

Whitby Group Practice Surgery - Red

Quality Report

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Website: http://www.whitbygroup.co.uk

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This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

Ratings

Overall rating for this service	Requires improvement	
Are services safe?	Requires improvement	
Are services effective?	Requires improvement	
Are services caring?	Good	
Are services responsive to people's needs?	Good	
Are services well-led?	Requires improvement	

Summary of findings

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Letter from the Chief Inspector of General Practice

This practice is rated as Requires Improvement overall. (Previous inspection 12 November 2015 – Good)

The key questions are rated as:

Are services safe? - Requires Improvement

Are services effective? – Requires Improvement

Are services caring? - Good

Are services responsive? - Good

Are services well-led? - Requires Improvement

As part of our inspection process, we also look at the quality of care for specific population groups. The population groups are rated as:

Older People - Requires Improvement

People with long-term conditions – Requires Improvement

Families, children and young people – Requires Improvement

Working age people (including those retired and students – Requires Improvement

People whose circumstances may make them vulnerable

- Requires Improvement

People experiencing poor mental health (including people with dementia) - Requires Improvement

We rated the population groups as Requires Improvement overall because the issues identified as inadequate and relating to patient safety, effectiveness and providing a well-led service affected all patients.

At this inspection we found:

- Staff understood and fulfilled their responsibilities to raise concerns and report incidents and near misses. However, the system for the management of safety incidents was not robust and needed improvement.
- Staff were able to identify and report safeguarding vulnerable adults and children concerns. However, the training of some staff was not up to date.
- The systems to manage high risk medication needed improvement to ensure sufficient safety measures were in place.
- Improvements were needed to the systems to manage infection prevention and control.
- Recruitment records did not contain all the necessary information to demonstrate the suitability of staff.
- A system was not in place to ensure the required safety checks of the premises took place when they were due.
- Patients' needs were assessed and care was planned and delivered following best practice guidance.
- Staff told us they felt supported and they had access to training and development opportunities appropriate

Summary of findings

to their clinical and non-clinical roles. However, improvements were needed to ensure all staff had completed the generic training they required to ensure safe working practices.

- We saw staff treated patients with kindness and respect.
- Access to the service met patients' needs. Access was monitored to ensure improvements were made if necessary.
 - A system was in place to respond to and investigate patient complaints.
 - The systems to promote good governance and management were not sufficiently robust.

The areas where the provider **must** make improvements as they are in breach of regulations are:

- Ensure recruitment procedures are established and operated effectively to ensure only fit and proper persons are employed.
- Establish effective systems and processes to ensure good governance in accordance with the fundamental standards of care
- Ensure persons employed in the provision of the regulated activity receive the appropriate training necessary to enable them to carry out their duties.
- Ensure care and treatment is provided in a safe way to patients.

The areas where the provider **should** make improvements are:

- The cleaning of clinical areas should be documented by all clinicians. Checks undertaken of the standards of cleanliness provided by the cleaners should be documented.
- The vaccine fridges should be hardwired or the plugs should be labelled to prevent them being turned off accidentally.
- Regular temperature checks of all vaccine fridges should be undertaken.
- A log of MHRA alerts should be maintained so that the action taken and the alert can be referred to.
- The system to ensure alerts are placed on the parents of children where safeguarding concerns have been identified should be reviewed to ensure this alert is placed on all relevant patients' records.
- A risk assessment of the storage of paper patient records should take place.
- The two week rule referral system could be improved by monitoring whether patients had been provided with an appointment.
- Develop a policy and procedure to increase staff awareness of the Accessible Information Standard.

Professor Steve Field (CBE FRCP FFPH FRCGP)Chief Inspector of General Practice

Summary of findings

The six population groups and what we found

We always inspect the quality of care for these six population groups.

Older people	Requires improvement
People with long term conditions	Requires improvement
Families, children and young people	Requires improvement
Working age people (including those recently retired and students)	Requires improvement
People whose circumstances may make them vulnerable	Requires improvement
People experiencing poor mental health (including people with dementia)	Requires improvement



Whitby Group Practice Surgery - Red

Detailed findings

Our inspection team

Our inspection team was led by:

a CQC lead inspector. The team included a second CQC inspector and a GP specialist adviser.

Background to Whitby Group Practice Surgery - Red

Whitby Group Practice Surgery - Red is operated by Whitby Group Practice Surgery - Red. The practice is situated at 114 Chester Road, Whitby, Ellesmere Port, Merseyside, CH65 6TG. The website address is

www.whitbygroup.co.uk. The practice is one of three group practices based within the same building. The three practices jointly own the premises and employ the practice manager, nursing team and administrative and reception staff. The three practice have their own designated administrative team.

The practice provides a range of primary medical services including examinations, investigations and treatments and a number of clinics such as clinics for patients with diabetes, asthma and hypertension.

The practice is responsible for providing primary care services to approximately 6,200 patients.

The staff team includes three general practitioners who are partners and one salaried general practitioner. Five practice nurses, two healthcare assistants, a practice manager, deputy practice manager and administration and reception staff. There are two male GPs, two female GPs and the nursing team are female. In the last 12 months the senior partner and the practice manager have retired. The practice had been unable to recruit a permanent replacement for the senior partner and were struggling to cover all the sessions they had previously worked. The new practice manager has been in post for 10 months.

The practice is open 8am to 6.30pm Monday to Friday. An extended hour's service for routine appointments and an out of hours service are commissioned by West Cheshire CCG and provided by Cheshire and Wirral Partnership NHS Foundation Trust.

The practice has a General Medical Service (GMS) contract. The practice offers a range of enhanced services including minor surgery, minor injuries, anticoagulation and the provision of disease modifying anti-rheumatic medication.



Our findings

We rated the practice as requires improvement for providing safe services. We rated the population groups, as requires improvement for providing safe services.

The practice was rated as requires improvement for providing safe services because staff records did not contain all the required information to demonstrate their suitability, the systems for managing infection control needed to be more robust, a system to ensure safety checks of the premises took place when needed was not in place, staff awareness of safeguarding vulnerable adults and children needed to be improved. The system for the management of safety incidents was not robust to ensure these events were fully investigated and learned from and the processes for managing repeat medication needed improvement.

