

Lakeshore Healthcare Limited

St David's Nursing Home

Inspection report

52 Common Lane Sheringham Norfolk NR26 8PW

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Date of inspection visit: 24 February 2021

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Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

St David's is a care home providing personal and nursing care for up to 35 people aged 65 and over. At the time of the inspection 33 people were living in the home.

We found the following examples of good practice.

People's individual risks in relation to COVID-19 had been completed and plans were in place to detail the extra precautions staff should take to minimise the risk of infection. Risks in relation to individual staff member's health and wellbeing were also assessed to ensure they remained safe at work.

People were supported to have visitors. There was a large marquee joined onto the activity lounge and there were glass doors separating the two areas. Visitors were able to sit in the marquee and speak with their family member via a PA system. The marquee was made to look more homely by the addition of fairy lights and flower arrangements made by people living in the home. Entertainers such as musicians and opera singers would use the marquee to put on their performances for people.

People were also supported to stay in contact with their relatives and friends via telephone and video-calling. Rooms on the ground floor benefitted from large windows, which enabled people to receive window visits.

There were large communal areas and people were able to access the gardens safely and indoor activities such as cheese and wine nights were still able to go ahead with social distancing in place.

Both people living in the home and staff were tested regularly for COVID-19 at the intervals stipulated by government guidelines.

Staff were observed to be wearing the correct Personal Protective Equipment (PPE) and there were PPE stations throughout the home.

There was a dedicated isolation room which had been put in place should a person test positive for COVID-19. This room was also used for people who were returning from hospital or for new admissions. There were robust procedures in place which detailed how any linen, clothing or crockery was to be removed from the room and subsequently cleaned in order to minimise the risk of infection.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	Inspected but not rated
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Further information is in the detailed findings below.



St David's Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 24 February 2021 and was announced.

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.