

Sefton New Directions Limited

Sefton New Directions Limited - Aintree Lane

Inspection report

89 Aintree Lane Aintree Liverpool Merseyside L10 2JJ

Tel: 01515260090

Date of inspection visit: 04 October 2016

Date of publication: 20 December 2016

Ratings

Overall rating for this service	Good •
Is the service safe?	Good
Is the service effective?	Good
Is the service caring?	Good
Is the service responsive?	Good
Is the service well-led?	Good

Summary of findings

Overall summary

This announced inspection took place on 4 October 2016. The provider was given short notice because the location provides a short break service and we needed to be sure that someone would be in the office. The inspection was carried out by an adult social care inspector. We last inspected the service in January 2014 when no breaches of legal requirements were identified.

Sefton New Directions Limited - Aintree Lane is a short stay residential care home which provides respite for adults with learning disabilities. It is located in the Aintree district of Sefton within reach of good transport links to Ormskirk and surrounding areas. At the time of the inspection four people were staying in the home for short term breaks.

The service had a registered manager in post. A registered manager is a person who has registered with the Care Quality Commission to manage the service. Like registered providers, they are 'registered persons.' Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

We saw that people who stayed at Aintree Lane were well cared for. One person's relative said staff supported people well.

Staff were appropriately trained and skilled and provided care in a safe and well maintained environment. Staff fully understood their roles and responsibilities.

The staff had completed various training sessions including training on safeguarding and the Mental Capacity Act to make sure that the care and support provided was safe and effective to meet their needs.

The provider had safe recruitment procedures. They employed skilled staff and took steps to make sure that staff were suitable to provide care and support that met the needs of people who used Aintree Lane.

The provider offered choices for when someone wanted to stay and often people requested dates when their friends were staying. They planned when they needed to bring more staff into the service, especially when they had planned group activities and trips out.

Staff working in the service understood the needs of the people coming to stay and we saw that care and support was provided with respect and kindness. People who used the service told us they were all very happy with the service and their care.

Staff were aware of nutritional needs and made sure they supported people to have choices in offering a good variety of food and drink during each person's stay.

Throughout our inspection we saw examples of good communication and involving people who were

enjoying their break at the service. People told us they felt included and consulted in the planning of their support and were treated with respect. People told us they received the care and support they requested and needed.

Everyone we spoke with said they felt comfortable to raise any concerns with staff; nobody had any concerns or complaints about the service.

The provider had systems in place to assess and monitor the quality of the service. The registered manager assessed and monitored the quality of care consistently. The service encouraged feedback from people who use the service and their families, which they used to make improvements to the respite service.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Good



The service was safe

The service had effective systems to manage risks without restricting people's activities or freedom. Risk assessments were detailed and kept up to date to make sure people were protected from the risk of harm.

Staff knew how to recognise and respond to abuse. We found the safeguarding procedures that were in place were robust and staff understood how to safeguard people they supported.

There were enough staff employed to help make sure people were cared for flexibly and in a safe manner. Staff had been checked when they were recruited to make sure they were suitable to work with vulnerable people.

People's medicines were well managed.

Is the service effective?

Good



The service was effective.

The service worked in accordance with the Mental Capacity Act 2005. People told us they were able to make their own choices and were involved in decisions about their support.

Systems were in place to provide staff support. This included ongoing training, staff supervision and, appraisals.

We saw that everyone was involved in planning the food menu and what activities they would like to do during their short break.

Is the service caring?

Good (



The service was caring.

The feedback we received showed a caring service. People being supported commented positively on how the staff approached

their care.

We observed positive interactions between people. Staff had a good understanding of people's diverse needs, beliefs and preferences.

We observed staff respecting people's privacy and dignity throughout our visit and they gave the necessary support, space and encouragement when needed.

Is the service responsive?

Good ¶



The service was responsive.

People had their needs assessed and staff understood what people's needs were.

People staying at the service told us they were involved in decisions about their day to day care and support and in choosing what they wanted to do during their stay.

The service was careful to plan around the compatibility of the people staying, and to plan their staffing levels for their short break service.

A process for managing complaints was in place and people we spoke with were confident they could approach staff and make a complaint if they needed to.

Is the service well-led?

Good



The service was well led.

The service had a registered manager in post and they were supported by a clear management structure.