Safety systems and processes

The practice did not have clear systems to keep patients safe.

- Staff received health and safety information for the practice as part of their induction. The training records showed that a number of staff had not had training relating to safe practices or that refresher training was needed. A system to address this was in the process of being put in place and following the inspection the revised training records showed that 10 staff needed to complete this. The practice manager had carried out an overall risk assessment of the premises and identified where actions were required. We found that the pull cords to window blinds were very long and presented a safety risk. Following the inspection the practice manager informed us that this had been addressed and provided a photograph of how the pull cords had been secured.
- A flow chart was available demonstrating how concerns about children and adults were to be reported. The practice had the local authorities safeguarding policies and procedures from 2016 which did not cover female genital mutilation (FGM) or Prevent strategy (safeguarding from the threat of terrorism) or Child Sexual Exploitation. Staff we spoke to were able to describe how they would refer any concerns to the local authority however some of the clinical and non-clinical

- staff we spoke to were not fully aware of Prevent, Child Sexual Exploitation or FGM. An updated child safeguarding procedure was put in place following the visit to address this. The safeguarding procedures for vulnerable adults were provided by the local authority and accessible to staff on the computer. A shorter more accessible version of this procedure was made available following the inspection.
- The training records showed that the GPs and the nursing team had completed child safeguarding training relevant to their roles. Three GPs and 3 nurses had completed this in 2015. The majority of the reception and administrative staff had completed this training in 2014/ 2015. The majority of staff had completed adult safeguarding training in 2014/2015 and not had recent refresher training. The practice manager told us that a new training system which was in the process of being introduced would assist in keeping staff up to date with this training. This system was implemented following the inspection and a revised training record submitted to us showed staff were completing this and a plan was in place for all staff to undertake this training. Alerts were placed on the records of children where there were safeguarding concerns. We checked records and found that these were not always placed on the parents records too which would help to protect further children. Records showed reports were sent to the local authority when requested and records showed that minutes from meetings from external agencies were stored on patient records.
- The safeguarding lead told us how they worked with other agencies to support patients and protect them from neglect and abuse. There were no formal meetings with the health visiting service to discuss the needs of children where concerns had been identified due to the impracticality of this as a number of health visitors covered the area rather than one designated health visitor. This had been raised with the local Clinical Commissioning Group (CCG). The lead for safeguarding said that these patients were reviewed at partner meetings to ensure that the practice was taking any necessary action.
- We looked at the recruitment records of two administrative staff and one clinician. References had not been recorded for a GP who had been employed for over two years and was a locum at the practice prior to



their employment and references were not in place for two non-clinical staff. During the recruitment process we were informed the practice had attempted to obtain references for the two non-clinical staff but had not recorded these efforts. Following their appointment the practice manager had put in place a proforma for ensuring all recruitment information was obtained.

- Liability insurance was in place for all GPs. However we found one nurse and a health care assistant were not insured. This insurance was applied for immediately and we were provided with evidence that this was now in place. We were informed that a check to ensure this insurance was in place would now occur at regular intervals. Disclosure and Barring Service (DBS) checks were undertaken where required. (DBS checks identify whether a person has a criminal record or is on an official list of people barred from working in roles where they may have contact with children or adults who may be vulnerable). The practice carried out checks of professional registration however this was only recorded for the nursing staff and there was no record of on-going checks of the Performers List and GMC registration. A record of this was provided following the inspection. A recommendation was made at the last inspection that a system to ensure complete documentation is held on staff recruitment files should be established.
- The nurses and health care assistants acted as chaperones and were trained for the role. Some administrative staff had been trained for the role however we were told they were not used and if they were to be a risk assessment or DBS check would be undertaken.
- The clinical areas of the practice were clean and there
 was sufficient access to cleaning materials and
 protective equipment. However, improvements were
 needed to the systems to monitor infection prevention
 and control. The clinical waste was not securely stored.
 It was stored outside the premises in a portable bin that
 was not lockable. Following the inspection this was
 addressed by ensuring the bins were locked and
 securing them to the wall.
- There was a procedure in place for cleaning of clinical areas by clinicians but cleaning was not documented by all clinicians. Cleaning schedules were completed by the cleaners and the practice manager told us that checks were undertaken of the standards of cleanliness

provided by the cleaners, however, this was not documented. The downstairs toilet did not promote good hand hygiene as the tap water was not very warm and there was no testing of water temperatures to identify if this was an issue. The temperature of this sink was adjusted following the inspection. One of the cleaning cupboards had porous walls which would make them difficult to keep clean and the mop heads were dirty and stored with the mop head inside the bucket. Some non-clinical areas of the building such as the corridors appeared discoloured and worn. The practice had access to relevant policies and procedures to support good infection control however these were not all practice specific as they had been developed by a different provider. There was an infection control lead nurse who had completed infection control training and liaised with the local Infection Prevention and Control Team to keep up to date. The training records showed that not all administrative staff and GPs had completed infection control training. . A system to address this was in the process of being put in place and following the inspection the revised training records showed that some staff had completed this and six staff needed to complete this. Hand hygiene training was provided to staff in November 2017. Infection control audits were undertaken with the last one being completed in January 2018.

- During the inspection of another practice that shared the same staff, including cleaning staff we were informed that a recent decision had been made for the cleaners to assemble and dispose of the sharps bins in GP rooms. We were informed that training had been provided to the cleaning staff by a nurse. Training records showed that the cleaning staff had undertaken training in control of substances hazardous to health and health and safety but had not undertaken infection control training.
- The practice had ensured that equipment was safe and that equipment was maintained according to manufacturers' instructions.
- We looked at the records of safety checks relating to the premises. A fire risk assessment had been carried out in November 2017 and a number of actions identified had been addressed. The practice manager confirmed that a plan was in place to address the remaining actions. The fire alarm and extinguishers were maintained by an outside contractor, however the emergency lighting had



not been serviced. Evidence that this had been addressed was provided following the inspection. In-house checks of the fire alarm were taking place but monthly checks of the emergency lighting were not occurring. A system to address this was put in place following the inspection. A fire drill had not taken place in the last 12 months. The practice manager had scheduled a drill for March 2018 and every three months thereafter. The practice had designated fire marshals. The practice manager was looking into providing training for these staff to attend in addition to fire safety training.

