

Larchwood Care Homes (South) Limited

Stambridge Meadows

Inspection report

Stambridge Road
Great Stambridge
Rochford
Essex
SS4 2AR

Tel: 01702258525

Date of inspection visit:
09 March 2021

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23 March 2021

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

About the service

Stambridge Meadows is a residential care home providing accommodation and personal care to 21 people aged 65 and over at the time of the inspection. Some people using the service were living with dementia. The care home accommodates up to 49 people in one adapted building.

People's experience of using this service and what we found

Risks for people were identified and recorded. Risk assessments showed how risks to people's safety and wellbeing were to be reduced and the actions required to keep people safe.

Measures were in place to control and prevent the spread of infection. Staff employed at the service had received training on infection prevention and the correct use of Personal Protective Equipment [PPE]. Appropriate infection prevention control practices were observed, including the wearing of PPE to keep infection risks and the risk of transmission to a minimum. The environment was visibly clean and cleaning schedules evidenced the frequency of cleaning undertaken at the service. Suitable arrangements were in place to comply with government guidance on care home visiting.

For more details, please see the full report which is on the CQC website at www.cqc.org.uk

Rating at last inspection and update

The last rating for this service was Requires Improvement [published 7 December 2020] and there was a breach of Regulation 12 of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014, relating to the management of risk. The provider completed an action plan after the last inspection to show what they would do and by when to improve.

Why we inspected

We undertook this targeted inspection to check whether the breach of Regulation 12 of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014 had been met. The overall rating for the service has not changed following this targeted inspection and remains Requires Improvement.

CQC have introduced targeted inspections to follow up on Warning Notices or to check specific concerns. They do not look at an entire key question, only the part of the key question we are specifically concerned about. Targeted inspections do not change the rating from the previous inspection. This is because they do not assess all areas of a key question.

Follow up

We will continue to monitor information we receive about the service until we return to visit as per our re-inspection programme. If we receive any concerning information we may inspect sooner.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated

Inspected but not rated

Stambridge Meadows

Detailed findings

Background to this inspection

The inspection

This was a targeted inspection to check whether risks to people using the service were assessed and risks to people's health and safety mitigated.

As part of this inspection we also looked at the infection control and prevention measures in place. This was conducted so we can understand the preparedness of the service in preventing or managing an infection outbreak, and to identify good practice we can share with other services.

Inspection team

The inspection was completed by one inspector.

Service and service type

Stambridge Meadows is a 'care home'. People in care homes receive accommodation and nursing or personal care as a single package under one contractual agreement. CQC regulates both the premises and the care provided, and both were looked at during this inspection.

The service had a manager registered with the Care Quality Commission. This means that they and the provider are legally responsible for how the service is run and for the quality and safety of the care provided.

Notice of inspection

This inspection was unannounced.

What we did before the inspection

We reviewed information we had received about the service since the last inspection. We sought feedback from the Local Authority and used all of this information to plan our inspection.

During the inspection

We spoke with the registered manager and head housekeeper. We reviewed a range of records. This included individual risk assessments for people using the service and a variety of records relating to the service's infection control and prevention arrangements.

Is the service safe?

Our findings

Safe – this means we looked for evidence that people were protected from abuse and avoidable harm.

At the last inspection this key question was rated as Requires Improvement. We have not changed the rating of this key question, as we have only looked at the part of the key question, we had specific concerns about.

At our last inspection in November 2020, the provider had failed to robustly assess people's individual risks relating to the health, safety and welfare of people. This was a breach of Regulation 12 (Safe Care and Treatment) of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014. Enough improvement had been made at this inspection and the provider was no longer in breach of this regulation.

Assessing risk, safety monitoring and management

- Risks to people's health and safety were clearly identified and recorded. The risk assessments were up-to-date, regularly reviewed and accurately reflected the person's current needs. Where a person's needs had changed, suitable arrangements had been put in place at the earliest opportunity to mitigate the risks and ensure the safe delivery of care.

Preventing and controlling infection

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider's infection prevention and control policy was up to date.