

# Healthcare Homes (LSC) Limited

# Sovereign Lodge Care Centre

## Inspection report

2 Carew Road  
Eastbourne  
East Sussex  
BN21 2DW

Date of inspection visit:  
03 February 2021

Date of publication:  
17 February 2021

## Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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# Summary of findings

## Overall summary

Sovereign Lodge Care Centre is purpose built and provides accommodation over three floors for up to 64 older people with nursing and dementia care needs.

We found the following examples of good practice.

The registered manager had followed current guidance in relation to infection prevention and control. This included implementing COVID19 cleaning schedules, personal protective equipment (PPE) stations and further training and competency checks for all staff. Guidance was displayed and available for all staff, this included correct procedures for putting on and taking off PPE. As well as environmental risk assessments in relation to COVID19, people and staff had individual COVID19 risk assessments completed. This considered each person's associated risks, including long term and underlying health conditions, ethnicity and pregnancy.

At the time of the inspection three people were still isolating in their rooms due to testing positive for COVID19. People who had completed their period of isolation were able to access communal areas if they wished. Staff were supporting people to remain safe. Due to people's dementia and memory loss staff were working to remind people why they needed to socially distance. To support this, the registered manager had made some environmental changes to the communal areas. Seating in the dining areas had been rearranged. This prevented people sitting closer than two metres or in groups.

The home had experienced a high number of positive COVID19 people and staff. Throughout the pandemic staff had monitored people's physical health, this included their temperatures and general symptoms. The registered manager and staff had shown resilience and had managed the impact of COVID19 extremely well throughout the pandemic. The registered manager felt hopeful and was positive that things would continue to improve. The registered manager had implemented their contingency plan to ensure that staffing levels were maintained whilst high numbers of staff were unwell or isolating and had worked closely with the local authority and market support team.

The home was currently closed to admissions and non-essential visitors. Measures had been implemented to ensure people and staff entering the home did so following current guidance regarding PPE and social distancing. This included temperatures being taken on arrival, Lateral Flow (LFT) COVID19 testing and PPE being used.

Further measures had been implemented to protect staff and mitigate risk. For example, the registered manager had ensured that all staff who had previously used public transport or shared cars to travel to and from work, now had access to taxis, funded by the provider.

# The five questions we ask about services and what we found

We always ask the following five questions of services.

## Is the service safe?

Further information is in the detailed findings below

Inspected but not rated

# Sovereign Lodge Care Centre

## **Detailed findings**

## Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 3 February 2021 and was announced.

## Is the service safe?

### Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.