• A gas safety inspection had not taken place in the last 12 months although we did see that a maintenance visit by a gas engineer had recently taken place. Evidence that a gas safety inspection had been completed was provided following the inspection. A legionella risk assessment was dated 2013 and had not been reviewed. A risk assessment was completed following the inspection indicating the risk was low and making recommendations that temperature gauges be fitted and routine water temperature tests take place regularly. A recommendation was made at the last inspection that the practice should put a system in place to ensure all health and safety checks were carried out at the recommended frequencies. Following the inspection the practice manager told us they had diarised when these checks were due.

Risks to patients

There were systems to assess, monitor and manage risks to patient safety.

- There were arrangements for planning and monitoring the number and mix of staff needed.
- There was a locum pack and induction for temporary staff.
- Staff understood their responsibilities to manage emergencies on the premises and to recognise those in need of urgent medical attention. For example, clinicians knew how to identify and manage patients with severe infections such as sepsis. Reception staff also knew how to identify sepsis and signs of a stroke.
- When there were changes to services or staff the practice assessed and monitored the impact on safety.

Information to deliver safe care and treatment

Improvements were needed to ensure staff had the information they needed to deliver safe care and treatment to patients.

- The practice had systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.
- Referral letters included all of the necessary information. The medical secretary made a daily check to ensure fast track referrals had been completed. A log was not kept of two week wait referrals so a check could be made to ensure a patient had received and attended an appointment. The two week appointment system was introduced so that any patient with symptoms that might indicate cancer, or a serious condition such as cancer, could be seen by a specialist as quickly as possible. The GPs told us that they had their own individual system of ensuring patients had an appointment and they informed patients to contact the practice if an appointment had not been received.
- Paper patient records were stored in a locked room but on open shelving that may be at risk of damage, for example, from fire or flood. The practice manager reported that they were planning to have all paper records electronically recorded.
- At an inspection of another practice that shared the same administrative staff and computer systems we found that computer records showed a number of unactioned tasks dating back over 12 months across the three practices. When we checked a sample these they had already been appropriately actioned. A team of staff were deployed to check these tasks and they identified the indicated tasks had been appropriately managed. This appears to have occurred as the tasks were allocated to more than one administrative person and they had not completed the necessary action to close the task. It was reported that advice had been taken to ensure this did not occur again and that this advice would be put into a procedure for staff to follow.

Safe and appropriate use of medicines

Improvements were needed to the systems for appropriate and safe handling of medicines.

 Emergency medicines and equipment were available and staff had recently undertaken refresher training in basic life support. We found that an adult defibrillator



pad was out of date. This was replaced following the inspection and a new proforma for carrying out checks that all emergency equipment was in date was introduced.. The vaccines in the main fridges situated in the clinical rooms were managed appropriately. We found a small fridge in the corridor outside the practice manager's office which was potentially accessible to the public and was not locked. This fridge contained vaccines and the temperatures had not been monitored daily since January 2018. The practice responded immediately and removed the vaccines from the fridge and took the fridge out of use. The vaccine fridges were not hardwired which meant that the electricity supply could be interrupted. There was no notice on the plugs to warn against turning the fridges off inadvertently. The practice kept prescription stationery securely and monitored its use.

- Improvements were needed to the management of prescriptions. The GPs told us that the prescription management policy including uncollected prescriptions and repeat prescribing was not referred to regularly by the clinicians, it had been adopted from another practice and dated 2009. Uncollected prescriptions were not monitored by a GP. The receptionists checked uncollected prescriptions and destroyed the printed prescription without bringing this to the attention of a GP. Following the inspection the procedure for uncollected prescriptions was changed to ensure these were checked monthly and uncollected prescriptions reviewed by a GP.
- There were two systems for repeat prescribing followed by the GPs at the practice, a paper system and an electronic system. The paper system was not auditable.
- A clear procedure for the management of repeat prescribing of high risk medications was not available for clinicians to refer to and we found that the management of these medications needed to be more robust to guard against these being issued to patients inappropriately, for example, the medicines manager told us due to work load pressures regular checks on whether patients were being appropriately monitored were not carried out. An alert was on the computer records indicating if a patient needed monitoring prior to the prescription being completed. However this was not in place for all patients on high risk medications. Following the inspection revised actions for

- the management of this medication were introduced. A comprehensive policy and procedure detailing the arrangements for monitoring high risk medication and the actions to be taken by staff was needed to provide clear guidance.
- The pharmacy team from the CCG carried out medication audits. The medicines manager worked closely and implemented actions from these audits. For example, as a result of a recent review the inhalers prescribed for some patients had been changed. The practice accessed their prescribing data produced by the CCG and used this to monitor prescribing. The prescribing lead GP attended meetings with the CCG to look at prescribing practices.

Track record on safety

The practice should improve its systems for demonstrating it had a good safety record.

- Overall, the practice could demonstrate how it had acted on MHRA alerts however a log was not maintained for future reference.
- The practice had reviewed activity following a patient safety incident involving a single use item not being correctly used. This had led to changes in the provision of minor surgery and infection control procedures.

Lessons learned and improvements made

Improvements were needed to how the practice learned and made improvements when things went wrong.

- All staff spoken with knew how to report a significant event however the process was not consistent. Some staff were aware of a significant event reporting form and others said they would email or verbally inform their line manager. There was a computer record of significant events that occurred. These were entered on to a system (DATIX) that enabled them to be shared with NHS England. This meant there was a mixture of significant events on data that combined ones that should be shared externally and ones where in-house action was required.
- We reviewed a sample of four significant events. One did not demonstrate the action taken following a significant event. A further significant event relating to an unexpected death had not been fully documented. The actual event, the action taken and how the learning was



shared were not comprehensively recorded. This significant event related to an urgent blood result not being actioned in a timely manner. The GPs told us the action they had taken as a consequence which included ensuring that a duty GP checked blood results each day. The salaried GP we spoke with told us they were not aware that they should carry out this check. We found that an issue had been reported about the practice of a locum GP which had been responded to appropriately but not recorded as a significant event or looked at to see if there was anything to be learned from this. A further event concerned staff action when a patient was unwell in the waiting area. The staff had responded appropriately however this was not used as an opportunity to reinforce good practice.

