

Fairdene Lodge Care Home Limited

Fairdene Lodge

Inspection report

14-16 Walsingham Road
Hove
East Sussex
BN3 4FF

Tel: 01273735221

Website: fairdenelodge.co.uk

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28 January 2022

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Fairdene Lodge is a residential care home providing accommodation for up to 32 people who require support with personal care, most of whom were living with dementia. At the time of this inspection 29 people were living at the home and receiving support from staff.

We found the following examples of good practice.

People and their visitors were protected from catching and spreading COVID-19. During a recent COVID-19 outbreak the provider had facilitated visits for 'essential care givers'. This is a named person who can still visit during a COVID-19 outbreak. This helped to minimise social isolation for people living at Fairdene Lodge.

All visitors were informed of the requirement to provide a negative Lateral Flow Test (LFT) result and were required to wear Protective Personal Equipment (PPE) in accordance with the provider's COVID-19 policies and procedures.

During the outbreak, people had been encouraged to isolate. Due to the nature of people's needs and understanding, this was not always possible. However, the registered manager and staff took steps to minimise the risk of infection spread. For example, they ensured the areas were well ventilated and encouraged regular handwashing.

The service had a specific housekeeping team who used checklists to ensure regular and consistent cleaning, especially of high touch areas such as light switches. People's rooms were regularly deep cleaned.

Staff were engaged in a regular testing regime and were observed to be wearing PPE in line with government guidance. There were ample supplies of PPE at the home and staff had received specific training in infection prevention and control (IPC).

There were enough staff to support people safely and to cover any staff holidays, sickness and COVID-19 isolation. There had been some pressures on staff numbers however the provider had a contingency plan in place to ensure any staff shortages did not have a direct impact on people's health and safety.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Fairdene Lodge

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 28 January 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.

We have also signposted the provider to resources to develop their approach.