Staff made positive comments about the management style and felt it was supportive.

We found an open, positive and person-centred culture. This was throughout all of the conversations we had, through observations of care and records reviewed.

The service had an effective quality assurance system in place with various checks and audit tools to show consistent good practices within the service.

There were systems in place to gather feedback from people so that the service was developed with respect to their needs.



Sefton New Directions Limited - Aintree Lane

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

This was an announced inspection which took place on 4 October 2016. The provider was given notice because we needed to be sure that someone would be present. The inspection was carried out by an adult social care inspector.

The provider sent us a pre-information pack (PIR) before the inspection which we used to prepare for the inspection. This is a form that asks the provider to give some key information about the service, what the service does well and improvements they plan to make. We also reviewed all other information we held about the service.

The registered manager told us that all rooms were used for respite stays for people living locally, on a planned and an emergency basis. At the time of this inspection four people were being provided with a short stay.

We undertook this inspection by visiting the home and observing care and support in communal areas. We also looked some people's bedrooms. We met the four people who were having planned respite stays on the day of our visit. We spoke with the Registered Service Manager, Assistant Service Manager, Advanced Care Coordinator and a Support Worker. \square .

We looked at a range of records about people's care and how the service was managed. This included the support plans for the three people being supported including their medication records, three staff personnel files, including their staff supervision records and other records relevant to the quality monitoring of the

service, such as the provider's quality and safety audits.

We also spoke with one person's relative and one social worker who visited during the inspection. We contacted the local authority which had responsibility both for safeguarding and commissioning services from Aintree Lane. We took the information they provided, which was very positive, into account when we wrote this report.



Is the service safe?

Our findings

The people we spoke with said they felt safe when they stayed at the home. Any potential risks to people's safety were appropriately assessed, managed and reviewed. We looked at records for three people who were staying at the service. Each person had an up-to-date risk assessment in place. We saw that where a risk that someone may display behaviour which challenged the service, there was clear guidance for staff to help them deal with any incidents effectively.

Staff we spoke with were familiar with the individual needs of the people they supported. They demonstrated that they knew the details of the risk management plans and how to keep each person safe and comfortable during their stay. Staff explained the triggers they looked out for, regarding some people's behaviours and non-verbal signs for communicating their needs. This information was recorded in support plans and was regularly updated to show any changes in behaviour and in identifying any actions to safely support an individual. This helped to make sure that people were being provided with the specific support they needed to keep them safe.

We spoke with people who use the service and they told us they felt the service was safe and secure when using the service. We also saw that each person had a personal evacuation plan [PEEP] in case of an emergency, such as a fire incident.

We looked at how the service managed staffing and recruitment. No one we spoke with raised any concerns about the numbers of staff available. There were sufficient staff on duty to keep people safe during our inspection and most people had one staff member supporting them individually. The registered manager explained that the service regularly reviewed and adjusted staffing levels based on people's assessed needs and risks.

The senior staff had developed a very good picture of the compatibility of people who used the service, which helped them plan their staffing levels for their short break service. They also carefully matched the staff needed for the people booked in for their short break throughout the year. Staff felt the staffing levels were appropriate and safe. The staffing levels enabled them to give the support needed to each individual. Staff told us that the registered manager would provide additional staff whenever this was needed and that they always reviewed and planned staffing levels around people's needs.

We looked at three staff files and spoke with four staff about their experiences working for the service. They told us they had great stability, with most staff having worked for the service for many years. We noted that relevant checks had been undertaken, including taking up written references, identification checks and a Disclosure and Barring Service (DBS) check. The Disclosure and Barring Service carry out criminal record and barring checks on individuals who intend to work with children and vulnerable adults. These checks had been made so that staff employed were 'fit' to work with people who might be vulnerable.

We looked at the systems in place for managing medicines in the home. This included the storage, handling and stock of medicines and medication administration records (MARs) that staff completed. One person told

us that staff administered their medicine. They said, "They help me with my medication, which is good, because sometimes I forget. They do it with a nice, helpful approach."

Before people came for a short stay, the senior staff contacted their relatives and guardians to make sure the home had up to date information about the person's health and wellbeing and to check if there had been any changes to their medicines. Staff undertook careful checks and kept clear records of the medicines that each person brought with them when they arrived for their stay. We found that people received their medicines as prescribed, and the administration was appropriately recorded on the MAR by staff.

