

Berrystead Nursing and Residential Home Limited

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Inspection report

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Berrystead Nursing and Residential Home provides accommodation, personal care and nursing care for up to 46 older people. The accommodation is on two floors of a converted building. There was a choice of communal areas including a conservatory. There were 31 people using the service at the time of this inspection.

We found the following examples of good practice.

- Visiting times were restricted and risk assessments were in place to allow one specified visitor.
- There was a specific visiting plan for the families of people who were near the end of their life.
- The registered manager had introduced a 'booking in desk' for all visitors. Visitors were provided with information and were asked to complete a visit questionnaire for a track and trace programme.
- When visiting resumes each visitor will have to book a one hour slot through the appointment system. Visitors will then be escorted to and from the visit area by staff, and the area thoroughly cleaned following the visit.
- Visitors were all contacted by phone and were made aware of the visiting restrictions and now, the ongoing plan of temperature testing and track and trace information was to be used.
- People newly admitted to the service or those returning from hospital were 'barrier nursed' for 14 days, and the completion date clearly recorded to inform staff.
- All PPE equipment was stored outside each bedroom where isolation was taking place.
- A secure donning and doffing process was in place with foot operated pedal bins for used PPE located in each person's en suite bathroom.
- People in the home and staff had their temperature recorded twice daily. Guidance was in place for staff intervention if their infection symptoms or a high temperature became apparent with an immediate swab test and isolation for the person concerned.
- The dining and lounge areas were all marked out to enable social distancing.
- Staff travelled to work in normal clothes and changed into their uniform in the home.
- The registered manager and lead carer received additional IPC training from the World Health

Organisation and that was then demonstrated to staff.

- There was a clinical lead who coordinated all the IPC information.
- Staff adhered to the current IPC policy and none were observed to have false or painted nails in place.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

The service was reviewed in relation to IPC being safe.

Details are in our safe findings below.

Inspected but not rated

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 20 August 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.