

# **Community Dental Centres Limited**

# Kingswood Dental Centre

### **Inspection Report**

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### Overall summary

We carried out an announced comprehensive inspection on 10 March 2017 to ask the practice the following key questions; Are services safe, effective, caring, responsive and well-led?

#### **Our findings were:**

### Are services safe?

We found this practice was providing safe care in accordance with the relevant regulations.

#### Are services effective?

We found this practice was providing effective care in accordance with the relevant regulations.

### Are services caring?

We found this practice was providing caring services in accordance with the relevant regulations.

### Are services responsive?

We found this practice was providing responsive care in accordance with the relevant regulations.

#### Are services well-led?

We found this practice was providing well-led care in accordance with the relevant regulations.

#### **Background**

Kingswood dental centre is a dental practice providing mainly NHS treatment for adults and children. The practice is based close to local shops and has car parking at the rear of the practice. The practice lease the building and treatment rooms are on both the ground and first floor.

The ground floor consists of a waiting area with open reception, two patient toilets one of which is wheelchair accessible, one treatment room and a separate room for staff. On the first floor there were four treatment rooms, a small office and a room for sterilising and packing of dental instruments. The practice have a ramp to the rear of the premises for people who use a wheelchair.

The practice employs seven dentists, one of whom was also a regional dentist whose role was to provide clinical support to staff at other practices. There were four dental nurses and two trainee dental nurses, one hygienist, four receptionists and a practice manager.

The practice opens: Monday to Wednesday 7.30am to 7.30pm, Thursday 8.30am to 7pm, Friday 9am to 5pm, Saturday: Closed, Sunday: Closed.

There are arrangements in place to ensure patients receive urgent dental assistance when the practice is closed. This out-of-hours service is accessed by calling NHS 111.

The practice manager is also the registered manager. A registered manager is a person who is registered with the

Care Quality Commission to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the practice is run.

Before the inspection, we sent Care Quality Commission comment cards to the practice for patients to complete to tell us about their experience of the practice. We received feedback from nine patients. In addition we spoke with two patients on the day of our inspection. Feedback from patients was positive about the quality of care, the caring nature of all staff and the overall high quality of customer care. They commented that staff put them at ease and listened to their concerns. They also reported they felt proposed treatments were fully explained them so they could make an informed decision which gave them confidence in the care provided.

### Our key findings were:

- We found the dentists' approach to treatment was to provide patient centred dental care in a relaxed and friendly environment.
- The dentists provided dental care in accordance with current professional and National Institute for Care Excellence (NICE) guidelines.
- Premises appeared well maintained and visibly clean.
- Infection control procedures were effective and the practice followed published guidance.
- Staff had been trained to handle emergencies and appropriate medicines and life-saving equipment was readily available in accordance with current guidelines.
- Although the dentists and hygienist provided effective clinical care leading to good patient outcomes, there were shortfalls in some of the clinical records checked and one member of the dental team was reluctant to have chairside support when treating patients.

- There were systems in place to check all equipment had been serviced regularly, including the autoclaves.
- The practice had a system to monitor and continually improve the quality of the service. This included a programme of clinical audits.
- Patients could access treatment and urgent and emergency care when required.
- Information from nine completed Care Quality
  Commission (CQC) comment cards and two patients
  we spoke with gave us a positive picture of a friendly,
  caring and professional service.
- The practice carried out pre-employment recruitment checks in accordance with the regulations.
- The staff had received training relevant to their role.
- There were arrangements for identifying the ongoing learning and development needs of staff members and the on-going assessment and supervision of staff employed.
- The practice reviewed and dealt with complaints according to their practice policy.

There were areas where the provider could make improvements and SHOULD:

- Review their arrangements for monitoring that dental care records are maintained appropriately giving due regard to guidance provided by the Faculty of General Dental Practice regarding clinical examinations and record keeping.
- Review audit outcomes to demonstrate learning points identified and the resulting improvements implemented.
- Review the arrangements for chairside support in line with guidance issued by the General Dental Council (GDC) standards for the dental team. On the occasions where chairside support is refused or is not provided, document the risks, rationale and reasons in the patient record.