- The recording system for significant events did not demonstrate that significant events had been reviewed to identify any patterns or trends or to re-visit actions taken to ensure they were effective.
- Staff told us they were informed of the outcome of significant events. The process for sharing the learning from significant events needed to be more robust to ensure learning and action was cascaded between GPs, nursing and administrative teams. Significant events

- were not always recorded in meeting minutes (for staff unable to attend) and the meetings between the nursing team and GPs from each service were not always taking place 4-6 weekly as planned. The last recorded meeting was September 2017. Although the Datix system could be accessed by any member of staff some nursing and administrative staff said they could not recall how to do so. A recommendation was made at the last inspection that the practice develop a more formal system for GPs and nursing staff to review significant events.
- Following the inspection the practice manager told us that meetings of the different staff groups had been planned to ensure they were held on a frequent basis. Significant events had been added to a standard agenda for these meetings. A meeting had been scheduled across the three practices to look at the management of significant events and we were provided with the proposed draft of a form for recording internal significant events. The practice had also arranged for the CCG clinical lead for quality and safety to provide guidance on making the management of significant events more robust.



(for example, treatment is effective)

Our findings

We rated the practice, and all of the population groups, as requires improvement for providing effective services.

The practice was rated as requires improvement for providing effective services because staff had not had the training needed for their roles.

Effective needs assessment, care and treatment

The clinicians told us how they kept up to date with current evidence-based practice. For example, through external teaching sessions and in-house discussions. Our discussions with clinicians indicated they assessed needs and delivered care and treatment in line with current legislation, standards and guidance.

- Our discussions with clinicians and review of patient records showed patients' needs were overall appropriately assessed. This included their clinical needs and their mental and physical wellbeing.
- · We saw no evidence of discrimination when making care and treatment decisions.
- Staff told us that they advised patients what to do if their condition got worse and where to seek further help and support.
- Staff advised patients what to do if their condition got worse and where to seek further help and support.

Older people:

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- The practice kept up to date registers of patients' health conditions and used this information to plan reviews of health care and to offer services such as vaccinations for flu and shingles.
- The practice was undertaking frailty assessments to identify which patients may be at risk of hospital admissions and developing care plans to support them.
- The practice told us they liaised with other professionals such as district nurses, community matron, social workers and therapists to support the needs of patients.

The GPs told us that they had difficulty establishing frequent multi-disciplinary meetings with the last recorded one being in September 2017. There was not a formal system for updating patient records following these meetings, however multi-disciplinary nursing notes were visible on the patient records.

People with long-term conditions:

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- Patients with long-term conditions had an annual review to check their health and medicines needs were being met. Assessments of conditions were combined to avoid multiple visits to the surgery.
- Staff who were responsible for reviews of patients with long term conditions had received specific training. The nurse who managed diabetes worked closely with the acute to community diabetic clinic to provide a service to patients with diabetes without the need for attendance at a secondary care setting.

Families, children and young people:

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- Childhood immunisations were carried out in line with the national childhood vaccination programme. Uptake rates for the vaccines given were in line with the target percentage of 90% or above.
- The practice provided baby immunisations, baby development checks and postnatal care. Children who did not attend for immunisation were followed up.
- A family planning service and screening for sexually transmitted diseases was provided.

Working age people (including those recently retired and students):

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-



(for example, treatment is effective)

- The practice's uptake for cervical screening was 75%, which was similar to local (76%) and national (72%) uptake but below the 80% coverage target for the national screening programme. This was being addressed through opportunistic screening, reminder letters and placing an alert on patient records when this screening was overdue.
- Lifestyle advice was provided by the practice nurses. For example, advice was provided on smoking cessation and patients were actively encouraged to have a programme for stopping smoking and adopting a lifestyle for reducing the risk of heart disease. Travel advice and vaccinations were also provided.

People whose circumstances make them vulnerable:

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- Services for carers were publicised and a record was kept of carers to ensure they had access to appropriate support. A member of staff acted as a carer's link and they were working to identify carers and promote the support available to them.
 - The practice referred patients to local health and social care services for support, such as drug and alcohol services and benefit advice.
- The practice worked with other agencies and health providers to provide support and access to specialist help when needed. For example, The practice referred patients who were over 18 and with long term health conditions to a well-being co-ordinator for support with social issues that were having a detrimental impact upon their lives.
- A number of staff had attended training in the last 12 months around supporting patients with a learning disability.

People experiencing poor mental health (including people with dementia):

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- The practice maintained a register of patients receiving support with their mental health. Patients experiencing poor mental health were offered an annual review.
- 78% of patients diagnosed with dementia had their care reviewed in a face to face meeting in the previous 12 months. This was above the Clinical Commissioning Group (CCG) average of 82% and the national average of 84%.
- 100% of patients diagnosed with schizophrenia, bipolar affective disorder and other psychoses had a comprehensive, agreed care plan documented in the previous 12 months. This was comparable to the CCG average of 93% and the national average of 90%.
- The practice considered the physical health needs of patients with poor mental health and those living with dementia. For example the percentage of patients experiencing poor mental health who had received discussion and advice about alcohol consumption (practice 100%; CCG 93%; national 91%); and the percentage of patients experiencing poor mental health whose notes recorded smoking status in the previous 12 months (practice 97%; CCG 96%; national 95%) were above local and national averages.

Monitoring care and treatment

The most recent published Quality Outcome Framework (QOF) results were 100% of the total number of points available compared with the clinical commissioning group (CCG) average of 98% and national average of 97%. The overall exception reporting rate was not recorded in the clinical data we reviewed. (QOF is a system intended to improve the quality of general practice and reward good practice. Exception reporting is the removal of patients from QOF calculations where, for example, the patients decline or do not respond to invitations to attend a review of their condition or when a medicine is not appropriate.)

