

Contemplation Care Limited

Forty4

Inspection report

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Date of inspection visit:
16 March 2022

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Forty4 is a house in a residential street providing accommodation for up to six people with a learning disability and autism. It has a large kitchen and a living/dining room leading out into an enclosed garden. At the time of the inspection, five people were living at Forty4.

We found the following examples of good practice.

Each person had a Covid 19 risk assessment which included how to support people to isolate safely in their rooms during a Covid outbreak. One person was not able to understand how to isolate so individual arrangements had been made which met their specific support needs.

Robust systems were in place to maintain hygiene and infection prevention and control (IPC) practices in the home. A recent, thorough IPC audit had identified some areas for improvement, a detailed action plan was in place and actions were being addressed in a timely way.

The home was clean and tidy. Cleaning schedules were in place to monitor the effectiveness and frequency of cleaning, including high touch points. A maintenance plan was in place which included some remedial work in the en-suite shower rooms to enable staff to clean more effectively.

The provider had robust systems in place for monitoring any changes to government guidance and best practice. This was communicated promptly to people, families and staff to ensure they were informed in a timely way.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Forty4

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 16 March 2022 and was announced. We gave the service 20 hour's notice of the inspection to ensure someone could be there to speak with us.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

The provider had systems in place to facilitate safe visiting and up to date government guidance was followed. This included a health questionnaire, temperature check and a negative Covid 19 lateral flow test. The wearing of a face mask and hand sanitiser was required upon entry. Families had been kept informed of any changes to visiting requirements in advance of any visits.