### The five questions we ask about services and what we found

We always ask the following five questions of services.

#### Are services safe?

We found this practice was providing safe care in accordance with the relevant regulations.

The practice had effective arrangements in place to help ensure the safety of staff and patients. This included for essential areas such as the disposal of clinical waste and dental radiography (X-rays). There was also an identified professional lead for infection control.

There were appropriate emergency medicines available and staff had received training in how to use them.

There were procedures regarding the safe storage of prescriptions and medicines in order to deliver care safely and in an emergency.

The practice took their responsibilities for patient safety seriously and staff were aware of the importance of identifying and investigating staff and patient safety incidents.

Staff had received safeguarding training and were aware of their responsibilities regarding safeguarding children and vulnerable adults. There was an identified lead professional.

The practice carried out risk assessments to identify and manage risks.

We found the clinical equipment used in the dental practice was well maintained. Other equipment was maintained and we saw evidence of Portable Appliance Testing (PAT) and fire safety checks.

### Are services effective?

We found this practice was providing effective care in accordance with the relevant regulations.

The dental care provided was evidence based and focussed on the needs of the patients. The practice used current national professional guidance including that from the National Institute for Health and Care Excellence (NICE) to guide their practice.

We saw examples of positive teamwork within the practice and evidenced good communication with other dental professionals.

The practice held electronic records of the care given to patients including comprehensive information about patients' oral health assessments, treatment and advice given. Records showed that patients were recalled in line with national guidance and screened appropriately for gum disease and oral cancer. However we observed some anomalies. Although the dentists and hygienist provided effective clinical care leading to good patient outcomes, there were shortfalls in some of the clinical records reviewed and one member of the dental team was reluctant to have chairside support when treating patients.

The clinicians monitored any changes in the patient's oral health and made referrals as appropriate to other primary and secondary care providers such as for specialist orthodontic treatment or hospital services for further investigations or treatment as required.

No action



No action



The practice was proactive in providing patients with advice about preventative care and supported patients to ensure better oral health in line with Public Health England publication 'Delivering better Oral Health 3rd edition. (DBOH).

The staff received professional training and development appropriate to their roles and learning needs.

Staff were registered with the GDC and were meeting the requirements of their professional registration.

#### Are services caring?

We found this practice was providing caring services in accordance with the relevant regulations.

We reviewed nine completed CQC comments and received feedback on the day of the inspection from two patients about the care and treatment they received at the practice.

Patients commented the quality of care was very good. Patients commented on the friendliness and helpfulness of the staff and told us dentists were good at explaining the treatment that was proposed.

We observed privacy and confidentiality were maintained for patients using the service on the day of the inspection. Policies and procedures in relation to data protection and security and confidentiality were in place and staff were aware of these.

#### Are services responsive to people's needs?

We found this practice was providing responsive care in accordance with the relevant regulations.

Patients could access treatment and urgent and emergency care when required.

The practice provided patients with a treatment plan where a course of treatment was agreed. An information pack was sent out to new patients.

The practice had experienced some requests for treatment by patients whose first language was not English and had access to telephone interpreter services if required.

The practice was fully wheelchair accessible and had carried out reasonable adjustments for patients with physical impairments, there was a hearing loop available.

There was a procedure in place for acknowledging, recording, investigating and responding to complaints and concerns made by patients or their carers.

#### Are services well-led?

We found this practice was providing well-led care in accordance with the relevant regulations.

We found effective clinical leadership was provided by local lead professionals and nationally based staff. Staff had an open approach to their work and shared a commitment to continually improving the service they provided. There was a no blame culture in the practice.

Staff told us they felt well supported and could raise concerns with the practice manager. All the staff we met said they were happy in their work.

No action



No action



No action  $\vee$ 



Although staff had received training to support them in their roles, the practice needed to maintain effective arrangements for identifying the ongoing learning and development needs of staff members as well as the ongoing assessment and supervision of all staff employed.

The practice assessed risks to patients and staff and carried out a programme of audits as part of a system of continuous improvement and learning.

