

Cedar Care Homes Limited

Somerhill Care Home

Inspection report

Little Somerford
Chippenham
SN15 5BH

Tel: 01666822363

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11 October 2022

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Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

About the service

Hill House is a residential care home providing accommodation and personal care for up to 40 people. At the time of our inspection there were 23 people living at the service.

Accommodation was provided over three floors accessed by stairs and a lift. People had their own en-suite rooms and access to communal areas such as a lounge and dining room.

People's experience of using this service and what we found

Prior to this inspection we received information of concern about cleanliness and some restrictive practice. This was a targeted inspection carried out to review those specific concerns only.

The home was clean and smelt fresh, we did not find any evidence to substantiate that concern. Staff were observed wearing the correct personal protective equipment (PPE) and there was stock available. Staff were provided with guidance and training on working safely during COVID-19. PPE was disposed of safely and there were handwashing facilities around the home.

One person we reviewed had guidance in place for staff to use when supporting them. Guidance included person-centred strategies to help support the person when experiencing distress. Mental capacity assessments were in place with evidence of best interest decision making. We did not find any evidence of unlawful restrictive practice.

People were able to have visits from friends and family with no restrictions in place.

For more details, please see the full report which is on the CQC website at www.cqc.org.uk

Rating at last inspection

The last rating for the service under the previous provider was good, published on 4 August 2021.

Why we inspected

We undertook this targeted inspection to check on specific concerns we had about cleanliness and restrictive practices. We looked at infection prevention and control measures under the Safe key question. We look at this in all care home inspections even if no concerns or risks have been identified. This is to provide assurance that the service can respond to COVID-19 and other infection outbreaks effectively.

We use targeted inspections to follow up on Warning Notices or to check concerns. They do not look at an entire key question, only the part of the key question we are specifically concerned about. Targeted inspections do not change the rating from the previous inspection. This is because they do not assess all areas of a key question.

Follow up

We will continue to monitor information we receive about the service, which will help inform when we next inspect.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We have not provided a rating as we have not looked at all of the key question at this inspection.

Inspected but not rated

Somerhill Care Home

Detailed findings

Background to this inspection

The inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 (the Act) as part of our regulatory functions. We checked whether the provider was meeting the legal requirements and regulations associated with the Act. We looked at the overall quality of the service and provided a rating for the service under the Health and Social Care Act 2008.

This was a targeted inspection to check on concerns we had about cleanliness and restrictive practices.

As part of this inspection we looked at the infection control and prevention measures in place. This was conducted so we can understand the preparedness of the service in preventing or managing an infection outbreak, and to identify good practice we can share with other services.

Inspection team

This inspection was carried out by two inspectors.

Service and service type

Hill House is a 'care home'. People in care homes receive accommodation and nursing and/or personal care as a single package under one contractual agreement dependent on their registration with us. Hill House is a care home without nursing care. CQC regulates both the premises and the care provided, and both were looked at during this inspection.

Registered Manager

This provider is required to have a registered manager to oversee the delivery of regulated activities at this location. A registered manager is a person who has registered with the Care Quality Commission to manage the service. Registered managers and providers are legally responsible for how the service is run, for the quality and safety of the care provided and compliance with regulations.

At the time of our inspection there was a registered manager in post.

Notice of inspection

This inspection was unannounced.

What we did before the inspection

We reviewed information we had received about the service since the last inspection. The provider was not asked to complete a Provider Information Return (PIR) prior to this inspection. A PIR is information providers send us to give some key information about the service, what the service does well and improvements they plan to make. We used all this information to plan our inspection.

During the inspection

We spoke with three people about their experiences of care received and three members of staff. We reviewed medicines records and one person's care records. We also reviewed training data, one quality monitoring record and one policy and procedure.

Is the service safe?

Our findings

Safe – this means we looked for evidence that people were protected from abuse and avoidable harm.

This is the first inspection of this newly registered service. We have not provided a rating as we have not looked at all of the safe key question at this inspection.

The purpose of this inspection was to check concerns we had about cleanliness and restrictive practice. We will assess the whole key question at the next comprehensive inspection of the service.

Assessing risk, safety monitoring and management

The Mental Capacity Act 2005 (MCA) provides a legal framework for making particular decisions on behalf of people who may lack the mental capacity to do so for themselves. The MCA requires that, as far as possible, people make their own decisions and are helped to do so when needed. When they lack mental capacity to take particular decisions, any made on their behalf must be in their best interests and as least restrictive as possible.

People can only be deprived of their liberty to receive care and treatment when this is in their best interests and legally authorised under the Mental Capacity Act (MCA). In care homes, and some hospitals, this is usually through MCA application procedures called the Deprivation of Liberty Safeguards (DoLS)

- Prior to this inspection we received information about restrictive practice for one person. We reviewed this person's care records and spoke with staff. We did not find any evidence to substantiate the concern.
- We found the service was working within the principles of the MCA and if needed, appropriate legal authorisations were in place to deprive a person of their liberty.

Preventing and controlling infection

- Prior to this inspection we received information of concern about cleanliness. During this inspection we found no evidence to substantiate the concern.
- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was supporting people living at the service to minimise the spread of infection.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was responding effectively to risks and signs of infection.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

Visiting in care homes

- People could have visitors when they wished. There were no restrictions on visiting.