

The Springfield Surgery - Bingley

Quality Report

The Springfield Surgery - Bingley
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This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

Ratings

Overall rating for this service	Good	
Are services safe?	Good	
Are services effective?	Good	
Are services caring?	Outstanding	
Are services responsive to people's needs?	Good	
Are services well-led?	Good	

Summary of findings

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Overall summary

Letter from the Chief Inspector of General Practice

We carried out an announced comprehensive inspection at The Springfield Surgery - Bingley on 18 January 2016. Overall the practice is rated as good.

Our key findings across all the areas we inspected were as follows:

- There was an open and transparent approach to safety and an effective system in place for reporting and recording significant events. Staff understood their responsibilities to raise concerns and report incidents and near misses.
- Risks to patients were assessed and safely managed.
- Staff assessed patients' needs and delivered care in line with current evidence based guidance. Staff had the skills, knowledge and experience to deliver effective care and treatment.
- Patients said they were treated with compassion, dignity and respect and they were involved in their care and decisions about their treatment.
- Information about services and how to complain was available and easy to understand.

- Patients said they could book urgent appointments when they needed to and these were available the same day.
- The practice had good facilities and was well equipped to treat patients and meet their needs.
- There was a clear leadership structure and staff felt supported by management. The practice proactively sought feedback from staff and patients, which it acted on. We found positive working relationships between the staff.
- The provider was aware of and complied with the requirements of the Duty of Candour.
 - The practice offered a self-help room with blood pressure checks, height and weight checks and Internet access for all to use.

We saw areas of outstanding practice:

- The practice achieved seven out of seven five star reviews on NHS choices; for example "I am a nervous patient and I have been really impressed and grateful for the care I have received. Best doctor ever!" and "I have always had access to the GPs in times of crisis

Summary of findings

for the patients. I feel we work very well as a team with good joined up working and this includes back office staff and practice nurses” Community Case Manager.

- In a recent ‘Friends and family’ survey 99% (310 out of 312) would be ‘likely’ to recommend this practice.

- The practice offered in house CPR (cardiopulmonary resuscitation) training to patients via the British Heart Foundation.

Professor Steve Field (CBE FRCP FFPH FRCGP)

Chief Inspector of General Practice

Summary of findings

The five questions we ask and what we found

We always ask the following five questions of services.

Are services safe?

The practice is rated as good for providing safe services.

Good



- There was an effective system in place for reporting and recording significant events.
- Lessons were learned and shared widely throughout the practice, action was taken to improve safety in the practice and improve patient care.
- When there were unintended or unexpected safety incidents, people received reasonable support, truthful information, a verbal and written apology and were told about any actions to improve processes to prevent the same thing happening again.
- The practice had clearly defined and embedded systems, processes and practices in place to keep people safe and safeguarded from abuse.
- The service had a dedicated Safeguarding lead who demonstrated a good understanding of the needs of the local population and promoted this within the practice.
- Risks to patients were assessed and well managed.

Are services effective?

The practice is rated as good for providing effective services.

Good



- Staff referred to best practice guidance including the National Institute for Health and Care Excellence (NICE).
- Clinical audits demonstrated quality improvement.
- Staff had the skills, knowledge and experience to deliver effective care and treatment.
- There was evidence of appraisals and personal development plans for staff.
- Staff worked well with multidisciplinary teams, to understand and meet the range and complexity of people's needs.
- The practice management team was involved in local and national groups.

Are services caring?

The practice is rated as outstanding for providing caring services.

Outstanding



- Patients said they were treated with compassion, dignity and respect and they were involved in decisions about their care and treatment.
- Information for patients about the services available was easy to understand and accessible.

Summary of findings

- Staff treated patients courteously, with kindness and respect, and maintained confidentiality.
- Patient feedback regarding the practice was generally positive; and data showed that patients rated the practice higher than Clinical Commissioning Group (CCG) averages for most aspects of care.
- The practice achieved seven out of seven five star reviews on NHS choices; for example “I am a nervous patient and I have been really impressed and grateful for the care I have received. Best doctor ever!” and “I have always had access to the GPs in times of crisis for the patients. I feel we work very well as a team with good joined up working and this includes back office staff and practice nurses” Community Case Manager.
- In a recent ‘Friends and family’ survey 99% (310 out of 312) would be ‘likely’ to recommend this practice.
- The practice offered in house CPR (cardiopulmonary resuscitation) training to patients via the British Heart Foundation.

Are services responsive to people’s needs?

The practice is rated as good for providing responsive services.