The practice maintained a list of policies and procedures accessible via computer or which could be printed.

The practice had limited systems in place to seek and act upon feedback from patients using the service.



# Kingswood Dental Centre

**Detailed findings** 

### Background to this inspection

This inspection took place on 10 March 2017. The inspection team consisted of a Care Quality Commission (CQC) inspector, and a dental specialist advisor.

Prior to the inspection we reviewed information we held about the provider. We also reviewed information we asked the provider to send us in advance of the inspection. This included their latest statement of purpose describing their values and objectives, a record of any complaints received in the last 12 months and details of their staff members together with their qualifications and proof of registration with the appropriate professional body.

We informed the NHS England area team we were inspecting the practice but we did not receive any information from them.

During the inspection, we spoke with the dentists on duty, the lead dental nurse, receptionists, practice manager and regulatory officer. We conducted a tour of the practice and looked at the storage arrangements for emergency medicines and equipment.

We were shown the decontamination procedures for dental instruments and the computer system that supported the patient dental care records.

We also reviewed policies, procedures and other documents. We reviewed nine comment cards that we had left prior to the inspection, for patients to complete, about the services provided at the practice.

To get to the heart of patients experiences of care and treatment, we always ask the following five questions:

- Is it safe?
- Is it effective?
- Is it caring?
- Is it responsive to people's needs?
- Is it well-led?

These questions therefore formed the framework for the areas we looked at during the inspection.

# **Our findings**

### Reporting, learning and improvement from incidents

The practice was aware of their responsibilities in relation to the Reporting of Injuries Disease and Dangerous Occurrences Regulations 2013 (RIDDOR). RIDDOR is managed by the Health and Safety Executive (HSE).

The practice received national patient safety alerts, recalls and rapid response reports issued from the Medicines and Healthcare products Regulatory Agency (MHRA) and through the Central Alerting System (CAS), as well as from other relevant bodies such as, Public Health England). Where relevant these alerts were shared with all staff. This was done through the company news letter.

The practice had an incident reporting system in place when something went wrong; this system also included the reporting of minor injuries to patients and staff.

We discussed with staff the action they would take if a significant incident occurred, they detailed a process that involved a discussion and feedback with any patient that might be involved. This indicated an understanding of their Duty of Candour. Duty of Candour is a legislative requirement for providers of health and social care services to set out some specific requirements that must be followed when things go wrong with care and treatment, including informing people about the incident, providing reasonable support, providing truthful information and an apology when things go wrong.

Staff reported there was an open and transparent culture at the practice which encouraged candour and honesty.

# Reliable safety systems and processes (including safeguarding)

The practice had safety systems in place to help ensure the safety of staff and patients. These included clear guidelines about responding to a sharps injury (needles and sharp instruments).

We spoke with a dental nurse about the prevention of needle stick injuries. They explained that the treatment of sharps and sharps waste was in accordance with the current management of sharps regulations 2013 and the EU directive with respect to safe sharp guidelines, thus protecting patients and staff against blood borne viruses.

The practice used a system whereby needles were not manually resheathed using the hands following administration of a local anaesthetic to a patient. The practice used a special safety syringe for the administration of dental local anaesthetics to prevent needle stick injuries from occurring. A practice protocol was in place should a needle stick injury occur. The systems and processes we observed were in line with the current EU directive about the use of safer sharps.

We asked the dentists how they treated the use of instruments that were used during root canal treatment. They explained these instruments were single use only. They also explained that root canal treatment was carried out where practically possible using a rubber dam. (A rubber dam is a thin sheet of rubber used by dentists to isolate the tooth being treated and to protect patients from inhaling or swallowing debris or small instruments used during root canal work). Patients can be assured the practice followed appropriate guidance issued by the British Endodontic Society in relation to the use of the rubber dam.

The practice had policies and procedures for child protection and safeguarding adults. There was a notice in the practice managers office containing local contact numbers for the local authority safeguarding team, social services and other agencies. A local professional lead was identified.

