

T Lewis

# Rosedene Nursing Home

## Inspection report

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13 July 2021

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## Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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# Summary of findings

## Overall summary

Rosedene Nursing Home is a care home with nursing for up to 67 people who need support to maintain their mental health. There were 40 people living there when we inspected, some of whom were living with dementia.

We found the following examples of good practice:

The staff and managers of the home had worked hard to ensure that people understood the risks associated with COVID-19 and followed appropriate government guidance. People who found it difficult to isolate when necessary were provided with one-to-one support, as were people who were required to isolate as they had recently moved into the home.

Staff supported people to maintain contact with their loved ones through video and phone calls when the home was closed to general visitors. When restrictions were lifted, the home made use of a summer house to ensure people were able to see their loved ones safely without having to enter the main building of the home.

Staff took into account people's social and emotional needs and ensured people were able to participate in regular activities safely, with one-to-one support and in small groups. The layout of the home had been adapted to provide additional space to encourage people to maintain appropriate distance during meals and small group activities.

Staff and people who lived at the home participated in regular testing programmes and were required to isolate should they return a positive test. The home made use of exclusive agency staff who were also required to participate in regular testing. Visitors for people who use the service were also subject to rapid testing before their visit to reduce risks.

The home was clean throughout. Cleaning schedules had been increased to ensure that specific areas identified as high risk of transmission of COVID-19, such as light switches and other touch points, were cleaned several times per day. The home had added domestic shifts throughout each day to ensure there was enough staff to undertake the additional cleaning.

The home had adequate supplies of personal protective equipment (PPE) and we observed that most staff wore these according to government guidance. Staff had been trained in infection prevention and control specifically relating to the risks associated with COVID-19.

The provider, registered manager and clinical lead had worked hard throughout the pandemic to ensure staff felt supported and their well-being was prioritised. They told us they had received excellent support from the GP, local authority, clinical commissioning group and especially from the local Behaviour and Communication Support Service, who had run one-to-one and small group counselling sessions for staff

throughout.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Rosedene Nursing Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 13 July 2021 and was announced.

## Is the service safe?

### Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.