- The practice reviewed the needs of its local population and engaged with the NHS England Area Team and Clinical Commissioning Group (CCG) to secure improvements to services where these were identified.
- Patients said urgent appointments were available the same day and that the last appointment they had was convenient.
- The practice had good facilities and was well equipped to treat patients and meet their needs.
- Information about how to complain was available and easy to understand and evidence showed that the practice responded quickly to issues raised. Learning from complaints was shared with staff and other stakeholders.
- The practice had an active PPG. We spoke with three members of the group on the day of the inspection.
- The practice offered self-check rooms for patients to check their blood pressure.
- The practice patient participation group (PPG) met on a bi-monthly basis.

Good



Are services well-led?

The practice is rated as good for being well-led.

Good



Summary of findings

- The practice had a clear vision and strategy as to how it would continue to meet patients' needs in the future. Staff were clear about the vision and their responsibilities in relation to this.
- There was a clear leadership structure and staff felt supported by management. The practice had a number of policies and procedures to govern activity and held regular governance meetings.
- There was an overarching governance framework which supported the delivery of the strategy and good quality care. There were systems in place to monitor and improve quality and identify risk.
- The provider was aware of and complied with the requirements of the Duty of Candour. The partners encouraged a culture of openness and honesty. The practice had systems in place for knowing about notifiable safety incidents
- The practice proactively sought feedback from staff and patients, which it acted on. The PPG was encouraged to meet regularly and provide feedback to the practice to improve the service.
- There was a strong focus on continuous learning and improvement at all levels.

Summary of findings

The six population groups and what we found

We always inspect the quality of care for these six population groups.

Older people

The practice is rated as good for the care of older people.

Good



- The practice offered proactive, personalised care to meet the needs of the older people in its population.
- The practice was responsive to the needs of older people, and offered home visits and urgent appointments for those with enhanced needs.
- We found easy access for those with poor mobility for example; lifts were available and adequate disabled parking spaces near to the building.
- A large nursing home was located close to the practice and the practice were proactively working with the home to make sure that the residents were supported adequately.
- The practice held Palliative Care Gold Standard meetings involving District Nurses, GP's and the Macmillan nurse.

People with long term conditions

The practice is rated as good for the care of people with long-term conditions.

Good



- Nursing staff had lead roles in chronic disease management and patients at risk of hospital admission were identified as a priority
- The practice held a multi-disciplinary Long Term Conditions clinic weekly
- Outcomes for patients with diabetes were similar to the national average
- Longer appointments and home visits were available when needed
- All these patients had a named GP and a structured annual review to check that their health and medicines needs were being met. For those people with the most complex needs, the named GP worked with relevant health and care professionals to deliver a multidisciplinary package of care.

Families, children and young people

The practice is rated as good for the care of families, children and young people.

Good



- Access for this group was effective as the practice was open from 8am to 8pm every Monday (three weeks a month) and Saturday (every fourth week) 9am to 11am every month.

Summary of findings

- There were systems in place to identify and follow up children living in disadvantaged
- Patients told us that children and young people were treated in an age-appropriate way and were recognised as individuals, and we saw evidence to confirm this.
- The numbers of women attending for cervical screening was in line with national averages.
- Appointments were available outside of school hours and the premises were suitable for children and babies with toys available.
- We saw good examples of joint working with midwives, health visitors and school nurses.
- The practice routinely made early contact with new parents.
- There were alerts on patient records where there were child protection plans active.
- The practice offers a self help room with blood pressure checks, height and weight checks and Internet access.
- The practice offers in house CPR training to patients via the British Heart Foundation.

Working age people (including those recently retired and students)

The practice is rated as good for the care of working-age people (including those recently retired and students).

- The needs of the working age population, those recently retired and students had been identified and the practice had adjusted the services it offered to ensure these were accessible, flexible and offered continuity of care.
- The practice had introduced some online services as well as a full range of health promotion and screening that reflects the needs for this age group.
- The practice offered a text messaging service to remind patients about appointments and consent for this was sought from patients before implementation.
- The practice offered a Saturday surgery from 9am-11am.

Good



People whose circumstances may make them vulnerable

The practice is rated as good for the care of people whose circumstances may make them vulnerable.

- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- The practice offered longer appointments for people with a learning disability and annual health checks.

Good



Summary of findings

- The practice regularly worked with multi-disciplinary teams in the case management of vulnerable people.
- The practice had told vulnerable patients about how to access various support groups and voluntary organisations.
- Staff knew how to recognise signs of abuse in vulnerable adults and children. Staff were aware of their responsibilities regarding information sharing, documentation of safeguarding concerns and how to contact relevant agencies in normal working hours and out of hours.
- We saw that seven adults were on the adult safeguarding register. There were alerts on patient records where there were active adult protection plans.

People experiencing poor mental health (including people with dementia)

The practice is rated as good for the care of people experiencing poor mental health (including people with dementia).