The practice manager or dentists were the point of referral should members of staff encounter a child or adult safeguarding issue. Training records showed staff had received appropriate safeguarding training for both vulnerable adults and children. All staff had been trained to level two in child safeguarding. The practice reported there had been no safeguarding incidents that required further investigation by appropriate authorities.

Staff demonstrated knowledge of the whistleblowing policy and were confident they would raise a concern about another staff member's performance if it was necessary.

Staff files contained evidence of immunisation as recommended by Public Health England (PHE). For example, against Hepatitis B (a virus contracted through bodily fluids such as; blood and saliva). Staff who are likely to come into contact with blood products, or are at

increased risk of needle-stick injuries should receive these vaccinations to minimise risks of blood borne infections. One member of staff was undergoing a vaccination course through occupational health.

There were adequate supplies of personal protective equipment (PPE) such as face visors, gloves and aprons to ensure the safety of patients and staff.

#### **Medical emergencies**

The practice had arrangements in place to deal with medical emergencies at the practice. The practice had an automated external defibrillator (AED), a portable electronic device that analyses life threatening irregularities of the heart and is able to deliver an electrical shock to attempt to restore a normal heart rhythm. Staff had received training in how to use this equipment.

The practice had in place emergency medicines as set out in the British National Formulary guidance for dealing with common medical emergencies in a dental practice. The practice had access to medical oxygen along with other related items such as manual breathing aids in line with the Resuscitation Council UK guidelines. The emergency medicines and oxygen we saw were all in date and stored in a central location known to all staff.

The practice held training sessions each year for the whole team so they could maintain their competence in dealing with medical emergencies. We saw documentary evidence which demonstrated regular checks were carried out to ensure the equipment and emergency medicines were in date and safe to use. Records showed all staff had completed training in emergency resuscitation and basic life support in the last twelve months.

#### **Staff recruitment**

The practice had systems in place for the recruitment of staff which included seeking references, proof of identity and checking qualifications, immunisation status, professional registration and a recent Disclosure and Barring service (DBS) check for clinical staff. These checks identify whether a person has a criminal record or is on an official list of people barred from working in roles where they may have contact with children or adults who may be vulnerable.

The practice had a system in place for monitoring staff had up to date medical indemnity insurance and professional registration with the General Dental Council (GDC) The GDC

registers all dental care professionals to make sure they are appropriately qualified and competent to work in the United Kingdom. Records we looked at confirmed these were up to date and ongoing.

#### Monitoring health & safety and responding to risks

The practice had systems to monitor health and safety and deal with foreseeable emergencies.

The practice had a policy relating to the Control of Substances Hazardous to Health 2002 (COSHH) regulations, including substances such as blood, saliva, latex, mercury, disinfectants. This file contained details of the way substances and materials used in dentistry should be handled and the precautions taken to prevent harm to staff and patients.

The practice had a business continuity plan to support staff to deal with any emergencies that may occur which could disrupt the safe and smooth running of the service.

#### Infection control

There were effective systems in place to reduce the risk and spread of infection.

The senior dental nurse described how the practice processed contaminated dental instruments. The process they described followed the guidance about decontamination and infection control issued by the Department of Health, the 'Health Technical Memorandum 01-05 decontamination in primary care dental practices (HTM01-05).' We observed the essential quality requirements for infection control set out in HTM 01-05 were being met. We were shown the recent audits of infection control processes carried out in August 2016 and March 2017 which confirmed compliance with HTM 01-05 guidelines.

We saw the dental treatment rooms currently in use, waiting areas, reception and toilets were visibly clean, tidy and clutter free. Clear zoning demarking clean from dirty areas was apparent in all treatment rooms. Hand washing facilities were available including liquid soap and paper towel dispensers in each of the treatment rooms and bare below the elbow working was observed.

Each treatment room had the appropriate routine personal protective equipment available for staff use, this included protective gloves and visors.

The dental nurse we spoke with described to us the end-to-end process of infection control procedures at the practice. They explained the decontamination of the general treatment room environment following the treatment of a patient. They demonstrated how the working surfaces, dental unit and dental chair were decontaminated. This included the treatment of the dental water lines.