The practice had carried out some quality monitoring in the last 12 months. For example, we saw an audit of diabetic medication prescribing. The practice did not have a system in place to carry out regular audits to ensure compliance with guidelines or to make sure clinical care was effective.

For example, there was no audit of medication reviews, prescribing of high risk medications or minor surgery.



(for example, treatment is effective)

Staff worked with other health and social care services to meet patients' needs. The practice had multi-disciplinary meetings to discuss the needs of patients with complex and palliative care needs.

Effective staffing

Improvements were needed to the system to ensure staff had the training they required for their roles.

- The practice had an induction programme for all newly appointed staff. This covered such topics as fire safety, health and safety and confidentiality as well as employment related matters. Newly employed staff worked alongside experienced staff to gain knowledge and experience. The induction was supported by on-line training modules.
- An appraisal system was in place to ensure staff had an annual appraisal. Doctors had appraisals, mentoring and facilitation and support for their revalidation.
- Staff told us they felt well supported and that they had access to appropriate training to meet their learning needs and to cover the scope of their work. For example, staff whose role included immunisation and taking samples for the cervical screening programme told us they had received specific training and could demonstrate how they stayed up to date. Chaperones had also completed training for this role.
- The training records provided prior to the inspection showed that a number of staff had not completed or needed refresher training in safeguarding adults and children, fire procedures, health and safety, basic life support, infection control, information governance awareness and the Mental Capacity Act 2005 and Deprivation of Liberty Safeguards (DoLS). The practice manager told us that a new system to monitor training was in the process of being introduced that would make it easier to monitor the training needs of a large staff team. The new system sent reminders to staff advising them that training was due and required completion. The practice manager told us that staff shortages and computer difficulties had resulted in the protected learning time not always being possible in the last 12 months. Following the inspection we were provided with a revised training matrix which provided an up to date reflection of the training completed. This showed that although some staff still needed to complete all their training since the inspection a number of staff had

taken action to complete outstanding training. The practice manager told us that in order to bring all staff up to date they had offered overtime payments to encourage completion. The practice manager also told us that they were monitoring which staff still needed to undertake training to ensure completion.

- Clinical staff told us they attended training events provided by the Clinical Commissioning Group to keep up to date. For example, the GPs had attended teaching sessions concerning sepsis and one of the GPs had designed a template for children's sepsis which had been shared with the other two practices in the building.
- The practice manager told us that they had policies and procedures in place for supporting and managing staff when their performance was poor or variable.

Coordinating care and treatment

Staff worked together and with other health and social care professionals to deliver care and treatment.

- The information needed to plan and deliver care and treatment was available to relevant staff through the practice's patient record system and their intranet system. This included assessments, medical records and test results.
- There were systems in place to ensure relevant information was shared with other services in a timely way, for example when people were referred to other services and the out of hours services.
- Our discussions with clinicians and records showed that appropriate staff, including those in different teams, services and organisations, were involved in assessing, planning and delivering care and treatment.
- The practice had multi-disciplinary meetings to discuss the needs of patients with complex and palliative care needs. Records where made of patients wishes and needs regarding death. However an audit had not taken place to see if patients had died in their preferred place or to determine which deaths were due to non-cancer related conditions.

The practice identified patients who may be in need of extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.



(for example, treatment is effective)

- Staff told us how they encouraged and supported patients to be involved in monitoring and managing their health. A blood pressure monitoring machine was available in reception for use by patients.
- Staff told us how they discussed changes to care or treatment with patients and their carers as necessary.
- The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.

Consent to care and treatment

The practice obtained consent to care and treatment in line with legislation and guidance.

- Clinicians understood the requirements of legislation and guidance when considering consent and decision making.
- Clinicians supported patients to make decisions. They told us that where appropriate, they assessed and recorded a patient's mental capacity to make a decision. Some clinical staff told us they had not undertaken formal training in the Mental Capacity Act 2005 and Deprivation of Liberty Safeguards (DoLS) although they had read guidance. This training had not been provided to administrative staff.



Are services caring?

Our findings

We rated the practice as good for providing caring services.

We rated the population groups as requires improvement because the issues identified as requires improvement overall affected all patients.

Kindness, respect and compassion

Staff treated patients with kindness, respect and compassion.

- We observed that staff treated patients with kindness and respect.
- The practice gave patients timely support and information.
- Reception staff knew that if patients wanted to discuss sensitive issues or appeared distressed they could offer them a private room to discuss their needs.
- The practice sought patient feedback by utilising the Friends and Family test. The NHS friends and family test (FFT) is an opportunity for patients to provide feedback on the services that provide their care and treatment. It was available in GP practices from 1 December 2014. Results from October to December 2017 showed there had been 200 responses completed and of the respondents 188 (94%) were either extremely likely or likely to recommend the practice.
- No patient Care Quality Commission comment cards were received. We spoke to one patient who said staff were kind and treated them with respect.

Results from the July 2017 annual national GP patient survey showed patients felt they were treated with compassion, dignity and respect. Two hundred and ninety eight surveys were sent out and 124 were returned. This represented about 2% of the practice population. Results were in line with local and national averages: For example:

• 94% of patients who responded said the GP was good at listening to them compared with the clinical commissioning group (CCG) average of 92% and the national average of 89%.

- 98% of patients who responded said they had confidence and trust in the last GP they saw; CCG - 97%; national average - 96%.
- 88% of patients who responded said the last GP they spoke to was good at treating them with care and concern; CCG-89%; national average - 86%.
- 95% of patients who responded said the nurse was good at listening to them; CCG - 92%; national average -91%.
- 100% of patients who responded said they had confidence and trust in the last nurse they saw; CCG -98%; national average - 97%.
- 95% of patients who responded said the last nurse they spoke to was good at treating them with care and concern; CCG - 92%; national average - 91%.
- 84% of patients who responded said they found the receptionists at the practice helpful; CCG - 87%; national average - 87%.