- 72% of people diagnosed with dementia had had their care reviewed in a face to face meeting in the last 12 months.
- 93% of people experiencing poor mental health have a comprehensive care plan, 84% had a record of blood pressure, 93% had a record of alcohol consumption.
- Weekly counselling sessions were offered at the practice.
- The practice regularly worked with multi-disciplinary teams in the case management of people experiencing poor mental health, including those with dementia.
- The practice carried out advance care planning for patients with dementia.
- The practice had told patients experiencing poor mental health about how to access various support groups and voluntary organisations.
- The practice had a system in place to follow-up patients who may have been experiencing poor mental health, and who had attended accident and emergency.
- Staff had a good understanding of how to support people with mental health needs and dementia.
- 36 Palliative care patients were on the practice register. Gold standard Palliative care meetings were held every month.
- 103 mental health patients were recorded on the practice register.
- 10 patients were on the learning disability register. The practice ensured that the needs of the patients were regularly reviewed and where appropriate involved the community health care trust in the review meetings.

Good



Summary of findings

What people who use the service say

The national GP patient survey results published on 4 July 2015. The results showed the practice was performing at local and national averages. We noted that 249 survey forms were distributed and 117 were returned. This is a response rate of 47% (just under two per cent of the patient list) of those surveyed.

- 82% of patients found it easy to get through to this surgery by phone compared to a CCG average of 61% and a national average of 73%.
- 86% found the receptionists at this surgery helpful compared with a CCG average of 83% and a national average of 87%.
- 90% were able to get an appointment to see or speak to someone the last time they tried compared with a CCG average of 80% and a national average of 85%.
- 94% of patients said the last appointment they got was convenient compared to a CCG average of 90% and a national average of 92%.
- 82% of patients described their experience of making an appointment as good compared to a CCG average of 64% and a national average of 73%.

- 72% of patients usually waited 15 minutes or less after their appointment time to be seen compared to a CCG average of 65% and a national average of 65%.

As part of our inspection we also asked for CQC comment cards to be completed by patients prior to our inspection. We received 23 comment cards which were all positive about the standard of care received.

We also looked at a summary of outcomes from the PPG Patient survey conducted in April 2015. More than 320 patients completed the survey. The PPG reviewed and summarised results. There were five improvement areas which were planned and when the actions were completed they were recorded. For example better service at the pharmacy, better telephone access at busy times and bookable late night surgery sessions. This was shared by the practice to all the patients via the PPG.

We spoke with five patients during the inspection. All of these patients said that they were happy with the care they received and thought that staff were approachable, committed and caring.

Outstanding practice

- The practice achieved seven out of seven five star reviews on NHS choices; for example “I am a nervous patient and I have been really impressed and grateful for the care I have received. Best doctor ever!” and “I have always had access to the GPs in times of crisis for the patients. I feel we work very well as a team with good joined up working and this includes back office staff and practice nurses” Community Case Manager.
- In a recent ‘Friends and family’ survey 99% (310 out of 312) would be ‘likely’ to recommend this practice.
- The practice offered in house CPR (cardiopulmonary resuscitation) training to patients via the British Heart Foundation.

The Springfield Surgery - Bingley

Detailed findings

Our inspection team

Our inspection team was led by:

Our inspection team consisted of a CQC Lead Inspector, a GP specialist advisor, a nurse practitioner and a practice manager specialist advisor.

Background to The Springfield Surgery - Bingley

The Springfield Surgery - Bingley is registered with CQC to provide primary care services which include, access to GP's, the treatment of disease, disorder or injury, family planning services, surgical procedures, diagnostic and screening procedures and maternity and midwifery services. It provides services for 7,100 patients in Bingley and is part of NHS Bradford Districts Clinical Commissioning Group (CCG). The practice has a Personal Medical Services (PMS) contract. This is a contract between general practices and NHS England for delivering services to the local community.

There are similar numbers of male and female patients, with higher numbers of young children accessing the practice than the national average.

The practice has six GPs and a practice manager. There are two male GPs and four female GPs who work at the practice, a management team, three nurses and a health care assistants.

The practice is open Monday to Friday from 8am to 6:30pm, Monday (three weeks a month) to 8pm and Saturday (every

fourth week) from 9am to 11am. Patients can book appointments up to three weeks in advance. Out of hours care is provided by Local Care Direct, they can be contacted via the surgery telephone number. A further option is to contact the NHS helpline by dialling 111 or consult NHS Direct online.

The Springfield Surgery - Bingley is located at Canalside Health Care Centre and is a LIFT (Local Improvement Finance Trust) building which also houses another GP practice, a branch of a local Chemist and several of BDCT (Bradford District Care Trust) services which including Physiotherapy, District Nurses, Midwives, Health visitors, School nurses, Podiatry and Speech therapy.

The practice population differs considerably from other practices in the Bradford Districts CCG with respect to the age distribution of its patient list. There are more older (20% aged over 65 years compared with 15% in the CCG and 17% nationally) and fewer younger patients (16% aged under 14 years compared with 21% in the CCG and 17% nationally).