The dental water lines were maintained to prevent the growth and spread of Legionella bacteria in line with current HTM 01 05 guidelines. (Legionella is a term for particular bacteria which can contaminate water systems in buildings). This included the use of a biocide, regular flushing of the dental water lines and regular testing of the temperatures of the hot and cold water taps.

The practice had a separate decontamination room for instrument processing. The dental nurse we spoke with demonstrated the process from taking the dirty instruments through to clean and ready for use again. The process of cleaning, inspection, sterilisation, packaging and storage of instruments followed a well-defined system of zoning from dirty through to clean.

The practice has one vacuum autoclave and two steam autoclaves. The pouches are double date stamped, firstly with the date the instruments were sterilised on and secondly with the expiry date.

We were shown the systems in place to ensure that the autoclave and ultrasonic cleaning bath used in the decontamination process were working effectively. We saw the data sheets used to record the essential daily, weekly and quarterly validation of this equipment were complete and up to date. These checks included details of the sterilisation cycles and steam penetration tests for the autoclave and the residual protein test and foil tests for the ultrasonic cleaning bath.

The segregation and storage of clinical waste was in line with current guidelines laid down by the Department of Health. We observed sharps containers, clinical waste bags and municipal waste were properly maintained and was in accordance with current guidelines. The practice used an appropriate contractor to remove clinical waste from the practice. Clinical waste was stored in a locked container in a locked storage area at the rear of the property in the car

park, prior to collection by the waste contractor. Waste consignment notices were available for inspection. Patients' could be assured they were protected from the risk of infection from contaminated dental waste.

We also saw general environmental cleaning was carried out according to a cleaning plan developed by the practice. Cleaning materials and equipment were stored in accordance with current national guidelines.

We noted there was an annual statement for 2015/16 dated 20 June 2016, in relation to infection prevention control as required under The Health and Social Care Act 2008: 'Code of Practice about the prevention and control of infections and related guidance. We also noted there was an identified lead professional for infection control.

#### **Equipment and medicines**

There were systems in place to check all equipment had been serviced. Records seen showed contracts were in place to ensure annual servicing and routine maintenance. Equipment checks were carried out in line with the manufacturer's recommendations.

We observed the practice had in place a prescription logging system to account for the prescriptions issued to patients to prevent inappropriate prescribing or loss of prescriptions.

We observed the practice had equipment to deal with minor first aid problems such as minor eye problems and body fluid and spillage.

Portable appliance testing (PAT) had been carried out in August 2016.

#### Radiography (X-rays)

We were shown documentation in line with the Ionising Radiation Regulations 1999 and Ionising Radiation Medical Exposure Regulations 2000 (IRMER). This file contained the names of the Radiation Protection Advisor and the Radiation Protection Supervisor and the critical examination and acceptance tests for the machines in 2013 and a copy of the local rules. The local rules must contain the name of the appointed Radiation Protection Advisor, the identification and description of each controlled area and a summary of the arrangements for restriction access. Additionally, they must summarise the working instructions, any contingency arrangements and the dose investigation level.

Dental care records we saw where X-rays had been taken showed that dental X-rays were justified, reported upon and quality assured. An audit of the quality of radiographs was carried out in November 2016.

The findings showed the practice was acting in accordance with national radiological guidelines and patients and staff were protected from unnecessary exposure to radiation.

We saw training records that showed staff, where appropriate, had received update training in dental radiography which was in line with guidance issued by the General Dental Council.

A recent incident regarding high readings on dosimeters worn by staff (a radiation dosimeter is a device that measures exposure to ionizing radiation) was being investigated and relevant agencies notified as part of the process.

### Are services effective?

(for example, treatment is effective)

### **Our findings**

### Monitoring and improving outcomes for patients

The dentists carried out consultations, assessments and treatment in line with recognised general professional guidelines. The dentist we spoke with described to us how they carried out their assessment of patients for routine care.