Involvement in decisions about care and treatment

Staff helped patients be involved in decisions about their care and they could describe how they did this however they were not aware of the Accessible Information Standard (a requirement to make sure that patients and their carers can access and understand the information they are given):

- Interpretation services were available for patients who did not have English as a first language. We saw notices in the reception areas, including in languages other than English, informing patients this service was available.
- A nurse and a member of the administrative team were able to communicate with British Sign Language.
- Staff communicated with patients in a way that they could understand, for example, communication aids were available and some written information could be made available in large print.
- Staff told us they helped patients and their carers find further information and access community and advocacy services.

The practice identified patients who were carers. Written information was available to direct carers to the various



Are services caring?

avenues of support available to them. Carers were provided with information about support groups and organisations. The practice had identified 156 patients as carers (2.5% of the practice list).

- A member of staff acted as a carers' champion and they were working to identify further carers to ensure they had access to appropriate support.
- Clinical staff referred patients on to counselling services for emotional support, for example, following bereavement. Staff told us that following a bereavement the patient's family were contacted to check if any extra support was needed.

Results from the national GP patient survey showed patients responded positively to questions about their involvement in planning and making decisions about their care and treatment. Results were in line with local and national averages:

• 95% of patients who responded said the last GP they saw was good at explaining tests and treatments compared with the clinical commissioning group (CCG) average of 89% and the national average of 86%.

- 89% of patients who responded said the last GP they saw was good at involving them in decisions about their care; CCG - 85%; national average - 82%.
- 94% of patients who responded said the last nurse they saw was good at explaining tests and treatments; CCG -91%; national average - 90%.
- 90% of patients who responded said the last nurse they saw was good at involving them in decisions about their care; CCG - 87%; national average - 85%.

Privacy and dignity

The practice respected and promoted patients' privacy and dignity.

- Staff recognised the importance of treating patients with dignity and respect.
- The practice protected patient confidentiality by providing written guidance to staff about information governance and confidentiality. The training records indicated a number of staff either needed formal training in this or needed refresher training. The practice manager informed us that a plan was in place to address this.



Are services responsive to people's needs?

(for example, to feedback?)

Our findings

We rated the practice as good for providing responsive services.

We rated the population groups as requires improvement because the issues identified as requires improvement overall affected all patients.

Responding to and meeting people's needs

The practice organised and delivered services to meet patients' needs. It took account of patient needs and preferences.

- The practice understood the needs of its population and tailored services in response to those needs. (For example, it provided online services such as repeat prescription requests, advanced booking of appointments and advice for common ailments). A text messaging service reminded patients about their appointments and helped to reduce missed appointments.
- The facilities and premises were appropriate for the services delivered. Access for wheelchair users had been assessed and improvements made to the premises to improve accessibility.
- Longer appointments were made at a patients request and for certain patients who required them, for example for child health surveillance, post-natal care and health checks of patients with a learning disability.

Older people:

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- A register of housebound patients was maintained and services were delivered to meet their needs. For example, GPs provided home visits and the practice nurses visited these patients to administer influenza vaccinations.
- The practice was working with the Clinical Commissioning Group and local practices to develop pathways for responding to falls and ensuring quick assessment and appropriate treament for patients with pneumonia.

 The practice had developed an early visiting service over the last two years to ensure timely assessment and access to services. This practice was now commissioning another provider to provide this service to ensure it continued.

People with long-term conditions:

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- Patients with a long-term condition received an annual review to check their health and medicines needs were being appropriately met.
- The practice ran vascular clinic appointments for example for those patients with renal disease, ischemic heart disease and hypertension to avoid multiple surgery visits and provide continuity of care.

Families, children and young people:

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- The provider told us there were systems to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances.
- All parents or guardians calling with concerns about a child under the age of 18 were offered a same day appointment when necessary.

Working age people (including those recently retired and students):

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

 On-line appointment booking, repeat prescription ordering and e-consult (on-line consultation service) were available which supported patients who were unable to attend the practice during normal working hours.



Are services responsive to people's needs?

(for example, to feedback?)

- The practice could refer patients to an extended hours service that operated across the West Cheshire area.
- Reception staff sign posted patients who may not need to see a GP. Phlebotomy services were provided at the practice. Patients were also able to access the Physio First that provided them with direct access to a physiotherapist without needing to see a GP.

People whose circumstances make them vulnerable:

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- The practice told us that they worked with the community care team to identify patients who were becoming frail and therefore vulnerable. The practice held a register of patients living in vulnerable circumstances including those with a learning disability.
- The provider told us that they ensured patients with a learning disability had their needs reviewed annually and were offered longer appointments. Alerts were placed on the computer system to identify these patients. Where possible health action plans were produced for these patients alongside their carers to support their continuing healthcare needs.

People experiencing poor mental health (including people with dementia):

This population group was rated as requires improvement because the issues identified as requires improvement overall affected all patients including this population group. However, we found:-

- The practice told us how they worked with multi-disciplinary teams to support patients experiencing poor mental health, including those with dementia. They told us that they liaised with community psychiatric nurses to discuss care plans but there was not a system of regular meetings in place.
- The practice referred patients to appropriate services such as memory clinics, psychiatry and counselling services. Patients were also signposted to relevant services such as Age UK, and the Alzheimer's Society.
- The staff team had received training in dementia awareness to assist them in identifying patients who may need extra support.

Timely access to the service

Patients were able to access care and treatment from the practice within an acceptable timescale for their needs.

- Patients had timely access to appointments.
- Waiting times, delays and cancellations were managed appropriately.
- Patients with the most urgent needs had their care and treatment prioritised.
- The appointment system was easy to use.

Results from the July 2017 annual national GP patient survey showed that patients' satisfaction with how they could access care and treatment was comparable to local and national averages. Two hundred and ninety eight surveys were sent out and 124 were returned. This represented about 2% of the practice population. Results were in line with local and national averages: For example:

- 78% of patients who responded were satisfied with the practice's opening hours compared with the clinical commissioning group (CCG) average of 78% and the national average of 76%.
- 64% of patients who responded said they could get through easily to the practice by phone; CCG 70%; national average 71%.
- 86% of patients who responded said that the last time they wanted to speak to a GP or nurse they were able to get an appointment; CCG 86%; national average 84%.
- 88% of patients who responded said their last appointment was convenient; CCG - 85%; national average - 81%.
- 76% of patients who responded described their experience of making an appointment as good; CCG 76%; national average 73%.
- 62% of patients who responded said they don't normally have to wait too long to be seen; CCG 59%; national average 58%.

