

J Parker (Care) Limited Alistre Lodge Nursing & Care Home

Inspection report

J Parker (Care) Limited 67-69 St Annes Road East Lytham St Annes Lancashire FY8 1UR

Tel: 01253726786 Website: www.alistrelodge.co.uk

Ratings

Overall rating for this service

Is the service safe?

Inspected but not rated

Date of inspection visit: 03 March 2022

Date of publication: 23 March 2022

Inspected but not rated

Summary of findings

Overall summary

Alistre Lodge Nursing & Care Home provides accommodation for persons who require support with personal care. The care home accommodates up to 43 people. At the time of the inspection there were 42 people living at the care home

We found the following examples of good practice.

Staff had received training to help ensure their knowledge on infection prevention and control was up to date. Personal protective equipment (PPE) and infection control hand gel was available throughout the home for all staff and visitors. The registered manager and staff told us enough stocks of PPE were available and we confirmed this on the visit. One staff member told us, "If we need it [cleaning products], the provider gets it. During COVID-19 she got everything we needed. She really does look after us."

The home was clean and hygienic. Cleaning schedules were in place with additional cleaning protocols to ensure all high touch points were regularly sanitised. One person told us, "They [staff] all wear the masks, they have to, registered manager makes sure they have their masks. When they come into my bedroom they have to wear masks and gloves. They are very thorough, it's always clean."

People were supported to maintain contact with those who were important to them, in line with current government guidance. Face to face visits took place in designated areas of the home or in bedrooms. Relatives who were essential care givers were welcomed into the home. These visits were risk assessed on an individual basis. Window visits, internet messaging, video and telephone calls were also available and used to maintain contact with loved ones. One relative commented, "I think they are all doing a great job in difficult circumstances."

People living in the home and the staff were tested regularly for COVID-19. There were no staff employed who had not been vaccinated as is now required. The provider's IPC policy was up to date and had been audited during the pandemic to reflect best practice and current guidance.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated



Alistre Lodge Nursing & Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 03 March 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

• The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.

• We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.

• We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.

• We were assured that the provider's infection prevention and control policy was up to date.

• We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

• The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.