The assessment began with the patient completing a medical history questionnaire disclosing any health conditions, medicines being taken and any allergies suffered. We saw evidence the medical history was updated at subsequent visits. This was followed by an examination covering the condition of a patient's teeth, gums and soft tissues and the signs of mouth cancer. Patients were then made aware of the condition of their oral health and whether it had changed since the last appointment. Following the clinical assessment, the diagnosis was discussed with the patient and treatment options explained.

Where relevant, preventative dental information was given in order to improve the outcome for the patient. This included dietary advice and general oral hygiene instruction such as tooth brushing techniques or recommended tooth care products. The patient's dental care record was updated with the proposed treatment after discussing options with the patient. A treatment plan was then given to each patient and this included the cost involved. Patients were monitored through follow-up appointments and these were scheduled in line with their individual requirements.

Dental care records seen demonstrated the findings of the assessment and details of the treatment carried out were recorded appropriately. We saw details of the condition of the gums using the basic periodontal examination (BPE) scores and soft tissues lining the mouth. The BPE tool is a simple and rapid screening tool used by dentists to indicate the level of treatment need in relation to a patient's gums. These were carried out where appropriate during a dental health assessment. However, there were shortfalls in some of the clinical records checked and one member of the dental team was reluctant to have chairside support when treating patients. The practice manager told us she would follow this up.

#### **Health promotion & prevention**

The practice was very focused on the prevention of dental disease and the maintenance of good oral health. To facilitate this the practice appointed a dental hygienist to work alongside of the dentists in delivering preventative dental care.

In addition, one of the dental nurses was an oral health educator and provided sessions on a Tuesday evening about oral health topics free of charge. This was for adults and children. Oral health kits were offered to those who attended.

The dentists explained that children at high risk of tooth decay were identified and were offered fluoride varnish applications and adults the prescription of high concentration fluoride tooth paste to keep their teeth in a healthy condition. Other preventative advice included tooth brushing techniques explained to patients in a way they understood and dietary, smoking and alcohol advice was given to them where appropriate. This was in line with the Department of Health guidelines about prevention of dental decay, known as 'Delivering Better Oral Health'. (Delivering Better Oral Health' is an evidence based toolkit to support dental teams in improving their patient's oral and general health published by Public Health England).

Dental care records we observed demonstrated the dentist had given oral health advice to patients.

Patients reported they felt well informed about their dental care and treatment pertaining to the health of their teeth and dental needs.

#### **Staffing**

We observed a friendly atmosphere at the practice. All clinical staff had current registration with their professional body, the General Dental Council (GDC).

The practice had seven dentists who were supported by the dental nurses who also covered decontamination duties. Wherever possible a dental nurse was allocated responsibility for a treatment room to help ensure it was clean and appropriately stocked.

We were shown evidence of completed training carried out. A record of training completed by staff was available in staff files. Mandatory training included basic life support and infection prevention and control. Staff we spoke with told us they had accessed specific training in the last six months in line with their professional needs and we saw evidence to support this.

### Are services effective?

### (for example, treatment is effective)

We saw the practice manager had a tracker on computer with details of all training for all staff with a system in place to monitor the frequency of updating. All required training was up to date although appraisals and development plans needed reviewing and updating in line with company policy.

All clinical staff were required to maintain an on-going programme of continuing professional development as part of their registration with the GDC. Records showed professional registration and professional indemnity was up to date for all staff.

#### **Working with other services**

The dentists could refer patients to a range of specialists in primary and secondary services if the treatment required was not provided by them. The dentists used referral criteria and referral forms developed by other primary and secondary care providers such as oral surgery, special care dentistry and orthodontic providers.

We observed the practice used a referral tracking system to monitor referrals from the practice. This ensured that patients were seen by the right person at the right time.

#### Consent to care and treatment

We spoke with the dentists about how they implemented the principles of informed consent. They demonstrated a very clear understanding of consent issues. They explained how individual treatment options, risks, benefits and costs were discussed with each patient and then documented in a written treatment plan. They stressed the importance of communication skills when explaining care and treatment to patients to help ensure they understood their treatment options. The dentists told us patients should be given time to think about the treatment options presented to them and explained that in certain situations patients would be brought back to the practice to discuss complex treatment options. This process made it clear that a patient could withdraw consent at any time.

