

Newport Residential Care Limited

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Inspection report

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Newport
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Date of inspection visit:
08 February 2022

Date of publication:
23 February 2022

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Newport Residential Care is a residential care home registered to provide accommodation and personal care for up to 31 people. At the time of the inspection there were 29 people living at the service with a range of mental health needs.

Newport Residential Care provides all single bedrooms, half of which have ensuite facilities, a range of suitable communal rooms and access to a patio area and rear garden.

We found the following examples of good practice

There were procedures in place to support safe visiting by people's friends, family members or professionals. Staff undertook screening of all visitors. Rapid response lateral flow tests (LFT) were undertaken for visitors before they entered the home. Visitors were provided with Personal Protective Equipment (PPE) and guided to its safe use.

People and staff were regularly tested for COVID-19. Staff had LFT testing at least three times a week as well as standard Polymerase Chain Reaction (PCR) tests weekly. The registered manager understood the actions they needed to take should any tests return a positive result.

The service had a good supply of PPE to meet current and future demand. Staff were using this correctly and in accordance with current guidance and disposal was safe at the time of this inspection.

The registered manager was aware of actions they should take should a person be admitted to the home or return following a hospital admission. This included additional daily LFT testing where isolation following admission would have a significant negative impact on the person's mental well-being.

The home had a range of communal areas providing space for people to socially distance. All bedrooms were for single occupancy.

The home was kept clean. Staff kept records of their cleaning schedules, which included additional cleaning high touch surfaces, such as light switches, grab rails and door handles.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 8 February 2022 and was announced. We gave the service one days' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The registered manager told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider's infection prevention and control policy was up to date. The provider had a comprehensive range of up to date policies and procedures relevant to all aspects of the service relating to infection prevention and control and COVID – 19.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that admissions and people returning from hospital would be supported appropriately to reduce risks to other people.
- We were assured that the provider was using PPE effectively and safely. Staff confirmed they had received relevant training and had ample supplies of PPE.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises. The home was clean and additional cleaning was in place.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed. The registered manager understood who to contact for advice.
- We were assured that the provider was preventing visitors from catching and spreading infections.

Visiting in Care Homes

- The service was facilitating visits for people living in the home in accordance with the current guidance. There were procedures in place to support safe visiting by friends or family members. This meant people could keep in contact with loved ones and promoted positive mental well-being. Staff undertook screening of all visitors and rapid response lateral flow tests (LFT) were undertaken before they entered the home. Visitors were provided with Personal Protective Equipment (PPE) and guided to its safe use. Outdoor visits including a visiting 'pod' were also available.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.