

The Trustees of Queen Alexandra Cottage Homes

Queen Alexandra Cottage Homes

Inspection report

Care Wing
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Eastbourne
East Sussex
BN23 6NE

Tel: 01323739689

Date of inspection visit:
22 January 2021

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04 February 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Queen Alexandra Cottage Homes is a nursing home providing care for up to 28 people. There were 27 people living there at the time of the inspection.

We found the following examples of good practice.

The home was clean, tidy and well maintained. There was regular cleaning throughout the day and this included high-touch areas. There were systems in place to ensure that people who had tested positive for Covid-19, were unwell or self-isolating were cared for in their own rooms to minimise the risk of spreading the virus. Before people were admitted to the home, they were required to have a negative Covid-19 test and isolate in their rooms for 14 days.

Staff were provided with adequate supplies of personal protective equipment (PPE) and staff were seen to be wearing this appropriately. Staff had received specific Covid-19 training and this included guidance for staff about how to put on and take off PPE safely. They were seen to be following correct IPC practices. Hand sanitiser was readily available throughout the home. Regular testing for people and staff was taking place.

Most people chose to spend time in their rooms, they were supported by staff to remain engaged with various activities. Staff also supported people to remain in contact with their families through phone and video calls. Staff told us a small group of people took part in activities in the lounge. Seating was arranged to ensure people could enjoy being with a group but maintain social distancing.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Queen Alexandra Cottage Homes

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 22 January 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.