

Creative Support Limited

Creative Support - Sue Starkey House & Shipton House

Inspection report

Sue Starkey House 6 West Arbour Street London E1 0FB

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Date of inspection visit: 18 January 2022

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Sue Starkey House and Shipton House provides care and support to people living in specialist 'extra care' housing. Extra care housing is purpose-built or adapted single household accommodation in a shared site or building. The accommodation is rented, and is the occupant's own home. People's care and housing are provided under separate contractual agreements. CQC does not regulate premises used for extra care housing; this inspection looked at people's personal care and support service.

At the time of this inspection there were 51 people using the service.

We found the following examples of good practice.

Staff received support to receive a vaccination against Covid-19. This included individualised supervisions and video calls from a director of the service. The provider also received support from local public health teams and religious organisations to explain the benefits and address misinformation.

There were clear procedures to follow should people test positive. Staff carried out regular checks of people's vital signs and wellbeing when they were unwell and had guidance on when to seek additional medical advice.

The provider had detailed plans they could activate in the event of severe staff shortages to ensure that people's essential care and support needs were still met.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	Inspected but not rate
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Further information is in the detailed findings below.



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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 18 January 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Inspected but not rated

Is the service safe?

Our findings

Staffing

• The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.