

Avante Care and Support Limited

Puddingstone Grange

Inspection report

82 Plumstead Common Road
Plumstead
London
SE18 3RD

Tel: 02083170912

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04 March 2021

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Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

About the service

Puddingstone Grange provides residential and nursing care for up to 62 older people; most of whom were living with dementia and mental health needs. At the time of this inspection, 60 people were using the service. The home is purpose built and spread across four units and over two floors.

We found the following examples of good practice.

Appropriate measures were in place to prevent visitors from catching and spreading infections. All visits were booked in advance and visitors were screened for any acute respiratory infections which included a temperature check and a COVID-19 test. All visitors, including health and social care professionals were supported to wear appropriate personal protective equipment (PPE). A dedicated staff member was available to support and oversee all visits, and to ensure government guidance, including social distancing rules, were followed. The service had designated visiting areas to meet individual needs. Staff cleaned these areas between visits to minimise the risk of the spread of infections.

The service had arrangements in place to test both people and staff for COVID-19 in line with current national guidelines. People and some staff had received their first and/or second dose of the COVID-19 vaccines.

Appropriate procedures were in place to ensure people were admitted safely into the service. New admissions needed a negative COVID-19 test result before they moved in. Newly admitted people were also isolated for the first 14 days after admission, in line with national guidelines. Whilst in isolation, staff supported the person with hourly monitoring checks and daily temperature checks to identify and minimise any risks of infection.

Staff were supported through regular training in infection prevention and control (IPC). This training included staff awareness of COVID-19 and the use of PPE. Staff had access to the PPE they needed to keep them and the people they supported safe. The home had designated areas for donning and doffing (putting on and taking off) PPE. Staff wore PPE appropriately and, where preferred, people were supported to wear face masks.

The home appeared clean and free from odour. A cleaning schedule was in place to promote consistent levels of cleaning. The provider had a comprehensive set of policies and procedures, risk assessments and audits in relation to the management of infection control risks and that of COVID-19.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Puddingstone Grange

Detailed findings

Background to this inspection

The inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 4 March 2021 and was unannounced.

Is the service safe?

Our findings

Preventing and controlling infection

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.