

Risedale Estates Limited

Risedale at Lonsdale Nursing Home

Inspection report

Risedale at Lonsdale
Albert Street
Barrow In Furness
Cumbria
LA14 2JB

Tel: 01229870050

Website: www.risedale-carehomes.co.uk

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10 February 2022

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Risedale at Lonsdale Nursing Home provides personal and nursing care for up to 93 people across four units. One unit specialises in supporting people who have nursing needs and three units support people who are living with dementia. The accommodation is arranged over two floors and there are passenger lifts to assist people to access the upper floor.

We found the following examples of good practice.

The provider had robust systems in place to protect people from the risk of COVID-19 and other infections. Staff carried out checks on people visiting the home to reduce the risk of them spreading infection. This included taking people's temperatures and asking visitors for evidence of a negative Lateral Flow Device (LFD) test taken on the day of the visit. The home had a room where people who could not carry out an LFD test before arriving at the home could carry out a test and wait for the result before their visit.

The provider had followed guidance about visits in and out of the home.

The provider had arranged furniture in communal areas to support social distancing. Staff gave people clear guidance about maintaining their safety during the pandemic.

The provider followed best practice when people moved into the home. They followed advice from the local Public Health team to ensure people were protected from the risk of infection.

The provider had ensured there were sufficient supplies of Personal Protective Equipment, (PPE), to protect people from the risk of infection. Staff were trained in how to use PPE safely and effectively.

The provider had robust systems to ensure changes to government guidance were shared with the registered managers and staff in the home. This included changes to guidance around visiting and routine staff testing for COVID-19.

The provider was following government guidance about testing staff and people who lived in the home for COVID-19. They had supported people and staff to receive COVID-19 vaccinations.

The staff team kept the home clean and hygienic. Frequently touched surfaces were cleaned regularly throughout the day to reduce the risk of infection.

The provider had been proactive in ensuring there were sufficient staff to support people. They had developed creative ways to recruit and train staff and career opportunities to help retain staff.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Risedale at Lonsdale Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 10 February 2022 and was unannounced.

Is the service safe?

Our findings

Staffing.

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- The provider was following government guidance about supporting safe visiting and out of the home. They had provided clear information to people and their families as government guidance changed during the pandemic.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.