

Knells Country House Limited

The Knells Country House

Inspection report

Houghton Carlisle Cumbria CA6 4JG

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Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

The Knells Country House is a care home for up to 24 older people, some of whom have a dementia related condition.

We found the following examples of good practice:

- Systems were in place to help prevent people and staff from catching and spreading infections. People and staff had been tested and there had been no known cases of Covid-19 at the home.
- There was sufficient personal protective equipment (PPE) such as aprons, gloves and masks. Staff were wearing this appropriately when we visited. The registered manager had made their own video for staff on using PPE and handwashing. One member of staff told us, "We have been shown very well how to do everything."
- The layout of the home promoted social distancing. There were various rooms including a conservatory where people could sit. A balcony area had been built outside where people could see their visitors safely. Additional cleaning was being carried out.
- Staff supported people's emotional and social wellbeing. Staff acted as social buddies to help people keep in contact with relatives using a range of technology.
- Infection control audits were carried out. The registered manager spoke positively about the hard work and dedication staff had shown, which had helped to minimise the impact of the pandemic on people's health and wellbeing.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated

We were assured the service was following safe infection prevention and control procedures to keep people safe.



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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 27 August 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to further develop their approach.