

Sudbury Care Homes Limited

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Inspection report

67 Sudbury Avenue
Wembley
Middlesex
HA0 3AW

Tel: 02089225138

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17 November 2020

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Sudbury Care Homes Limited is a residential care home providing personal care for up to five people. It specialises in supporting people with learning disabilities. At the time of our inspection, there were four people living at the home.

We found the following examples of good practice.

People using the service and staff had detailed Covid-19 risk assessments, which identified those who were at a higher risk, and included measures to reduce the risk of infection.

All staff had received training about Covid-19 and infection control, including the use of personal protective equipment (PPE). Staff changed their clothes when entering and leaving the home to help prevent spread of infection.

People and staff had access to regular testing for Covid19.

A washbasin had been installed outside the front door and guidance directed everyone, including staff, to wash their hands and use hand sanitiser before entering the home. All visitors to the home were screened and risk assessed to reduce the risk of the spread of infection. They received a temperature check and had to answer several questions, including whether they had any symptoms of Covid-19 or had been in contact with anyone who had the infection.

People had personalised visiting plans which were kept under review. Staff at the care home had supported people to keep in contact with family and friends. This included socially distanced visits in the garden and via phone and video calls.

Where people had not been able to take part in some activities, due to the risk of infection, staff had supported people to continue to take part in similar activities, by helping them to access and complete online courses and by arranging 'movie nights'.

The provider had ensured staff had access to a adequate supplies of PPE. They also provided visitors with a 'visitors' pack' which included disposable masks and gloves to use during their visit.

To reduce the risk of spread of infection, staff only worked in this care home and they no longer worked in any other homes and services run by the provider.

Enhanced cleaning schedules were in place. These included regular cleaning of frequent touch areas such as banisters, light switches, work surfaces and door handles.

The provider had created more space in the care home to support social distancing. A spare bedroom had

been changed into a well-being room and a second communal lounge had been reorganised and improved for people's use.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We were assured the service was following safe infection prevention and control procedures to keep people safe.

Inspected but not rated

Sudbury Care Homes Limited

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

This inspection took place on 17 November 2020 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.