

Abbey Care Complex Limited Abbey Care Complex

Inspection report

23-29 Abbey Road Newbury Park Ilford Essex IG2 7NE Date of inspection visit: 10 August 2020

Date of publication: 04 September 2020

Tel: 02085543743 Website: www.abbeycarecomplex.co.uk

Ratings

Overall rating for this service

Good

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Abbey Care Complex is a care home. People in care homes receive accommodation and nursing or personal care as single package under one contractual agreement. CQC regulates both the premises and the care provided, and both were looked at during this inspection. The service accommodates a maximum 50 of people across three separate units, 43 people were using the service at the time of our inspection. The service provides support with both nursing and personal care to older people, many of whom were living with dementia.

We found the following examples of good practice.

The provider had made arrangements in line with government guidance for staff and visitors to have their temperatures checked on arrival. PPE was supplied for visitors to use if needed. Staff were observed to be wearing appropriate PPE during our visit and had received training in its use.

The provider had robust arrangements to support people who tested positive for Covid-19 in isolation. New admissions were supported in line with best practice guidance.

The provider made changes to the environment such as closing shared bathrooms and supporting everyone using their own en-suite facilities. The garden and shared areas of the home were reconfigured to facilitate socially distanced visits.

The provider made arrangements so that all people using the service and all staff were tested for Covid-19. The provider informed us that going forward they planned to have regular testing for people and staff.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

The service was safe.

Details are in our safe findings below.

Inspected but not rated



Abbey Care Complex Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 10 August 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

Is the service safe?

Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.