby cities and access to hospitals, Leeds is approximately 16 miles to the west and York is approximately 16 miles to the north east. Both cities are approximately 30 minutes away by car, and there are also train stations in the village and in the neighbouring village of South Milford with regular trains to both cities. The practice is also a teaching practice accommodating student nurses and medical students.

The practice has historically been part of a federation and worked with local practices to develop services for patients due to the distance to hospitals. The practice team have a wide range of knowledge and expertise and have undertaken extended training such as in cancer care, paediatrics, contraception and diabetes. This means that patients can access certain care closer to home.

There has been an increase in the practice population and the area has a significant amount of housing development. This has led to an increased demand on GP services and the practice are taking measures to accommodate the increase, for example with two urgent GP clinics each day. The practice provides extended

hours on Thursday evenings and Saturday mornings, there is no other provision in the area for urgent care or extended hours apart from a telephone consultation service when the surgery is closed. They are now working with two other practices in the locality to develop a primary care network and services to meet the needs of their patients.

The provider is registered with CQC to deliver the Regulated Activities; diagnostic and screening procedures, maternity and midwifery services, family planning, surgical procedures, and treatment of disease, disorder or injury.

These are delivered from two sites in the same location.

Sherburn Group Practice is situated within the Vale of York Clinical Commissioning Group (CCG) and provides services to 9833 patients under the terms of a personal medical services (PMS) contract. This is a contract between general practices and NHS England for delivering services to the local community.

The provider is a partnership of five GPs (a mix of females and males) and a management partner who registered with the CQC in 2013. The practice employs three salaried GPs, a GP retainer, an advanced nurse practitioner, one practice nurse, two treatment room nurses, two health care

assistants and a range of administration and reception staff. There is also a practice dispensary with three dispensers and a dispensing manager.

The National General Practice Profile states that 99% of the practice population is from a white

background. Information published by Public Health England, rates the level of deprivation within the practice population group as ten, on a scale of one to ten. Level one represents the highest levels of deprivation and level ten the lowest. Male life expectancy is 80 years compared to the national average of 79 years. Female life expectancy is the same as the national average at 83 years.