One percent of the practice's population is of South Asian origin compared with 20% in Bradford as a whole. The practice's Eastern European population has increased in the last few years and now makes up 1% of the population. Only 33 patients require the use of an interpreter when seen at the practice.

Why we carried out this inspection

We inspected this service as part of our new comprehensive inspection programme.

Detailed findings

We carried out a comprehensive inspection of this service under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. The inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

How we carried out this inspection

Before visiting this provider, we reviewed a range of information that we hold about the practice and asked Bradford District CCG and NHS England to share what they knew. We also reviewed policies, procedures and other information the practice provided before the inspection.

We reviewed the latest data available to us from the Quality and Outcomes Framework (QOF), the NHS choices website and the national GP patient survey. The information reviewed did not highlight any significant areas of risk across the five key question areas.

We carried out an announced visit on 18 January 2016. During our visit we:

- Spoke with a range of staff, and patients who used the service.
- We observed communication and interaction between patients and staff, both face to face and on the telephone in the confidential area behind reception.
- Observed how staff interacted with patients and talked with carers and/or family members
- Reviewed the personal care or treatment records of patients.

- Reviewed comment cards where patients and members of the public shared their views and experiences of the service.'
- We met with three members of the PPG.
- We spoke to a member of the nurse practitioner team, a district nurse, nurse case manager and a health visitor.

To get to the heart of patients' experiences of care and treatment, we always ask the following five questions:

- Is it safe?
- Is it effective?
- Is it caring?
- Is it responsive to people's needs?
- Is it well-led?

We also looked at how well services are provided for specific groups of people and what good care looks like for them. The population groups are:

- Older people
- People with long-term conditions
- Families, children and young people
- Working age people (including those recently retired and students)
- People whose circumstances may make them vulnerable
- People experiencing poor mental health (including people with dementia)

Please note that when referring to information throughout this report, for example any reference to the Quality and Outcomes Framework data, this relates to the most recent information available to the CQC at that time.

Are services safe?

Our findings

Safe track record and learning

There was an effective system in place for reporting and recording significant events and there was an open and transparent approach. Complaints received by the practice were entered onto the system and treated as a significant event if appropriate.

- Staff told us they would inform the practice manager or a GP of any incidents and there was also a recording form available on the practice's computer system.
- The practice carried out a thorough analysis of the significant events and these were discussed at a number of practice meetings.

We reviewed safety records, incident reports national patient safety alerts and minutes of meetings where these were discussed. Lessons were shared to make sure action was taken to improve safety in the practice.

When there were unintended or unexpected safety incidents, people received appropriate support, truthful information, a verbal and written apology and were told about any actions to improve processes to prevent the same thing happening again. The staff told us they would arrange to meet face to face with patients to resolve their complaints if necessary.

Overview of safety systems and processes

The practice had clearly defined and embedded systems, processes and practices in place to keep people safe and safeguarded from abuse, which included:

- Arrangements were in place to safeguard children and vulnerable adults from abuse that reflected relevant legislation and local requirements and policies were accessible to all staff. The policies clearly outlined who to contact for further guidance if staff had concerns about a All the doctors were on the GMC register with no restrictions and both nurses were on the NMC register with no restrictions.
- Notices displayed in the waiting room and clinic rooms, advised patients that staff would act as chaperones, if required. All staff who acted as chaperones were trained for the role and had received a disclosure and barring check (DBS check). DBS checks identify whether a person has a criminal record or is on an official list of

people barred from working in roles where they may have contact with children or adults who may be vulnerable. Staff were aware of their responsibilities and where they would position themselves to chaperone effectively.

- The practice maintained appropriate standards of cleanliness and hygiene. We observed the premises to be clean and tidy. We saw cleaning schedules that had been completed and the correct storage of cleaning equipment. The nurse practitioner was the infection control clinical lead who liaised with the local infection prevention teams to keep up to date with best practice. Annual infection control audits had been undertaken. We were told that an infection control audit would be undertaken on the 27 January 2016 and we were sent a copy of the audit after our inspection. There was an infection control protocol in place and staff had received up to date training.
- The arrangements for managing medicines, including emergency drugs and vaccinations, in the practice kept patients safe (including obtaining, prescribing, recording, handling, storing and security). The practice staff maintained records to show that refrigerator temperatures were checked regularly and all medication that we checked was found to be in date.
- We reviewed five personnel staff files and found that appropriate recruitment checks had been undertaken prior to employment. For example, proof of identification, references, qualifications, registration with the appropriate professional body and the appropriate checks through the Disclosure and Barring Service. Completed induction packs, employment history, appraisals and training certificates were kept in a separate folder. The practice management team agreed to keep all personnel information in one file for ease of access.

Monitoring risks to patients

Risks to patients were assessed and well managed.