The dentists explained how they would obtain consent from a patient who suffered with any cognitive impairment that may mean they might be unable to fully understand the implications of their treatment. If there was any doubt about their ability to understand or consent to the treatment, then treatment would be postponed. They went on to say they would involve relatives and carers if appropriate to ensure the best interests of the patient were served as part of the process. This followed the guidelines of the Mental Capacity Act 2005. Staff were familiar with the concept of Gillick competence in respect of the care and treatment of children under 16 years. Gillick competence is used to help assess whether a child has the maturity to make their own decisions and to understand the implications of those decisions.

We reviewed dental care records which corroborated our information.

Feedback in CQC comment cards confirmed patients were provided with sufficient information to make decisions about the treatment they received.

# Are services caring?

### **Our findings**

### Respect, dignity, compassion & empathy

During the inspection, we observed staff in the reception area were polite and helpful towards patients and the general atmosphere was welcoming and friendly

We obtained the views of two patients on the day of our visit. These provided a positive view of the service the practice provided. During the inspection, we observed staff in the reception area, they were polite and helpful towards patients and the general atmosphere was welcoming and friendly. Patients commented they were treated with respect and dignity and that staff were friendly and reassuring. We observed positive interactions between staff and patients during the inspection.

Treatment rooms were situated away from the main waiting areas and we saw doors were always closed when patients were receiving or discussing treatment during consultations. Conversations between patients and dentists could not be heard from outside the treatment rooms which protected patients' privacy. Patients' clinical records were stored electronically and in paper form. Computers were password protected and regularly backed up to secure storage with paper records stored in a secure room not accessible by the public. Practice computer screens were not overlooked which ensured patients' confidential information could not be viewed at reception.

Staff we spoke with were aware of the importance of providing patients with privacy and maintaining confidentiality.

The provider told us they would act upon any concerns raised by patients regarding their experience of attending the practice.

#### Involvement in decisions about care and treatment

The practice provided clear treatment plans to their patients that detailed possible treatment options and indicative costs. A poster detailing costs was displayed in the waiting area.

The dentists we spoke with paid attention to patient involvement when drawing up individual care plans. We saw evidence in the records we looked at, that the dentist recorded the information they had provided to patients about their treatment and the options open to them.

Patients were given time to consider options before returning to have their treatment. Patients signed their treatment plan before treatment began.

Patients commented they felt fully involved in making decisions about their treatment, were at ease speaking with the dentists and felt listened to and respected.

# Are services responsive to people's needs?

(for example, to feedback?)

### **Our findings**

### Responding to and meeting patients' needs

The dentists decided how long a patient's appointment needed to be and considered any special circumstances such as whether a patient was very nervous, had an impairment and the level of complexity of treatment.

The practice provided patients with information about the services they offered on their website and in the waiting area.

Patients' feedback demonstrated they had flexibility and choice to arrange appointments in line with other commitments. Patients booked in with the receptionist on arrival and they aimed to keep patients informed if there were any delays to appointment times.

During our inspection, we looked at examples of information available to patients. We saw the practice waiting area displayed a variety of information. These explained opening hours, emergency 'out of hours' contact details, arrangements about how to make a complaint, provide feedback about services and a number of leaflets about maintaining good oral health. We saw a range of oral hygiene products for sale.

We observed the appointment diaries were not overbooked and this provided capacity each day for patients with dental pain to be offered urgent slots with a dentist.

#### Tackling inequity and promoting equality

The practice had made reasonable adjustments to help prevent inequity for patients who experienced limited mobility or other barriers which may hamper them from accessing services. The practice was wheelchair accessible via a ramp at the rear of the premises. We observed a patient attending in a wheelchair may have difficulty opening the rear door if they were on their own unless there was a mechanism for summoning assistance.

A treatment room for use by a dentist and hygienist were located on the ground floor.

The practice had only treated a few patients whose first language was not English but if it became clear that a patient had difficulty in understanding information about their treatment, the practice could access interpreter services

The practice had access to a 'hearing loop' which would assist patients with hearing issues.

