

Dr Anoop Sahal

Inspection report

94 Navigation Road
Altrincham
WA14 1LL
Tel: 01619299300

Date of inspection visit: 07 May 2021
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This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

Ratings

Overall rating for this location

Good



Are services well-led?

Good



Overall summary

We carried out a focused desktop review at the practice of Dr Anoop Sahal on 7 May 2021. The practice is now rated 'good', for providing 'well led' services and remains rated 'good' overall. The population group families, children and young people is now rated as 'good'.

Safe - Good

Effective - Good

Caring - Good

Responsive - Good

Well-led - Good

Following our previous focused inspection on 5 February 2020 where we focused on the key questions effective and well led, the practice was rated 'good' overall. The key questions safe, caring and responsive were not rated at the inspection on 5 February 2020 and the ratings of 'good' from an inspection on 21 December 2016 were carried forward. Effective was rated 'good' but rated 'requires Improvement' for providing well led services.

The full reports for previous inspections can be found by selecting the 'all reports' link for Dr Anoop Sahal on our website at www.cqc.org.uk

Why we carried out this review

This inspection was a focused desk top review carried out on 7 May 2021 to confirm that the practice had carried out its plan to meet the requirements in relation to those identified in our previous inspection on 5 February 2020. This report covers our findings in relation to

those requirements and also additional improvements made since our last inspection.

How we carried out the review

Throughout the pandemic CQC has continued to regulate and respond to risk. However, taking into account the circumstances arising as a result of the pandemic, and in order to reduce risk, we have conducted our inspections and reviews differently.

This review was carried out in a way which enabled us to analyse information without spending time on site. This was with consent from the provider and in line with all data protection and information governance requirements.

This included

- Analysing data about the services provided
- Requesting evidence from the provider

Our findings

Overall summary

We based our judgement of the quality of care at this service on a combination of:

- information from our ongoing monitoring of data about services and
- information from the provider.

We have rated this practice as Good overall with the key question well led and population group Families, children and young people now rated as Good.

We found that:

- The practice established effective systems and processes to ensure good governance in accordance with the fundamental standards of care
- Improvements were made to the system for managing alerts
- Meetings were formalised and actions were recorded and managed effectively
- The uptake of childhood immunisations was greatly improved

Details of our findings and the evidence supporting our ratings are set out in the evidence tables.

Dr Rosie Benneyworth BM BS BMedSci MRCGP

Chief Inspector of Primary Medical Services and Integrated Care

Population group ratings

Older people	Not inspected	
People with long-term conditions	Not inspected	
Families, children and young people	Good	
Working age people (including those recently retired and students)	Not inspected	
People whose circumstances may make them vulnerable	Not inspected	
People experiencing poor mental health (including people with dementia)	Not inspected	

Our inspection team

A CQC Inspector reviewed and analysed the documentary evidence submitted.

Background to Dr Anoop Sahal

The practice of Dr Anoop Sahal also known as The Family Surgery is located at
94 Navigation Road
Altrincham
Cheshire
WA14 1LL

The provider is registered with CQC to deliver the Regulated Activities; diagnostic and screening procedures, treatment of disease, disorder or injury and family planning

The practice is situated within the Trafford Clinical Commissioning Group (CCG) and delivers General Medical Services (**GMS**) to a patient population of about 8481. This is part of a contract held with NHS England.

Information published by Public Health England report deprivation within the practice population group as nine on a scale of 1 to 10. Level one represents the highest levels of deprivation and level 10 the lowest.

The practice caters for a lower proportion of patients experiencing a long-standing health care condition, 34% compared to the local average of 53% and a national average of 52%. There is a higher percentage of patients in paid work or full-time education, 74% compared to the local and national averages of 64%.

The average life expectancy of the practice population is similar to the national average for males and females (81 years for males compared to the national average of 79 years and 84 years for females compared to the national average of 83 years.)

The age distribution of the practice population is similar to the local and national averages. There are 1250 male patients registered at the practice compared to 1188 females.

Dr Anoop Sahal is a single-handed GP supported by a practice nurse who provides nurse led clinic's for long-term conditions, a healthcare assistant and a phlebotomist. The clinical team is supported by a practice manager and administration and reception staff.

Due to the enhanced infection prevention and control measures put in place since the pandemic and in line with the national guidance, most GP appointments were telephone consultations. If the GP needs to see a patient face-to-face then the patient is offered an appointment at the surgery.

Extended access appointments are available with Dr Sahal every Tuesday morning between 6:40am and 8am. Out of hours services are provided by Mastercall Stockport.