We found that the arrangements for storing medicines were safe. There was clear guidance and protocols in place, and staff were able to explain how they supported people to take any medicines that were prescribed 'as and when' required, for example, for pain relief. Staff were aware of the signs which indicated that people might be in pain and discomfort, or if they in a low mood or becoming agitated. This helped to make sure people received their medicines when needed.

The service had effective procedures for ensuring that any safeguarding concerns they had about people who used the service would be appropriately reported. All of the staff we spoke with were able to clearly explain how they would recognise different types of abuse and how they would not hesitate to report any allegation of abuse.

We saw information in the home about safeguarding people from abuse and neglect. This gave the telephone numbers to contact if there were any concerns. The information was also available as 'easy read' posters for the people who used the service to access. Easy read documents make written information easier to understand and often include pictures, for people who are on the autism spectrum and those with learning disabilities. The staff we spoke with clearly described how they would recognise abuse and the action they would take to make sure actual or potential harm was reported. Training records confirmed staff had undertaken safeguarding training within the companies recommended guidelines. All of the staff we spoke with were clear about the need to report any concerns they had. Staff told us; "One of the first things you do on induction is safeguarding training."

Staff were able to describe the arrangements for whistleblowing. Whistleblowing takes place if a member of staff thinks there is something wrong at work, but does not believe that the right action was being taken to put it right. CQC had received no whistleblowing complaints in the period since the last inspection.

Arrangements were in place for checking the care environment to make sure it was safe. We saw there were protocols in place so that staff monitored the environment and reported through any issues. For example, there was a 'repairs book' where staff recorded repairs they had reported and this record showed that repairs were undertaken in a timely fashion.

We looked at how the home was generally maintained. We made some observations of the environment, interacted with people living at the home and spoke with relatives and staff and looked at maintenance records. We toured the home and saw all of the day areas and the bedrooms. These were well maintained. We discussed the homes maintenance and repair schedule with the manager and maintenance person. This was well monitored and on-going. The maintenance person had regular input at least three days a week.

We were shown basic safety checks such as, fire safety and checks on the safety hot water temperatures to reduce any risk of scalds. These were up to date so that safety measures were being maintained. The registered manager carried out checks of the environment. These were supported by regular visits by a maintenance manager. The Home was very well maintained.

Accidents and incidents were recorded and monitored by the service. We saw that these were collated and analysed by the registered manager. A report was compiled, which was also reviewed by the health and safety committee consisting of senior managers.	



Is the service effective?

Our findings

One person told us they enjoyed their stays at Aintree Lane and another person said, "I've been coming for 10 years. I wouldn't keep coming if it wasn't good." From our observations of staff and people who used the service we felt that staff understood people's needs well and encouraged people to make choices. When we spoke with staff the main aim of the support was to encourage people to be as independent as possible and enjoy as full a daily life as possible during their stays, based on people's individual needs and chosen lifestyles.

Staff told us the district nursing service provided on-going clinical support. The care files contained daily records of the care and support people received and this included visits by health professionals where appropriate. We saw evidence that support plans were regularly reviewed to ensure people's changing needs were identified and met. These plans outlined the likes, dislikes and preferences of each person and the staff we spoke with were aware of everyone's individual's preferences. As this service provided short breaks, the management of each person's health needs was usually managed by their family at home. However, the records did provide medical details to help in the event of a medical emergency were the staff accessed the GP and members of the multi-disciplinary team as necessary.

We spoke with a social worker who was involved in the care of people staying at the service and their feedback was very positive. They told us that staff contacted them and health care professionals for advice and support when needed and this had helped make sure people's healthcare needs were being met. They felt the standard of care was very good and that the staff were very responsive to people's needs.

People said they really liked the food they had when they stayed at the home. For instance, one person said, "They are good chefs. The food is fantastic. You can tell they put care into it, it's like home cooking." We saw that staff had worked at the service for many years and offered great stability and knowledge about each person who stayed for respite and short breaks. Staff told us that once they knew who was coming to stay they would ensure they had food and snacks available that they knew people liked. The staff told us that where people were not able to express their preferences verbally, they observed what people preferred and built up a picture of their preferences. People's families and advocates had also provided information about people's preferences and this information was clearly noted in people's care plans to help staff to support people appropriately. Staff also told us that if people didn't like the meal they had selected then an alternative would be offered.

