

Peninsula Autism Services & Support Limited

St Winnow

Inspection report

37 Rocky Park Road
Plymstock
Plymouth
Devon
PL9 7DQ

Tel: 01752402300
Website: www.prioryadultcare.co.uk

Date of inspection visit:
27 January 2021

Date of publication:
26 February 2021

Ratings

Overall rating for this service	Inspected but not rated
---------------------------------	-------------------------

Is the service safe?	Inspected but not rated
----------------------	-------------------------

Summary of findings

Overall summary

St Winnow is a residential care home and is registered to provide accommodation and support for people with a learning disability and/or autism. The service is registered to support a maximum of 5 people. At the time of the inspection there were 5 people living at the service.

We found the following examples of good practice.

A clear system was in place to prevent visitors from spreading infection in the service. This included a clear checking in process, prominent signage, availability of PPE, temperature checks and a one-way system to allow for social distancing and hand-washing.

The environment was very clean. Additional cleaning was taking place including frequently touched surfaces. Infection control audits were carried out. Staff completed hourly hand-washing audits and understood the importance of regular hand-washing to reduce the risks of transmission.

People were supported to maintain contact with their family and friends through the use of social-media platforms and regular phone calls. When possible people had been supported to access the community safely. Consideration had been given to additional activities to support people's mental-health and well-being.

Changes had been made to the environment to support social-distancing measures and to ensure thorough cleaning could take place.

The provider participated in regular COVID-19 testing of people, staff and visitors. Risk assessments were completed for all people and staff and additional measures put in place when people had been assessed at higher risk of infection.

The registered manager kept up to date with Government guidance and appropriate training in infection control. The registered manager ensured all staff had completed training to ensure they knew how to keep people safe during the COVID-19 pandemic.

The registered manager and provider ensured people living in the service, and staff, had access to additional support, including one-to-one meetings and contact by phone, to provide updates and offer any emotional support needed.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

St Winnow

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 27 January 2021 and was announced.

Is the service safe?

Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.