

The Chase Care Home Ltd

# The Chase Rest Home

## Inspection report

The Chase  
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East Sussex  
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Tel: 01323722855

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17 February 2022

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10 March 2022

## Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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# Summary of findings

## Overall summary

The Chase Rest Home is a care home that accommodates up to 24 people. The service supports a wide range of people including those living with dementia or with other mental health related support needs. At the time of our inspection there were 18 people living at the service.

We found the following examples of good practice.

People were supported to maintain contact with their family and friends. Staff were aware of current government guidance and this was displayed throughout the home. There was a visitation pod to ensure people remained safe during visits. The deputy manager had also provided simple visiting guidance to relatives following feedback that they were confused about changes.

PPE was available throughout the home and staff were seen to be using this appropriately. The home was clean and tidy with a robust cleaning rota being followed. This included the use of a 'Fogging machine' which sprayed disinfectant and cleaned and sanitised large areas of the building quickly.

People and staff followed testing guidance, which included ensuring visitors were vaccinated and had received a negative Covid lateral flow test (LFT). All visitors also had their temperature taken before entering the service. Staff completed an LFT before each shift.

The management team had focused on promoting positive mental health with people and staff. This included supporting people when they were isolating and providing activities that were socially distanced. At one point, staff morale had been low, and the deputy manager had provided them with individual notebooks. These were used to share positive messages and compliments with each other.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# The Chase Rest Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 17 February 2022 and was announced. We gave the service one day's notice of the inspection.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

### Visiting in care homes

- The provider was facilitating visits for people living in the home in accordance with the current guidance. A visiting pod had been implemented at the service to ensure people and their loved ones could remain safe.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.