People were provided with additional support around their specialised dietary requirements. We looked at one person's care plan in relation to their diet and found this included detailed information about their dietary needs and the level of support they needed to make sure that they received a balanced diet. Where people were at risk of choking, there was sufficient information and guidance in people's care plans to ensure staff knew how to support them to eat safely.

We spoke with one person staying at the home who told us that staff regularly asked them about any preferences they had, particularly as to their daily activities. They said that staff asked about what they

wanted to eat and when they wanted to go out shopping, for example. This helped show that staff involved people in their care and daily life and sought to gain consent in these areas.

We discussed the issues around people's consent and their involvement. Staff told us they had attended training to support them to understand the concepts around seeking and acting on persons consent to care and treatment. We discussed some examples of when decisions had been made in people's 'best interest' where it had been difficult to get the persons consent.

The Mental Capacity Act 2005 (MCA) provides a legal framework for making particular decisions on behalf of people who may lack the mental capacity to do so for themselves. The Act requires that as far as possible people make their own decisions and are helped to do so when needed. When they lack mental capacity to take particular decisions, any made on their behalf must be in their best interests and as least restrictive as possible. People can only be deprived of their liberty to receive care and treatment when this is in their best interests and legally authorised under the MCA. The application procedures for this in care homes and hospitals are called the Deprivation of Liberty Safeguards (DoLS).

The home had appropriate supporting policies and information around capacity and consent and the managers had also had previous training to support their knowledge. The home also had a tool for measuring people's mental capacity in terms of individual decisions. The registered manager had a good understanding of the MCA and DoLS. There were no DoLS in place at the time of the inspection. However, the registered manager knew the correct procedures to follow to make sure people's rights were protected. The service had a range of policies and procedures which helped staff refer to good practice and included guidance on the Mental Capacity Act. These guidance documents helped identify and protect the interests of people who lacked the ability to consent on various issues.

We were told that all staff had worked for some time at the home. The staff told us they were very settled in their work. They all enjoyed their work and said they felt well supported.

We observed staff providing support to people. The interactions we saw showed how staff communicated and supported people as individuals. Staff were able to explain in detail each person's care needs and how they communicated these needs. We saw that care records included reference to people's preferred method of communication. One person we spoke with told us staff supported them very well. We observed the person had good rapport with the staff. They told us that staff seemed well trained and were doing a very good job.

We had positive feedback from staff about the training and support they received. We saw that staff files contained training plans and certificates of attendance at training. We were told that new staff would undertake the Care Certificate, which was standard induction training for staff with nationally agreed induction standards. The records we saw showed staff were updated in 'statutory' subjects such as health and safety, medication, safeguarding, infection control and fire awareness.

Staff were provided with training in relation to the specific health needs of the people who used the service, such as the administration of medication in case of an emergency, due to somebody having a seizure and specialist training in behaviour management and nutrition. This helped ensure that people were provided with the specific care necessary for them during their stay.

We saw that staff had all achieved a nationally recognised vocational qualification. Staff told us that they thought that training they received was relevant and of a good standard. They said they felt well supported and that they were up to date in training they needed to meet people's needs. These comments were

supported by our observations of people's wellbeing on the inspection. We saw staff interacted well and there was a relaxed and friendly atmosphere in the home.

Staff said they received supervision every five to six weeks. Supervision is a process where staff meet with their manager and includes reviewing how well they perform in their role. The registered manager confirmed that staff received regular supervision and said that staff were able to receive support whenever they wished, as they worked closely together and had an open door policy.

The general view of people spoken with was that the home was always maintained and kept fit for purpose. Relatives commented that the environment was always clean, tidy and comfortable. One person told us that staff always tried to make sure they had the same room when they stayed.



Is the service caring?

Our findings

Aintree Lane is a service that provides for respite stays for people who normally live at home with support from relatives. We received very positive feedback about the staff. For instance, we spoke with one person staying at the home who told us they liked their stays and that staff supported them to go shopping and to go out regularly. They said staff were, "great" and they felt very comfortable in the home. Another person said, "I love the staff. They are kind and very helpful with things." We observed the interactions between staff and people using the service and saw there was an obvious rapport and understanding.

