

TRU (Transitional Rehabilitation Unit) Ltd

Lyme House

Inspection report

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22 October 2020

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Lyme House accommodates up to 21 people with a diagnosis of an acquired brain injury (ABI). The service is part of the transitional rehabilitation unit group (TRU). There were 14 people living at Lyme House at the time of our inspection.

We found the following examples of good practice:

Safe visiting procedures were followed. Visits were restricted to essential visitors only and pre-arranged. All visitors underwent a health screening assessment and they were provided with the required personal protective equipment (PPE).

There was a good stock of the right PPE and staff used and disposed of it correctly. Social distancing and shielding rules were complied with. Adaptations were made to the environment to help support social distancing.

There were designated suites within the service to accommodate people who test positive for COVID-19 or for those showing symptoms.

Staff had completed infection prevention and control (IPC) training and underwent regular competency checks to ensure they knew how to keep people and themselves safe during the COVID-19 pandemic. Staff were provided with daily updates about current IPC guidance.

Regular testing was accessed for people using the service and staff.

Safe procedures were followed for admitting people into the service.

People told us they felt safe living at Lyme House during the pandemic and staff told us they felt safe at work and well supported by managers and senior staff.

There were designated infection control leads who worked effectively with other staff to ensure infection prevention and control measures were followed.

Risk assessments and clear cleaning schedules related to Covid-19 were in place and monitored. There was increased cleaning of high touch areas and surfaces.

People received the support they needed to stay in touch with family and friends through telephone and video calls.

People, staff and family members received regular updates to make sure they understood the precautions being taken, and how to keep people safe.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated.

Inspected but not rated

Lyme House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 22 October 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.