

The Star Nursing Home

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Inspection report

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

The Star Nursing Home provides support with nursing and personal care for older people, some of whom live with dementia. The Star Nursing Home accommodates 30 people in one adapted building. At the time of the inspection there were 26 people living in the service.

We found the following examples of good practice.

The registered manager had introduced monitoring of people's health and temperatures twice daily. As well as this being used to detect whether people were COVID-19 symptomatic, it also enabled the nursing staff to identify on at least four occasions, early signs of other infection.

External staff, such as agency staff were not used. This ensures that staff working within the service do not work in other care services, so therefore reduces the risk of spreading infection.

The registered manager had introduced assistive technology in order to minimise the spread of infection and support the domestic staff. For example, motion sensor lights were being used throughout the service, and being introduced to people's bedrooms. This was to limit the amount of staff touching light switches. New furniture had also been ordered that could be regularly disinfected.

The provider had ordered clear face masks to support staff to communicate with people who had been struggling with staff wearing the face coverings. This will help to reduce people's anxiety and support with effective communication.

Staff at the service had participated in a COVID-19 well-being survey. The survey highlighted that staff felt well-supported. They also felt that they had received enough training in regard to IPC (infection prevention control) and the use of PPE (personal protective equipment).

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We were assured the service were following safe infection prevention and control procedures to keep people safe.

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 23 October 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.