

Real Life Options

Real Life Options - 12 Linden Road

Inspection report

12 Linden Road
Brotton
Saltburn By The Sea
Cleveland
TS12 2RU

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Website: www.reallifeoptions.org

Date of inspection visit:
24 January 2022

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22 February 2022

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Real Life Options: 12 Linden road is a residential care home for up to six young adults living with a learning disability and / or autism. It is an adapted based in the outskirts of Redcar and Cleveland. At the time of the inspection six people were living at the service.

We found the following examples of good practice.

- Staff worked together as a team to make sure safe staffing levels were in place. They all participated in a regular testing regime. Staff were flexible in their approach when outbreaks of infection occurred. Staff worked quickly to manage risks and to maintain people's normal routines.
- The service was clean throughout and good cleaning regimes were in place. Staff had considered the layout of the service when managing the risks of cross infection.
- People were supported to maintain contact with their loved ones. Staff supported people to go into the community to see their relatives and to have visits into the service. Staff kept people's loved ones up to date.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 24 January 2022 and unannounced.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were somewhat assured that the provider was using PPE effectively and safely. We have also signposted the provider to resources to develop their approach to ensure staff follow safe infection prevention and control guidance consistently.
- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- Visiting arrangements were in-line with Government guidance. Staff supported people to receive visits which met their individual preferences. This included visits into the home and in the community.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.