

Regal Care Trading Ltd

Alpine Care Home

Inspection report

10 Bradbourne Park Road
Sevenoaks
Kent
TN13 3LH

Tel: 01732455537

Date of inspection visit:
04 May 2021

Date of publication:
14 May 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

About the service

Alpine Care Home is a residential care home without nursing for 30 older people. At the time of this inspection there were 22 people living in the service. It can also accommodate people living with dementia and people who have physical and/or sensory adaptive needs. Most people lived with dementia and had special communication needs.

We found the following examples of good practice.

People were supported to see and speak to their relatives safely through a visiting pod which had a strict cleaning schedule. Relatives were also kept up to date regarding the activities within the home via Facebook and WhatsApp groups.

Staff had received training on how to keep people safe during COVID-19 pandemic and staff were regularly tested for COVID-19. Staff had a good supply of PPE to follow current guidance.

Staff ensured the building was clean and free from clutter. Enhanced cleaning practices were also in place to reduce cross contamination.

Risk assessments had been carried out on people and staff regarding COVID-19. This included additional risk assessments for people and staff who may be disproportionately at risk of contracting COVID-19.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Alpine Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 04 April 2021 and was announced.

Is the service safe?

Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.