- There were procedures in place for monitoring and managing risks to patient and staff safety. There was a health and safety policy available with a poster displayed in the staff office. The practice had up to date fire risk assessments, fire training and carried out regular fire drills. Fire extinguishers had been recently checked. All electrical equipment was checked to

Are services safe?

ensure the equipment was safe to use and clinical equipment was checked to ensure it was working properly. The practice also had a variety of other risk assessments in place to monitor safety of the premises such as control of substances hazardous to health.

- Arrangements were in place for planning and monitoring the number of staff and mix of staff needed to meet patients' needs. There was a rota system in place for all the different staffing groups to ensure that enough staff were on duty and we were given examples of how staff would cover for each other or when regular locum staff would be used.
- The practice offers a self help room with blood pressure checks, height and weight checks and Internet access.
- The practice offers in house CPR training to patients via the British Heart Foundation.

Arrangements to deal with emergencies and major incidents

The practice had adequate arrangements in place to respond to emergencies and major incidents.

- There was an instant messaging system on the computers in all the consultation and treatment rooms which alerted staff to any emergency, there was also an additional call button in the reception area and at numerous locations within the surgery.
- All staff received annual basic life support training and there were emergency medicines available in the treatment room.
- The practice had a defibrillator available on the premises and oxygen with adult and children's masks. There were also spillage kits, a first aid kit and accident book available.
- Emergency medicines were easily accessible to staff in a secure area of the practice and all staff knew of their location. All the medicines we checked were in date and fit for use.
- The practice had a comprehensive business continuity plan in place for major incidents such as power failure or building damage. The plan included emergency contact numbers for staff. We saw a copy of the plan which was last updated three months ago on the document management system which was accessible to staff.

Are services effective?

(for example, treatment is effective)

Our findings

Effective needs assessment

The practice assessed needs and delivered care in line with relevant and current evidence based guidance and standards, including National Institute for Health and Care Excellence (NICE) best practice guidelines

- The practice had systems in place to keep all clinical staff up to date. Staff had access to guidelines from NICE and used this information to deliver care and treatment that met peoples' needs. The GP's and practice nurses we spoke to could clearly outline the rationale for their approaches to treatment.
- The practice monitored that these guidelines were followed through risk assessments, audits and patient reviews.

We saw that information was shared using the document management IT system which also recorded who had read documents and these were discussed at clinical meetings.

Management, monitoring and improving outcomes for people

The practice used the information collected for the Quality Outcomes Framework (QOF) and performance against national screening programmes to monitor outcomes for patients. QOF is a system intended to improve the quality of general practice and reward good practice. The most recent published results were 99% of the total number of points available, with 9% exception reporting. Exception reporting is the removal of patients from QOF calculations where, for example, the patients are unable to attend a review meeting or certain medicines cannot be prescribed because of side effects. This practice was not an outlier for any QOF (or other national) clinical targets.

Springfield Surgery had an exception reporting policy. The practice holds regular QOF reviews, at least quarterly, with all members of the clinical team. Criteria for exception reporting is discussed to ensure a consistent approach across the practice. Any clinician adding an exception code will ensure appropriate justification is recorded in the patient record.

The data confirmed that the exception reporting was consistent with CCG and national averages. The practice has lower exception reporting compared to similar practices in the locality.

The practice have conducted a more in-depth review to ensure the validity of this data, and to review the effectiveness of the exception policies. The review was conducted in conjunction with the Data Quality Team from the CCG. They looked in some depth at the two clinical domains showing the highest rate of exceptions, Atrial fibrillation (AF) (32.6%) and heart failure (21%). Patient records of excepted patients were examined.

1. Atrial fibrillation. Every patient excepted had a clear and appropriate reason documented in the patient record, including patient declining treatment, previous reaction to medication, or not clinically indicated.
2. Heart failure. Every patient had a clear and appropriate reason documented in the patient record, including medication tried and not tolerated, or clinically contraindicated.

The practice and CCG Data Quality Team were satisfied that QOF exception reporting was in-line with expected local and national levels. Where used, clear justification is documented in the patient record.

Data from 2014-15 showed;

- Performance for diabetes related indicators was much better than the CCG and national average. Practice 99% National 89%. The percentage of patients with diabetes, on the register, who had influenza immunisation in the preceding 1 September to 31 March (01/04/2014 to 31/03/2015) was 100% compared to a national average of 94%.
- The percentage of patients with hypertension having regular blood pressure tests was better than the CCG and national average. Practice 87% CCG 84% National 84%.
- Performance for mental health related indicators was better than the CCG and national average. Practice 100% CCG 93% National 93%.
- The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who had a

Are services effective?

(for example, treatment is effective)

comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2014 to 31/03/2015) was 98% compared to a national average of 88%.

Clinical audits demonstrated quality improvement.

- We saw audits completed in the last year, 10 of these were completed audits where the improvements made were implemented and monitored.
- The practice participated in applicable local audits, national benchmarking, accreditation, peer review and research.

