

HC-One Beamish Limited

Sutherland Court

Inspection report

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28 October 2020

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Sutherland Court is a care home that is registered to provide accommodation and personal care for a maximum of 74 people, some of who may live with a dementia related condition. At the time of the inspection 64 people were living at the home.

We found the following examples of good practice.

- Information, including national guidance was available throughout the home. These resources were to support staff, people and visitors to understand and follow to safe infection control practices.
- Sufficient stocks of personal protective equipment (PPE) were available. This was appropriately stored and we observed staff to use this safely to reduce the risk of cross contamination and spread of infection. Staff had undertaken training and were aware of how to put on and take off PPE appropriately.
- Infection control champions were in place. These staff had received additional infection control training and were available to provide support and advice to the whole staff team. There were systems in place to ensure infection control audits were carried out and actions were taken to address any areas of improvement.
- Systems were in place to support people and staff to maintain social distancing. This included environmental changes such as, spacing out furniture to encourage people not to sit too close to each other.
- Enhanced cleaning schedules were in place to ensure regularly touched surfaces were cleaned throughout the day.
- Systems were in place to support people to maintain contact with their friends and family. This included people being supported with window and garden visits. In line with updated government guidance, plans were being considered of how to introduce indoor visits for people safely. Technology was also used to support people to maintain contact with their loved ones. This helped minimise the impact of the pandemic on people's wellbeing.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We were assured the service were following safe infection prevention and control procedures to keep people safe.

Inspected but not rated

Sutherland Court

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe, and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 28 October 2020 and was announced.

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.