

Constantia Healthcare (Middlesbrough) Limited

Longlands Care Home

Inspection report

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14 January 2021

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Longlands Care home provides personal care and accommodation for up to 43 adults, some of whom are living with a dementia type illness. At the time of this review 26 people were living at the service. Longlands Care Home is a detached building set out over two floors. Each floor has their own adapted facilities.

We found the following examples of good practice.

- Systems were in place to manage and prevent people, staff and visitors from catching and spreading infections. The home supported staff and people with social distancing. Additional cleaning was being carried out.
- Staff had undertaken training in putting on and taking off PPE, hand hygiene and other Covid-19 related training. Infection control champions were in place. These were staff who monitored staff practices to ensure the correct procedures were followed. The provider continuously passed on important information about Covid-19 to staff.
- Staff supported people's emotional and social wellbeing. People were supported to keep in contact with friends and relatives through telephone calls and social media. Outdoor visiting had ceased, in line with national guidance, at the time of this inspection.
- The home was following national guidance for anyone moving into the home. Staff worked with people and their relatives to ensure they were aware of isolation procedures should they be needed. People were supported by a dedicated staff team who ensured any feelings of isolation and loneliness reduced. This included a range of individual social activities and contact with friends and family.
- Infection control audits and checks were carried out. The registered manager spoke positively about the hard work and dedication which staff had shown, which had helped to minimise the impact of the pandemic on people's health and wellbeing.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We were assured the service was following safe infection prevention and control procedures to keep people safe.

Inspected but not rated

Longlands Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 14 January 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.