People varied in their level of care need and communication. This meant people needed support interventions aimed at planning their day and future activity on an individual basis. We spoke with one person's relative during inspection and they told us, "It is a very good service. The staff do a very good job. [My family member] has very complex needs and the staff look after them very well." They said the standard of care was consistently good and their relative was being well cared for and that the home was small enough for people to receive a very individual, personalised service. They added that they were always contacted immediately if this was needed, and were always kept informed.

Communication was seen as a priority to carrying out care. Care files referenced the individual ways that people communicated and made their needs known. People chose the activities they wanted to participate in and staff respected their choices. One person told us, they liked the activities they did when staying at the home. We observed staff discussing various choices with people to see what they wanted to do during their break at the service.

We saw evidence that staff at the service regularly kept in touch with people's relatives via phone calls and the provider regularly sought feedback from people and their families about the support provided. People and their relatives were asked to fill in questionnaires and there were lots of records offering very positive comments, opinions and thanks regarding this service.

Staff had been trained in how to respect people's privacy and dignity, and understood how to put this into practice. Throughout our inspection, we saw that staff respected people's privacy and dignity when they were supporting people. We spent time in the communal areas and observed positive staff interactions with people who used the service. Everyone in the service looked relaxed and comfortable with the staff. Staff discussed day to day examples of how they ensured privacy and dignity, such as, knocking on people's doors before entering and ensuring curtains were drawn when supporting a person with personal care. The people we spoke with who used the service confirmed that staff always respected their privacy.

We saw staff respond in a timely and flexible way depending on how each person communicated. We saw there was positive and on-going interaction between people and staff. We heard staff taking time to explain things clearly to people in a way they understood. When we spoke with staff they were able to tell us why people needed different approaches at certain times and how this had been agreed, to ensure consistency.

The staff we spoke with had a good knowledge of people and were able to explain in detail each person's

preferences and daily routine, likes and dislikes. These were also recorded in care files we reviewed. This theme was supported by our observations and discussions, and records we saw during the inspection. We found that staff respected people's spiritual and cultural needs. Staff were knowledgeable about this aspect of people's needs and this information was also clearly reflected in people's care and support plans. For instance, staff were knowledgeable about the minority religious beliefs of the family of one person, and there was information about this in the person's file, which was clear and informative.



Is the service responsive?

Our findings

People who used the service told us they really enjoyed staying and the person's relative we spoke with provided very positive feedback about the service. We found the care to be organised to meet people's individual needs. For example, we reviewed some of the daily activities and routines people were engaged in. All of the people we saw had daily activities which they were involved in planning, and which reflected their interests. One person using the service described their routine and what they liked to do. They told us the staff helped them to do what they wanted when they came for their short break. They added, "They [the staff] put themselves out. I get to do things I wouldn't ordinarily do and go to places I don't usually get to see."

Staff told us that people using the service often liked to book in when their friends were booking in, and they would then go out together on trips organised by the staff. People were getting support that was tailored to what mattered to them. During weekdays, most people continued attending their usual day services and college. But where they didn't and at weekends, it was clear that people were getting out and about to lots of different places that they chose to go to.

Senior staff told us about the way they planned the stays to take into account people's needs and compatibility. They were aware of when they needed to bring more staff into the service, especially when they were planning any group activity and trips out. They took lots of factors into consideration when taking bookings for short breaks such as, what type of activities people liked to get involved in, what level of disability they had and whether they knew other people and friends booked in for certain dates. They used this information to help offer various choices and dates for when someone wanted to stay.

Staff described how they first meet new people who wanted to use to the service for a short break. Staff told us they offered a series of visits to the home so that new people could gradually get to know the service, the staff and the environment

Staff we spoke with told us they supported people with aspects of personal care. For example, washing, dressing and walking where needed. They supported a range of people with differing care needs. We were told that these care needs were assessed each time people came to stay. The records we saw and the relatives we spoke with confirmed that staff carried out this assessment.

During our visit we looked at people's care files and discussed with the staff the care and support the people received. Each person had a care plan and this was updated as needed. Staff we spoke with were fully aware of people's care needs and said they were able to access care notes so that information was always available

We found that care plans and records were individualised to people's preferences and reflected their identified needs. They contained good detail and there was evidence that plans had been discussed with people and their relatives, if needed. We could see from the care records that senior staff reviewed each person's care plan and updated it before each time people came for a short break.