A recent completed audit was around the 'two week rule cancer referrals'. This is an annual audit performed by a GP which looked at the two week rule in various departments, who they were referred by and reflecting on the number that resulted in cancer diagnosis. The aim of the audit was to try and learn how to better diagnose cancer. The result of the audit highlighted by clinician the referral rates and diagnoses numbers. The practice was performing to national targets. Findings were used by the practice to improve services.

Effective staffing

Staff had the skills, knowledge and experience to deliver effective care and treatment.

- The practice had an induction programme for newly appointed non-clinical members of staff that covered such topics as safeguarding, infection prevention and control, fire safety, health and safety and confidentiality.
- The practice could demonstrate how they ensured role-specific training and updating for relevant staff e.g. for those reviewing patients with long-term conditions, administering vaccinations and taking samples for the cervical screening programme.
- The learning needs of staff were identified through a system of appraisals, meetings and reviews of practice development needs. Staff had access to appropriate training to meet these learning needs and to cover the scope of their work. This included ongoing support during sessions, one-to-one meetings, appraisals, coaching and mentoring, clinical supervision and facilitation and support for the revalidation of doctors. All staff had or were booked to have an appraisal in the next 12 months.

- Staff received training that included: safeguarding, fire procedures, basic life support and information governance awareness. Staff had access to and made use of e-learning training modules and in-house training.
- Protected learning time was offered to all staff on the third Wednesday of every month.

Coordinating patient care and information sharing

The information needed to plan and deliver care and treatment was available to relevant staff in a timely and accessible way through the practice's patient record system and their intranet system.

- This included risk assessments, care plans, medical records and investigation and test results. Information such as NHS patient information leaflets were also available.
- The practice shared relevant information with other services in a timely way, for example when referring people to other services.

Staff worked together and with other health, social care services and voluntary services to understand and meet the range and complexity of people's needs and to assess and plan ongoing care and treatment. This included when people moved between services, including when they were referred, or after they were discharged from hospital. We saw evidence that clinical meetings took place every week, multi-disciplinary team meetings took place on a monthly basis and that care plans were routinely reviewed and updated.

Consent to care and treatment

Staff sought patients' consent to care and treatment in line with legislation and guidance.

- Staff understood the relevant consent and decision-making requirements of legislation and guidance, including the Mental Capacity Act 2005. When providing care and treatment for children and young people, staff carried out assessments of capacity to consent in line with relevant guidance.
- Where a patient's mental capacity to consent to care or treatment was unclear the GP or practice nurse assessed the patient's capacity and, where appropriate, recorded the outcome of the assessment.

Are services effective?

(for example, treatment is effective)

- The process for seeking consent was monitored through records audits to ensure it met the practices responsibilities within legislation and followed relevant national guidance.

Health promotion and prevention

The practice had a range of leaflets available to patients in the waiting area. These included information about social groups that would suit different ages and abilities.

The practice identified patients who may be in need of extra support.

- These included patients in the last 12 months of their lives, carers, those at risk of developing a long-term condition and those requiring advice on their diet, smoking and alcohol

The practice had a failsafe system for ensuring results were received for every sample sent as part of the cervical screening programme. The practice's uptake for the cervical screening programme was 87% which was better than the national average at 78%. There was a policy to

offer telephone reminders for patients who did not attend for their cervical screening test. The practice also encouraged its patients to attend national screening programmes for bowel and breast cancer screening.

Childhood immunisation rates for the vaccinations given were comparable to CCG averages. For example, childhood immunisation rates for the vaccinations given to under two year olds ranged from 90% to 100% and five year olds was 95%. Flu vaccination rates for the over 65s were 74%; this is above the national average, and at risk groups 51% which is comparable to national averages.

Patients had access to appropriate health assessments and checks. These included health checks for new patients and NHS health checks for people aged 40–74. Appropriate follow-ups on the outcomes of health assessments and checks were made, where abnormalities or risk factors were identified. Annual health checks were carried out for people with a learning disability.

The practice offers a self help room with blood pressure checks, height and weight checks and Internet access. The practice also offers in house CPR training to patients via the British Heart Foundation.



Are services caring?

Our findings

Respect, dignity, compassion and empathy

We observed that members of staff were courteous, patient and helpful to patients both attending the reception desk or on the telephone. People were treated with dignity and respect.

- Curtains were provided in consulting rooms to maintain patients' privacy and dignity during examinations, investigations and treatments.
- We noted that consultation and treatment room doors were closed during consultations and that conversations taking place in these rooms could not be overheard.
- Reception staff knew when patients wanted to discuss sensitive issues or appeared
- The reception desk had a lowered section to make it more accessible for wheelchair users.

