

PureCare Care Homes Limited

Rock House

Inspection report

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Kent
ME7 5PY

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Date of inspection visit:
25 February 2022

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Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Rock House is registered to provide accommodation and personal care for up to 15 people with mental health difficulties. Rock house was not registered to provide nursing care. People who required nursing received this from visiting healthcare professionals. At the time of our inspection, the service was full.

We found the following examples of good practice.

The registered manager was following appropriate updated best practice guidance in terms of ensuring visitors to the home did not spread COVID-19. Visitors were asked about their Lateral Flow Test (LFT) result to ensure they were negative before staff facilitated the visit and temperatures were taken. Appropriate updated visiting policy and procedure was in place.

Plans were in place for those who may be required to self-isolate. For those people who may struggle with isolation additional support would be provided. The service had good supplies of personal protective equipment (PPE) such as masks and hand sanitisers that were readily available in the service.

Staff had received training on how to keep people safe during the COVID-19 pandemic and staff were regularly tested for COVID-19 through both the LFT. The building was clean and free from clutter and there were enhanced cleaning practices.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Rock House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 25 February 2022 and was unannounced.

Is the service safe?

Our findings

Staffing

- The registered manager told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.