

## Barchester Healthcare Homes Limited

# Mount Tryon

### Inspection report

Higher Warberry Road  
Torquay  
Devon  
TQ1 1RR

Tel: 01803292077

Website: [www.barchester.com](http://www.barchester.com)

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21 April 2021

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### Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Mount Tryon is a care home with nursing for older people, people with a physical disability and people living with dementia. It is registered for a maximum of 59 people, at the time of the inspection 49 people were living at the service. The home has a dementia care unit situated at first floor level, with people needing more general nursing or personal care on the ground floor.

We found the following examples of good practice.

Systems were in place to help manage the risks and prevent the spread of COVID-19.

There were clear systems in place for visitors to ensure they followed the current guidance on infection prevention and control. On arrival, visitors had their temperature checked, were screened for COVID-19 symptoms. Where appropriate, visitors were required to take a lateral flow device (rapid) test to confirm that they did not have a COVID-19 infection before they were allowed into the home.

The registered manager was aware of the latest government guidance regarding visiting to care homes and were facilitating visits in line with the guidance. Staff understood how important this was to people living at the home and their families and friends. Additional arrangements, such as, garden visits and visits in an enclosed visiting 'pod', were also in place. This helped people receive visitors in addition to their nominated family members who were able to visit them inside of the home.

Staff had received training in infection prevention and control and the use of PPE including masks, gloves, aprons and hand hygiene. There were sufficient stocks of PPE available and staff were seen to be wearing PPE appropriately and in line with government guidance.

People and staff took part in regular COVID-19 'whole home' testing. People and staff who tested positive, followed national guidance and self-isolated for the required amount of time.

Cleaning schedules had been enhanced to include more frequent cleaning of touch points such as handrails and light switches. In addition, the service carried out monthly infection prevention and control audits.

The provider had developed specific COVID-19 policies and procedures which had been reviewed and updated where necessary in line with the latest guidance.

There was a contingency plan and risk assessment in place to manage a potential outbreak of COVID-19 within the service to keep people and staff safe.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Mount Tryon

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 21 April 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.