The 23 patient CQC comment cards we received were positive about the service experienced. Patients said they felt the practice offered an excellent service and staff were helpful, caring and treated them with dignity and respect. We also spoke with three members of the PPG. They told us they were satisfied with the care provided by the practice and said their dignity and privacy was respected. They felt listened to by the practice and their views and ideas were regularly taken on board.

The PPG was involved in the development of the new build surgery and comments made were discussed with the practice management team. The members said that communication was honest and open and the management team regularly attended the meetings. Members of the group had been invited to assess issues such as increasing appointments for patients and to comment on disabled access.

Comment cards highlighted that staff responded compassionately when they needed help and provided support when required.

Results from the national GP patient survey showed patients felt they were treated with compassion, dignity and respect. The practice was above average for its satisfaction scores on consultations with doctors and nurses. For example:

- 97% said the GP was good at listening to them compared to the CCG average of 88% and national average of 89%.
- 96% said the GP gave them enough time during consultation's, compared to the CCG average of 85%, and a national average 87%).
- 99% said they had confidence and trust in the last GP they saw compared to the CCG average of 95%, national average 95%.
- 92% said the last GP they spoke to was good at treating them with care and concern, CCG average 85%, national average 85%.
- 96% said the last nurse they spoke to was good at treating them with care and concern, compared with a CCG average of 89% and a national average of 91%.
- 86% said they found the receptionists at the practice helpful compared with a CCG average of 83%, and a national average of 87%.

The practice purchased a rocking horse. Patients told us this was a well loved addition to the play area as this encourages young patients to enjoy their visit to the surgery. The practice achieved seven out of seven five star reviews on NHS choices; for example "I am a nervous patient and I have been really impressed and grateful for the care I have received. Best doctor ever!" and "I have always had access to the GPs in times of crisis for the patients. I feel we work very well as a team with good joined up working and this includes back office staff and practice nurses" Community Case Manager.

In a recent 'Friends and family' survey 99% (310 out of 312) would be 'likely' to recommend this practice.

Care planning and involvement in decisions about care and treatment

Patients told us that they felt involved in decision making about the care and treatment they received. They also told us they felt listened to and supported by staff and had sufficient time during consultations to make an informed decision about the choice of treatment available to them. Patient feedback on the comment cards we received was also positive and aligned with these views.



Are services caring?

Results from the national GP patient survey showed patients responded positively to questions about their involvement in planning and making decisions about their care and treatment. Results were higher than local and national averages. For example:

- 93% said the last GP they saw was good at explaining tests and treatments compared to the CCG average of 84% and national average of 86%
- 88% said the last GP they saw was good at involving them in decisions about their care compared to a CCG average of 79% and a national average of 82%

Staff told us that interpreter services were available for patients who did not have English as a first language. We saw notices in the reception areas informing patients this service was available.

Patient and carer support to cope emotionally with care and treatment

Notices in the patient waiting room told patients how to access a number of support groups and organisations, including notices encouraging people to become more involved in their local community.

The practice's computer system alerted GPs if a patient was also a carer. The practice had identified 2% of the practice list as carers. Written information was available to direct carers to the various avenues of support available to them.

For the last five years the practice have worked closely with Carers Resource, an independent, award winning Yorkshire charity who help carers and vulnerable people. On a number of occasions they have joined the practice on open days and promotional events to highlight their service. They are also regular attendees at the multidisciplinary meetings across the locality.

One of the receptionists was the 'Carers Champion'. This involved reviews of all new registrations and telephoning patients who state they were, or have a carer to offer the services of Carers Resource. Also this resource helped with applying for benefits and support planning. The practice also added a reminder to the home page of the patients electronic record for easier identification. We were sent a copy of the carers protocol after the inspection.

We were informed that advice and support to cope with bereavement was available from practice staff. Next of kin were contacted within 24 hours of patient dying to offer support.

Post natal contacts; all Mum's with new baby receive a contact (call/appointment/visit) within 24 hours of discharge to support them and their family.

Are services responsive to people's needs?

(for example, to feedback?)

Our findings

Responding to and meeting people's needs

The practice reviewed the needs of its local population and engaged with the NHS England Area Team and Clinical Commissioning Group (CCG) to secure improvements to services where these were identified. For example Gold Standard Palliative care meetings involving the district nursing team and Macmillan Nurses were regularly held. Common Assessment Framework (CAF) meetings were also held to identify and support vulnerable and at risk children.

- The practice offered extended opening hours every day 8am to 8pm on Mondays.
- There were longer appointments available for people with a learning disability.
- Home visits were available for older patients / patients who would benefit from these.
- Same day appointments were available for children and those with serious medical conditions.
- There were disabled facilities and translation services available.
- The practice had a lift to enable easy access for less mobile patients and parents of young children. Toys were available in several areas for younger children.
- The practice offered minor surgery including joint injections
- Text messaging services were used to remind patients about appointments.

