

Cornwallis Care Services Ltd

# Cowbridge residential care home

## Inspection report

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## Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	<b>Inspected but not rated</b>
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# Summary of findings

## Overall summary

Cowbridge Residential Care Home provides accommodation with personal care for up to 30 people. There were 24 people using the service at the time of our inspection. The majority of bedrooms are on the ground floor where communal areas are also present. In the older part of the home bedrooms are on the first floor which is served by a lift. Staff are present on both floors of the home at all times to ensure people's needs are met

We found the following examples of good practice.

The management team were continuing to support staff to contain the COVID-19 outbreak at the service. Daily oversight and careful management of staffing levels had meant staff shortages had been managed effectively. Staffing levels were being supported by the use of the services own workforce and their internal agency system, Cornwallis Extra. Staffing absences, due to COVID-19 infections and other issues had not impacted on staffing levels or the quality of support people received.

The service was following current guidance in relation to visiting care homes during outbreaks of COVID-19. People understood the need for these restrictions and were confident staff were taking appropriate steps to manage the outbreak of the infection. All five people we spoke with were happy with the care they received. Their comments included, "I can't fault them, they [staff] look after me well", "My wife visits me" and "[The staff] wear their masks, we are used to it now".

Two relatives were visiting the service to see their loved one during the inspection. They told us they understood the need for the restrictions in place, were confident staff were taking appropriate steps to manage the outbreak of the infection and felt their family member was being cared for well. They told us "When we visit, we wear PPE and do a test before we come" and "Staff keep in touch, they keep us up to date".

The service had a committed staff team to ensure people received care and support in a safe and hygienic environment. People were supported in the service in accordance with national guidance. The staff team supported people and their relatives to understand the policies and procedures surrounding protection against COVID-19.

Additional cleaning protocols were in place to ensure all high touch points were regularly sanitised.

Personal protective equipment (PPE) was available to all staff and visitors. Staff and people living at the service were regularly tested for COVID-19.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Cowbridge residential care home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 27 January 2022 and was announced. We gave the service 24 hours' notice of the inspection.

During the inspection we spoke briefly with five people and two relatives while maintaining social distancing. We spoke with four staff, quality manager and manager. We gained their feedback on the service performance and visiting arrangements.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- The provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.