

## St Andrews (MPS) Limited

# St Andrews Nursing Home

#### **Inspection report**

Church Bank Stanley County Durham DH9 0DU Tel: 01207 282817 Website:

Date of inspection visit: 28 July 2015 Date of publication: 23/09/2015

#### Ratings

### Overall rating for this service

Good



Is the service effective?

Good



#### Overall summary

We carried out this focused inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

We carried out an unannounced focused inspection of this service on 28 July 2015. A breach of legal requirements was found following the comprehensive inspection on 11 December 2014, the provider wrote to us to say what they would do to meet legal requirements in relation to the breach.

We undertook this focused inspection to check that they had followed their plan and to confirm that they now meet legal requirements. This report only covers our findings in relation to this requirement. At the last inspection on 11 December 2014, we asked the provider to take action to make improvements. We asked the provider to provide staff with a minimum of six one to one supervision sessions annually.

The inspection was led by an adult social care inspector.

The service had a registered manager in place. A registered manager is a person who has registered with the Care Quality Commission to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

You can read the report from our last comprehensive inspection, by selecting the 'all reports' link for St Andrews Nursing Home on our website at www.cqc.org.uk

# Summary of findings

#### The five questions we ask about services and what we found

We always ask the following five questions of services.

#### Is the service effective?

The service was effective.

Good



We found the service had made arrangements to make sure staff employed received a minimum of six one to one supervision sessions per year.



# St Andrews Nursing Home

**Detailed findings** 

#### Background to this inspection

We carried out this focused inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

We reviewed the action plan the provider sent to us following our comprehensive inspection on 11 December 2014. We found the assurances the provider had given in the action plan in order to become compliant with the regulations had been met.

This inspection took place on 28 July 2015 and was unannounced.

Before we visited the home we checked the information that we held about this location and the service provider. We checked all safeguarding notifications raised and enquires received. No concerns had been raised since their last inspection on 11 December 2014.

During this inspection, we checked to see what improvements had been made since our last inspection. We saw all staff employed at the home received a minimum of six one to one supervision sessions per year and an annual appraisal.



### Is the service effective?

## **Our findings**

When we arrived at the home we spoke with the registered manager. She confirmed that all staff employed at the home had received regular one to one staff supervisions and an annual appraisal.

During this inspection, we looked at five care staff supervision records. We saw that all staff had received regular one to one supervision sessions that was relevant to the work they undertook. We spoke with two staff; both confirmed that they received regular supervision and that they found these sessions supported them in their role. Staff also confirmed that they had received an appraisal that promoted their professional development and clinical skills. The registered manager told us these systems provided staff with an opportunity to discuss any issues about their role, or about the people they provided care, treatment and support to. This meant staff were supported and managed at all times and were clear about their lines of accountability.

This section is primarily information for the provider

# **Enforcement actions**

The table below shows where legal requirements were not being met and we have taken enforcement action.