

Cedar Gardens Care Ltd

The Cedar Gardens Care Limited

Inspection report

12-18 Richmond Road New Barnet Hertfordshire EN5 1SB

Tel: 08444725176

Website: www.foresthc.com

Date of inspection visit: 03 February 2022

Date of publication: 16 February 2022

Ratings

Is the service safe?	Inspected but not rated
Overall rating for this service	Inspected but not rated

Summary of findings

Overall summary

The Cedar Gardens Care Limited is a care home registered to provide nursing and personal care for up to 45 people. It provides care and treatment to older people with physical needs, dementia and who require nursing care. At the time of the inspection, there were 38 people living at the home.

We found the following examples of good practice.

The service had implemented effective infection prevention and control measures to ensure people, their relatives and staff were protected from infections.

Systems were in place to facilitate safe visits. Relatives who visited their loved ones had access to appropriate Personal Protective Equipment (PPE) and rapid testing on-site.

Premises were cleaned and disinfected regularly and were also well ventilated. People were socially distanced where possible and had their health monitored routinely by staff.

Staff were provided with appropriate training, PPE and had access to COVID-19 testing. The registered manager sought advice from relevant authorities when needed. Infection prevention and control policies were reviewed regularly and accessible to all staff.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	Inspected but not rate
----------------------	------------------------

Further information is in the detailed findings below.



The Cedar Gardens Care Limited

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 3 February 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Inspected but not rated

Is the service safe?

Our findings

Staffing

• The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- The service had measures in place to prevent relatives & friends, professionals and others visiting from spreading infection at the entrance and on entering the premises. Screening checks included temperature checks, COVID-19 vaccination status checks and rapid testing. Visitors were provided with appropriate PPE and supported by staff to see their loved ones safely. Designated areas were also available to facilitate visits outside of people's rooms. The service adhered to up to date visiting guidelines as set out by the government.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

• The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.

While the provider supported people and staff to access regular testing, we found that the frequency of testing for staff did not fully reflect government guidance. We discussed this with the registered manager who assured us they would review their approach immediately. We have also signposted the provider to resources to develop their approach.