#### Access to the service

The practice displayed its opening hours in the reception area and on their website.

There were arrangements in place to ensure patients received urgent dental assistance when the practice was closed. This was provided by an out-of-hours service. The number was available at reception and via an answerphone.

The nine CQC comment cards seen reflected patients felt they had good access to the service and appointments were flexible to meet their needs.

#### **Concerns & complaints**

The practice had a complaint policy which provided staff with clear guidance about how to handle a complaint. The policy explained the process to follow, and included other agencies to contact if the complaint was not resolved to the patient's satisfaction. Staff told us if they raised any formal or informal comments or concerns with the practice manager they ensured these were responded to appropriately and in a timely manner.

We looked at the practice procedure for acknowledging, recording, investigating and responding to complaints, concerns and suggestions made by patients.

We found there was a system in place which ensured a timely response, sought to address the concerns promptly and efficiently and effect a satisfactory outcome for the patient. The practice manager and area manager told us that complaints received would be investigated and the outcome discussed amongst the team and implemented for the safety and well-being of patients.

### Are services well-led?

# **Our findings**

#### **Governance arrangements**

The practice had governance arrangements in place to ensure risks were identified, understood and managed appropriately. The governance arrangements were managed by the practice manager with support from the regulatory officer and other staff within the corporate team.

The practice maintained a comprehensive system of policies and procedures.

We saw risk assessments and the control measures in place to manage those risks, for example infection control and substances hazardous to health. Staff we spoke with were aware of their roles and responsibilities within the practice.

Health and safety and risk management policies were in place including processes to ensure the safety of patients and staff members. We saw risk assessments and the control measures in place to manage those risks for example, use of equipment and infection control.

The practice held meetings covering a range of topics areas. However although there had been two meetings recently, prior to that, they were irregular. Time was also provided for educational activity. Notes and actions were written up as appropriate and shared with all staff.

### Leadership, openness and transparency

We found effective clinical leadership was provided by the organisation for clinical staff working at the practice. We found they provided support and advice about clinical matters to dentists who were employed by the practice. Staff had an open approach to their work and shared a commitment to continually improving the service they provided. There was a no blame culture in the practice. The organisation were also in the process of implementing a recognition scheme for staff.

The practice ethos focussed on providing patient centred dental care in a relaxed and friendly environment. The comment cards seen and the patients we spoke with reflected this approach. The staff we spoke with described a transparent culture which encouraged candour, openness and honesty. Staff said they felt comfortable

about raising concerns. They felt they were listened to when they did raise a concern. The practice had recently experienced a period of absence of the practice manager which had meant additional responsibilities for other staff.

All the staff we spoke with demonstrated a firm understanding of the principles of clinical governance in dentistry and were happy with the practice facilities. Staff were motivated and enjoyed working at the practice and were proud of the service they provided to patients.

The practice had a statement of purpose that described their vision, aims and objectives.

We observed and staff told us the practice was a relaxed and friendly environment to work in and they enjoyed coming to work at the practice.

The service was aware of and complied with the requirements of the Duty of Candour. Patients were told when they were affected by something that went wrong, given an apology and informed of any actions taken as a result. [Duty of candour is a requirement under The Health and Social Care Act 2008 (Regulated Activities) Regulations 2014 on a registered person who must act in an open and transparent way with relevant persons in relation to care and treatment provided to service users in carrying on a regulated activity].

#### **Learning and improvement**

We were shown the practice carried out a programme of audits as part of a system of continuous improvement and learning.

The practice had a clear understanding of the need to ensure staff had access to learning and improvement opportunities. Staff working at the practice were supported to maintain their continuing professional development as required by the General Dental Council. Records showed professional registrations were up to date for all staff and there was evidence continuing professional development had taken place.

# Practice seeks and acts on feedback from its patients, the public and staff

The practice had systems in place to seek and act upon feedback from patients using the service. For example, after treatment, patients were sent a text message asking

# Are services well-led?

them to rate the service they received. An annual patient survey is carried out and the practice feedback on NHS Choices website is tracked and reviewed by the corporate team and feedback to the local manager.