

Mr & Mrs J Breeds

# Rottingdean Nursing and Care Home

## Inspection report

30-32 Newlands Road  
Rottingdean  
Brighton  
East Sussex  
BN2 7GD

Tel: 01273308073

Date of inspection visit:  
18 February 2021

Date of publication:  
29 March 2021

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Rottingdean Nursing and Care Home is a care home registered to provide nursing care for up to 35 people, some of whom were living with dementia. Rottingdean Nursing and Care Home is an adapted building over three floors, with a communal lounge and dining area. At the time of inspection there were 23 people living at the service.

We found the following examples of good practice.

The service had experienced a COVID-19 outbreak. During this time the provider was working closely with local health and social care organisations to ensure people were safe. The provider had reviewed and updated policies and processes relating to infection prevention and control (IPC). Audits and spot checks were carried out to monitor effective use of personal protective equipment (PPE) within the home. All staff had received training in the use of PPE and good practices in IPC.

The provider had created a visiting room where people could meet friends and family separated by glass doors. This followed government guidance for enabling safe visits to the home. There was an intercom available to improve how people could hear each other through the glass. There was a visiting policy in place and a visitor appointment system to support socially distanced visits and the room was cleaned effectively between visits.

Staff and essential visitors into the home had been required to take COVID lateral flow device tests before entry. This was being overseen by managers who kept records of tests and results.

The provider had introduced staff 'bubbles' so that staff teams were allocated to people from particular floors. Staff would support people in their bubble to the communal areas and provide care and support across their designated floor.

The provider had good supplies of all the required PPE. Audits and spot checks were being carried out by managers to ensure correct IPC procedures were being followed. There were multiple PPE changing points around the home with plentiful supplies of PPE and hand gel.

The provider had acted on suggestions in a recent IPC audit by the local authority. Additional PPE information posters had been placed at the changing points and PPE was wall mounted where recommended.

The home was not open for new admissions at the time of inspection, due to the COVID outbreak. The provider had clear plans in place about welcoming new people to the home safely. This included establishing COVID status before admission and supporting people to isolate in their rooms for 14 days. Staff were managing individual meals and laundry separately from routine processes when people needed to isolate.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Rottingdean Nursing and Care Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. The inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of the CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 18 February 2021 and was unannounced.

## Is the service safe?

### Our findings

S5. How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.