

Lakeland Care Services Limited

Holmewood Residential

Care Home

Inspection report

Lamplugh Road
Cockermouth
Cumbria
CA13 0DP

Tel: 01900828664

Date of inspection visit:
27 January 2021
09 February 2021

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04 March 2021

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Holmewood Residential Care Home provides accommodation for up to 26 older adults. There were 21 people in residence when we inspected.

We found the following examples of good practice.

The provider had good procedures for preventing visitors from catching or spreading infection. In line with guidance, all but essential visiting had been suspended due to the national lockdown. The registered manager had previously arranged some safe visiting at the front door, using a clear barrier and suitable personal protective equipment for visitors.

People understood the reasons for isolating. Arrangements were in place to encourage people to keep a safe distance in lounges and in the dining room. People could self-isolate in their en suite bedrooms.

The provider had followed safe procedures when people were admitted to the home. People had to have two negative COVID-19 test results before admission and on admission were supported to self-isolate as required.

The staff and the people who lived in the home had been tested routinely and staff were testing people when we inspected. All of the people in the home had received the vaccine. Staff had also received the Covid-19 vaccine. Any staff testing positive for the virus would self-isolate at home. One staff member continued to shield at home.

The home was clean and hygienic. The staff had been advised by the local authority and had made their cleaning systems more robust to ensure good levels of hygiene. Revised cleaning schedules were in place to ensure good infection prevention and control measures. Staff had received recent training and understood how to use and dispose of personal protective equipment.

The home had been supported by the local authority and they confirmed that the staff team had followed their advice and guidance. Arrangements had been put in place to ensure the staff could work safely. The registered manager was completing a contingency plan if there were to be an outbreak. No one in the home had tested positive for the virus and were in good spirits when we inspected.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Holmewood Residential Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

Is the service safe?

Our findings

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach