

#### **Gainford Care Homes Limited**

## Lindisfarne CLS Nursing

#### **Inspection report**

Whitehill Park Chester Le Street County Durham DH2 2EP

Tel: 01913883717

Website: www.gainfordcarehomes.com

Date of inspection visit: 11 December 2020

Date of publication: 15 January 2021

#### Ratings

| Overall rating for this service | Inspected but not rated |
|---------------------------------|-------------------------|
| Is the service safe?            | Inspected but not rated |

## Summary of findings

#### Overall summary

Lindisfarne CLS Nursing is a care home providing personal and nursing care to 36 people aged 65 and over at the time of the inspection, some of whom have a dementia. The service can support up to 56 people.

We found the following examples of good practice:

- Systems were in place to prevent people, staff and visitors from catching and spreading infections.
- Staff had undertaken training in putting on and taking off personal protective equipment (PPE) and other relevant training.
- Staff were observed wearing appropriate PPE and suitable supplies of PPE were readily available.
- Staff supported people's social and emotional wellbeing. People and their relatives were supported to keep in contact using a range of technology.
- The home was clean and additional cleaning of all areas and frequent touch surfaces was being carried out.
- Due to an outbreak of COVID-19 at the time of our inspection, only essential health and compliance visits were taking place. When visits recommenced, plans were in place to safely manage visits in accordance with national guidance. Visits would be staggered to allow for additional cleaning and were by appointment only.
- The home was following national guidance for anyone moving in. Staff worked with people and their relatives to ensure they were aware of self-isolation procedures.
- People were supported to understand the pandemic and the need for infection prevention and control (IPC) measures, such as staff wearing face masks.

#### The five questions we ask about services and what we found

We always ask the following five questions of services.

|  | Is the service safe? | Inspected but not rate |
|--|----------------------|------------------------|
|--|----------------------|------------------------|

Further information is in the detailed findings below.



# Lindisfarne CLS Nursing

**Detailed findings** 

#### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 11 December 2020 and was unannounced.

## Is the service safe?

### Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.