

Alpha Care Castlemaine Limited

Castlemaine Care Home

Inspection report

4 Avondale Road
St Leonards On Sea
East Sussex
TN38 0SA

Tel: 01424422226

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11 March 2021

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Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

Castlemaine Care Home is registered to provide care, support and accommodation for up to 42 people. There were 22 people living in the service when we visited. People cared for were mainly older people who were living with dementia and with a range of care needs, including arthritis, diabetes and heart conditions. Most people needed support with their personal care, eating, drinking or mobility.

We found the following examples of good practice

The home was clean and adequately maintained. There was regular cleaning throughout the day, and this included high-touch areas. The housekeeping staff were knowledgeable regarding current Covid-19 cleaning guidelines and robust cleaning schedules were in place. The deputy manager was the infection control lead for the home and both the registered and deputy manager undertook spot checks on staff practice.

The home was currently following government guidance after their outbreak and was closed to visitors apart from those whose loved ones were on a palliative care pathway and receiving end of life care. Individual risk assessments were being undertaken in preparation for receiving named visitors for the people who live there. Visitors were asked to wear personal protective equipment (PPE), have a lateral flow test on arrival and have their temperature taken. This included health professionals. The provider has updated their visiting policy in line with government guidance released in March 2021.

Staff supported people to remain in contact with their families by phone and video calls whilst in isolation. There was a visiting policy to support visitors once the home re-opens to visitors. This included a visiting area to support safe visiting in the future, which provided a separate entrance directly to the outside.

There were systems in place to ensure that people who had tested positive for Covid-19 and self-isolating were cared for in their bedrooms to minimise the risk of spreading the virus. Staff were provided with adequate supplies of PPE and staff were seen to be wearing this appropriately. Staff had received Covid-19 training, and this included guidance for staff about how to put on and take off PPE safely. The Registered manager confirmed that updates and refresher training took place to ensure all staff followed the latest good practice guidance. Staff were seen to be following correct infection prevention and control practices (IPC). Hand sanitiser was readily available throughout the home.

Regular testing for people and staff was taking place. There had been changes to testing following their outbreak of Covid-19 as people and staff who tested positive were not tested for 90 days as per government guidance. Routinely all staff have a weekly polymerase chain reaction (PCR) and twice weekly lateral flow test (LFT). In addition, they have their temperatures taken daily. People have a monthly PCR test with daily temperatures and oxygen level checks.

At the time of our inspection, the majority of people chose to spend time in the communal rooms, staff were supporting people to remain engaged with one to one activities and socially distanced group activities. People who chose to visit the dining areas or communal areas were supported by staff to maintain social

distancing. For example, chairs and tables had been re-arranged to allow more space between people.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Castlemaine Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 11 March 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.