Access to the service

The practice was open between 8am and 8pm Monday, Tuesday to Friday 8am to 6:30pm. Appointments were from 8:20am to 6pm daily. In addition to pre-bookable appointments that could be booked up to three weeks in advance, urgent appointments were also available for people that needed them.

People told us on the day that they were able to get appointments when they needed them.

- 88% of patients were satisfied with the practice's opening hours compared to the CCG average of 70% and national average of 75%.
- 82% of patients said they could get through easily to the surgery by phone, CCG 61% and the national average of 73%
- 82% patients described their experience of making an appointment as good (CCG average 64%, national average 73%).
- 72% patients said they usually waited 15 minutes or less after their appointment time which was higher than the CCG average of 65% and a national average of 65%).

Listening and learning from concerns and complaints

The practice had an effective system in place for handling complaints and concerns.

- Its complaints policy and procedures were in line with recognised guidance and contractual obligations for GPs in England.
- There was a designated responsible person who handled all
- We saw that information was available to help patients understand the complaints system

We looked at complaints received in the last 12 months and that these were satisfactorily handled and dealt with in a timely way. Staff discussed concerns and complaints in clinical meetings and the Complaints policy was in place and readily available. Staff were aware of their responsibilities with regards to handling patient complaints. Lessons were learnt from concerns and complaints and action was taken to as a result to improve the quality of care. For example, more staff at reception during mornings and other busier times.

Are services well-led?

Good 

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

Our findings

Vision and strategy

The practice had a clear vision to deliver high quality care and promote good outcomes for patients and staff knew and understood the values. The practice had a robust strategy and forward thinking business plans which reflected the vision and values and were regularly monitored and discussed. We were told that the practice had an effective clinical team which reduced referrals to other services.

The practice clearly demonstrated a response to local and national initiatives and worked closely with three other practices. The practice stated they were involved in a federation with other GP practices in the area.

Governance arrangements

The practice had an overarching governance framework which supported the delivery of the strategy and good quality care. This outlined the structures and procedures in place and ensured that:

- There was a staffing structure and that staff were aware of their own roles and responsibilities
- Practice specific policies were implemented and were available to all staff; the practice was beginning to use the Intradoc system to improve staff access.
- A comprehensive understanding of the performance of the practice
- A programme of continuous clinical and internal audit which is used to monitor quality and to make improvements
- There were clear arrangements in place for identifying, recording and managing risks, issues and implementing mitigating actions

Leadership, openness and transparency

The partners in the practice had the experience, capacity and capability to run the practice and ensure high quality care. They prioritised safe, high quality and compassionate care. The partners were visible in the practice and staff told us that they were approachable and always took the time to listen to all members of staff. Staff told us that they could discuss improvements and their own ideas were welcomed by the practice management team.

The provider was aware of and complied with the requirements of the Duty of Candour. The partners encouraged a culture of openness and honesty. The practice had systems in place for knowing about notifiable safety incidents. Staff felt supported in their work and said they would feel comfortable in approaching the partners regarding any issues or concerns.

When there were unexpected or unintended safety incidents:

- The practice gave affected people appropriate support, truthful information and a verbal and written apology
- They kept written records of verbal interactions as well as written correspondence.
- Being open and honest with patients was an embedded practice ethos we were told.

There was a clear leadership structure in place and staff felt supported by management.

- Staff told us that the practice held regular team meetings.
- Staff told us that there was an open culture within the practice and they had the opportunity to raise any issues
- Staff said they felt respected, valued and supported, particularly by the partners in the practice. All staff were involved in discussions about how to run and develop the practice, and the partners encouraged all members of staff to identify opportunities to improve the service delivered by the practice.
- We saw evidence of annual appraisals for staff.

Seeking and acting on feedback from patients, the public and staff

The practice encouraged and valued feedback from patients, the public and staff. It proactively sought patients' feedback and engaged patients in the delivery of the service.

- It had gathered feedback from patients through the PPG, and through surveys and complaints received. There was an active PPG, which met on a regular basis, carried out patient surveys and submitted proposals for improvements to the practice management team.

Are services well-led?

Good 

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

- The practice produced a 'You Said – We Did' summary which highlighted improvements made as a direct result of feedback from patients. For example medication availability, appointment system changes and late night booking of appointments.

The PPG meets every month. A number of suggestions made by the group have been actioned including website content, and waiting room layout. The PPG are involved in the practice leaflet and were very helpful when the practice moved into Canalside assisting at the open day and directing patients to the clinician rooms. More recently they have assisted at the flu clinic.

Continuous improvement

There was a strong focus on continuous learning and improvement at all levels within the practice. The practice team was forward thinking and part of local pilot schemes to improve outcomes for patients in the area.

The practice has obtained the Quality Practice Award in 2012 via the Royal College of General Practitioners (RCGP). This involved an onsite visit which took place during a normal working day to assess the practice and interviews with members of staff.