No patients returned CQC comment cards. We spoke to one patient who said they had got a routine appointment within 10 days but that normally this was quicker.

Listening and learning from concerns and complaints



Are services responsive to people's needs?

(for example, to feedback?)

The practice took complaints and concerns seriously and responded to them appropriately to improve the quality of care.

- Information about how to make a complaint or raise concerns was available. Staff treated patients who made complaints compassionately.
- The complaint policy and procedures were in line with recognised guidance. Ten complaints were received in the last year. We reviewed two complaints and found that they were satisfactorily handled in a timely way.

The practice looked at how it could learn from individual concerns and complaints. For example, staff had been issued with guidance about appointments for patients visiting the area. The practice manager told us that the practice reviewed complaints to assist in identifying any patterns or trends. For example, staff attitude had been identified as a theme and the practice manager had addressed this at a staff meeting.

Are services well-led?

Requires improvement



(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

Our findings

We rated the practice, and all of the population groups, as requires improvement for providing a well-led service.

The practice was rated as requires improvement for well-led because:

Improvements were needed to leadership and governance systems to ensure safe and effective services were provided to patients.

Leadership capacity and capability

Improvements were needed to leadership in order to provide good quality care.

- Improvements were needed to the leadership systems to ensure that there were clear processes in place to provide safe services to patients. We found that the systems for recruiting staff, managing medication, staff training, infection control, safety checks of the premises, the management of significant events and auditing the provision of the service to ensure it was safe and effective were not robust.
- Staff told us that the partners and practice manager were approachable and asked for their opinion on the operation of the service.
- Meetings took place to discuss the operation of the service. The GPs, nurses and administrative staff met in their own teams. There was a system of sharing information between the GPs, nursing and administrative teams. However this means of keeping staff up to date was not always effective for sharing information about significant events and clinical updates. This was because sometimes not all members of staff could attend and minutes were not always fully documented. Nursing staff told us they met with the GPs but they did not consider these to be frequent enough or there to be sufficient time to discuss significant events in detail, share clinical updates or other operational matters. The last meeting between the GPs and nurses was September 2017.

 The nursing team was led by a senior nurse who had a clear strategy to ensure nursing services were delivered appropriately. They had developmental, training and succession plans. The nursing team said they were approachable and supportive.

Vision and strategy

- The practice had a vision to deliver good quality care and promote good outcomes for patients. However, improvements were needed to service delivery to ensure good outcomes and quality care were consistently maintained.
- Staff we spoke with were patient focused and wanted to provide a good service.

Culture

The culture of the practice was to promote good quality care.

- Staff stated they felt respected, supported and valued. They felt patients got a good service.
- Leaders and managers told us how they acted on behaviour and performance that did not promote the service positively or promote good patient care.
- · Openness, honesty and transparency were demonstrated when responding to incidents and complaints. The provider was aware of and had systems to ensure compliance with the requirements of the duty of candour.
- Staff we spoke with told us they were able to raise concerns and were encouraged to do so. They had confidence that these would be addressed.
- Nursing staff told us they were considered valued members of the practice team. However they said they would like greater opportunities to meet with the GPs to discuss clinical issues and the operation of the service. They said at present they felt they did not belong to either of the three practices.

Governance arrangements

Improvements were needed to the systems in place to support good governance and management.

Requires improvement

Are services well-led?

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

- Practice leaders had not established proper policies, procedures and activities to ensure safety and assure themselves that they were operating as intended.
- Recruitment checks had not been overseen to ensure that all the necessary information was available such as references and appropriate indemnity insurance.
- Reviews of significant events were not taking place to demonstrate that action identified had been effective and to identify any patterns that may require action. The process of sharing the learning from these events needed to be more robust to prevent events re-occurring. The recording of significant events did not fully demonstrate, the event, the action taken and how learning was shared.
- Infection control audits were not sufficiently robust to identify all action that was required. The policies and procedures to support good infection control were not all practice specific as they had been developed by a different provider.
- A system was not in place to ensure safety checks of the premises occurred at the required frequencies.
- The procedures for the management of medicines were not practice specific and had not been recently reviewed. The management of high risk medication needed improvements to ensure it was more robust.
- Audits of the service provided to ensure it was safe and effective had not taken place. For example, there was no audit of medication reviews, prescribing of high risk medications or minor surgery.
- Staff had received an annual appraisal and they had undertaken training to support them in their specific roles, such as cytology, immunisations and minor surgery. However, the training records showed that the generic training which was completed by all staff was not up to date or had not been completed. Following the inspection we were provided with a revised training matrix. This showed that although some staff still needed to complete all their training a number of staff had taken action to complete outstanding training. The practice manager told us that in order to bring all staff up to date they had offered overtime payments to encourage completion. The practice manager also told us that they were monitoring which staff still needed to undertake training to ensure completion.

Managing risks, issues and performance

The systems for managing risk needed to be improved:-

- There were systems in place to identify risks however they were not robust. Improvements were needed to the systems for recruiting staff, managing medication, staff training, infection control, safety checks of the premises, documenting and learning from significant events and auditing the provision of the service to ensure it was safe and effective.
- The performance of employed clinical staff could not always be demonstrated through audit of their consultations and prescribing and referral decisions. The nurse prescriber had quarterly meetings with their mentor GP who looked at their prescribing practices which was documented. The salaried GP met with a partner GP on a regular basis however this was informal and not documented.
- · Practice leaders had oversight of MHRA alerts and complaints. The practice could demonstrate how it had acted on MHRA alerts however a log was not maintained for future reference.
- There was no system in place to carry out clinical audits to ensure the service was safe and effective.
- The practice used the Quality and Outcomes Framework (QOF) and other performance indicators to measure their performance.
- The practice had a business continuity plan which covered major incidents such as power failure or building damage and included emergency contact numbers for staff.

Appropriate and accurate information

The practice acted on appropriate and accurate information.