These plans were used to guide staff on how to involve people in their care and provide the care and support they needed and requested. Staff worked with people and their relatives to establish effective methods of communication so that individuals could be involved in their care, especially those people who used non-verbal communication. For example, if a person did not communicate verbally, other communication methods were used such as pictures and signs. Care plans detailed the most effective ways to communicate with each person. There was a welcome pack for everyone having a stay at the home. It had been developed with the use of pictures to help people to understand what to expect during their stay.

Staff talked us through what they would do if an individual wanted to raise a formal complaint. The service had developed a complaints procedure with the use of pictures to help people to better understand this procedure and to make it more accessible to more people. Those people we met had no complaints. For instance one person said, "There isn't any bad thing that I can tell you." It was clear that issues were dealt with at reviews and the service was very responsive to any concerns raised.



Is the service well-led?

Our findings

The service had a registered manager in post at the time of our inspection. The registered manager had a junior management team of assistant managers and senior support workers. We met the registered manager, two assistant managers and one senior support worker. They all demonstrated to us that they had a good understanding of the support care being provided to people at Aintree Lane. The registered manager's opinion about all of their team was that they all went, 'The extra mile.' All of the staff we met presented as proud and conscientious about their work.

All the people we spoke with were familiar with the registered manager and found all of the staff team to be approachable, accessible and willing to listen. One person's relative told us that they would definitely recommend the service to others.

The service was clean, tidy, well managed and had quite a homely feel. We saw that people were regularly asked to share their experiences and complete a survey to offer their opinions about the service. The overall results were we saw were very positive and similar to the positive comments we received throughout our visit.

The manager showed us some quality and safety audits carried out by the provider. This covered all aspects of health and safety and monitoring in the home to ensure safe standards were being consistently maintained.

Staff said they felt listened to and they could raise any query or question practice. All of the staff we met told us they felt supported and enjoyed their work. Several staff said, "I love my job." A staff survey was also undertaken regularly, to help gauge the culture of the service and also the key issues. We were shown the outcome of this and it was clear that the process also had helped establish objectives for the service.

All of the members of the management team we spoke with in the home were able to talk positively about the importance of a 'person centred approach' to care; meaning care was centred on the needs of each individual, rather than the person having to fit into a set model within the service. This was seen as key to developing any support for people. They also talked about the importance of providing opportunity for people to 'get together socially.' Staff told us staff meetings were held monthly to two monthly, where they had the opportunity to raise questions and discuss issues.

It is worth noting that the provider organisation and the service had been subject to a lot of organisational change over recent years and key staff members of the management team in the home had been provided with training in relation to managing change. Observations of how the members of the management team in the home interacted with staff members and comments from staff showed us that there was good leadership and a positive, person centred culture within the home.

We looked at a selection of minutes of meetings, which had evidence of a wide variety of topics shared and discussed with staff. The minutes showed that the staff were kept up to date with the management of the

service and other, best practice topics. For instance, the provider was an active member of the National Care Forum (NCF) and had signed up to the NCF's 'Quality First' framework, to provide safe, high quality care and support services and continuous quality improvement. [The NCF represents the interests of not-for-profit health and social care providers]. They had also signed up to the Social Care Commitment.' [The Social Care Commitment is the adult social care sector's promise to provide people who need care and support with high quality services]. The National Institute for Health and Care Excellence (NICE) and other best practice guidance is used to inform policy and practice within the company.

We saw that the registered manager and other members of the staff team monitored the service by completing regular audits. These covered a variety of topics and areas throughout the service including, health and safety, infection control, medicine and care planning audits. These were complemented by senior management audits carried out annually or bi-annually. For instance, the Head of Care Quality and Service User Experience also carried out quality assurance audits including unannounced quality visits to the service. These visits showed evidence of regular monitoring of the quality of care and support being provided. There was a robust quality assurance action plan for improvement, when improvements were needed.

We looked at a series of records maintained on the home. These ranged from care records for people living at Aintree Lane, maintenance records and staff records. All of these were maintained satisfactorily. Records were stored securely in the main staff office.