

Burrow Down Support Services Limited

# Burrow Down Shortbreaks

## Inspection report

Lynwood  
Jacks Lane  
Torquay  
TQ2 8QX

Tel: 07483310303

Date of inspection visit:  
18 February 2021

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05 March 2021

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Burrow Down Short breaks, known as Lynwood Lodge, provides short breaks and outreach for up to six people who have a learning disability and/or additional associated needs such as, autism, physical disability, sensory impairment and behaviors that challenge. At the time of the inspection there were two people using the service.

We found the following examples of good practice.

Systems were in place to help manage the risks and prevent the spread of COVID-19.

There was a clear system in place for visitors to ensure they followed the current guidance on the use of personal protective equipment (PPE) and social distancing.

Visitors were asked to consent to a rapid COVID-19 test, have their temperature checked, wash their hands and were screened for any symptoms of COVID-19, before they would be allowed to enter the building. The service had separate entrances and exits to the building to ensure infection risk was kept to a minimum.

The service had sufficient stocks of PPE available and staff were observed to use PPE within national guidance. Staff had received training in infection control, handwashing, PPE and the COVID-19 pandemic. Training was reviewed and updated regularly.

Staff took part in regular COVID-19 'whole home' testing and staff knew that if they tested positive, to follow national guidance and self-isolate for the required amount of time. Due to people's complex care needs most people were not taking part in a regular COVID-19 testing programme at the time of the inspection.

People were being regularly health screened to ensure they remained well and action could be taken quickly to reduce the risk and prevent the spread of COVID-19, if they became unwell.

The provider had developed specific COVID-19 policies and procedures, which had been reviewed and updated where necessary in line with the latest guidance.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Burrow Down Shortbreaks

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 18 February 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.