- Quality and operational information was used to monitor performance. The practice monitored how it performed in relation to local and national practice performance. There were plans to address any identified weaknesses.
- Quality and sustainability were discussed in relevant meetings.
- The provider submitted data or notifications to external organisations as required.

Requires improvement



Are services well-led?

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

- The practice manager told us that there were arrangements in place for data security standards to be maintained.
- A policy and procedure to increase staff awareness of the Accessible Information Standard was not in place.

Engagement with patients, the public, staff and external partners

The practice encouraged and valued feedback from patients, staff and external partners.

- The views and concerns of patients', staff and external partners' were encouraged. For example, the practice gathered feedback from staff through staff meetings and informal discussion. The practice had a system for the management of complaints. The practice sought patient feedback by utilising the Friends and Family test.
- There was an active patient participation group (PPG). We met with representatives of the PPG who told us they were kept informed about any changes at the practice and worked with the practice to find solutions to issues raised by patients. The practice manager was working with the PPG to identify more members and to identify further ways they could be involved in the operation of the service.
- The service was collaborative with stakeholders about performance.

Continuous improvement and innovation

There were processes for learning, continuous improvement and innovation. Improvements were needed to how learning was shared.

• The practice worked with other practices and the CCG to improve patient care. The practice was currently involved in developing a falls and pneumonia management pathway to improve patient care. The practice was working with a local trust to develop and improve the community matron role so that better use could be made of these clinicians. The practice was also

- participating in the CCG's Repeat Prescribing project. A designated member of the administrative team liaised with patients requesting repeat prescriptions to ensure these were necessary.
- The practice encouraged continuous learning. For example, one nurse had recently completed advanced spirometry training and another nurse was training to be an advanced nurse practitioner.
- The practice manager had been in post for ten months and had a number of plans to improve the service. They were in the process of merging the reception and administrative teams which would enable single processes and make patient experience more streamlined as currently each of the three group practices operated differently. The partners from the three practices in the building were looking at merging together or becoming part of a larger federated practice with neighbourhood practices.
- The practice had reviewed its services to ensure access was appropriate to meet the needs of its patients. For example, they offered econsult as a means of helping patients to access the service outside of normal operating hours. On-line appointment booking was being extended to allow patients with long term conditions to book their annual reviews in advance.
- The practice was planning to make adjustments to the premises to provide more space for further clinical services and becoming a training practice for student GPs and nurses.
- The practice made use of internal and external reviews of incidents and complaints. However improvements were needed to how learning was shared.
- The practice told us that increased complexity of patient needs, difficulty in recruiting salaried GPs, secondary care services moving to primary care without additional funding, under resourced community teams has created a very challenging environment.

Requirement notices

Action we have told the provider to take

The table below shows the legal requirements that were not being met. The provider must send CQC a report that says what action they are going to take to meet these requirements.

Regulated activity	Regulation
Diagnostic and screening procedures	Regulation 12 HSCA (RA) Regulations 2014 Safe care and
Family planning services	treatment
Maternity and midwifery services	How the regulation was not being met
Services in slimming clinics	 A clear procedure for the management of high risk medications was not available for clinicians to refer t guard against this being issued to patients inappropriately.
Treatment of disease, disorder or injury	
	 The procedure for the management of uncollected prescriptions introduced post inspection needs to be monitored to ensure all staff understand it and it works effectively.
	 The paper system of repeat prescriptions needs to be reviewed to provide a consistent approach that can be audited.
	 Checks of emergency equipment need to be regularly carried out to identify if equipment needs replacing.
	This was in breach of regulation 12 (1)

Regulated activity Regulation Diagnostic and screening procedures Regulation 17 HSCA (RA) Regulations 2014 Good governance Family planning services Systems or processes must be established and operated Maternity and midwifery services effectively to ensure compliance with the requirements Services in slimming clinics of the fundamental standards as set out in the Health and Social Care Act 2008 (Regulated Activities) Treatment of disease, disorder or injury Regulations 2014 How the regulation was not being met The registered person had systems or processes in place

that were operating ineffectively in that they failed to enable the registered person to assess, monitor and improve the quality and safety of the services being provided.

Requirement notices

The registered person had systems or processes in place that were operating ineffectively in that they failed to enable the registered person to maintain records as are necessary to be kept in relation to the management of the regulated activity.

In particular:

- Reviews of significant events were not taking place to demonstrate that action identified had been effective and to identify any patterns that may require action. The process of sharing the learning from these events needed to be more robust to prevent events re-occurring. The recording of significant events did not fully demonstrate, the event, the action taken and how learning was shared.
- A system to ensure that all relevant staff had liability insurance was not in place.
- · Infection control audits were not sufficiently robust to identify all action that is required and the policies and procedures to support good infection control were not practice specific.
- A system was not in place to ensure safety checks of the premises occurred at the required frequencies.
- There was no system in place to undertake regular audits.
- The system for ensuring tasks relating to patient care and treatment have been carried out needs to be reviewed to ensure that records are accurately maintained.

This was in breach of regulation 17 (1)

Regulated activity

Diagnostic and screening procedures

Family planning services

Maternity and midwifery services

Surgical procedures

Treatment of disease, disorder or injury

Regulation

Regulation 18 HSCA (RA) Regulations 2014 Staffing

How the regulation was not being met

The registered person had failed to ensure that persons employed in the provision of the regulated activity received such training as was necessary to enable them to carry out the duties they were employed to perform. In particular:-

Requirement notices

Monitoring of staff training was needed to ensure they completed all training relevant for their role, particularly training in health and safety, fire safety, infection control, safeguarding adults and children, information governance and Mental Capacity Act 2005 and Deprivation of Liberty Safeguards (DoLS).

This was in breach of regulation 18 (2)

Regulated activity

Diagnostic and screening procedures

Family planning services

Maternity and midwifery services

Surgical procedures

Treatment of disease, disorder or injury

Regulation

Regulation 19 HSCA (RA) Regulations 2014 Fit and proper persons employed

How the regulation was not being met

The registered person had not ensured that all the information specified in Schedule 3 of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014 was available for each person employed. In particular:

• Written references were not available for staff to demonstrate their conduct in previous employment.

This was in breach of regulation 19 (1), (2), (3)