

Southern Healthcare (Wessex) Ltd

Sefton Hall

Inspection report

11 Plantation Terrace
Dawlish
Devon
EX7 9DS

Tel: 01626863125
Website: www.southernhealthcare.co.uk

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15 January 2021

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Sefton Hall is a care home providing personal and nursing care for up to 50 people. 44 people were living there at the time of the inspection. Sefton Hall is a large building with accommodation over two floors and a variety of communal spaces both indoors and out.

We found the following examples of good practice.

People were supported to maintain relationships with their loved ones in creative ways. For example, in the early stages of the Covid-19 pandemic the home introduced 'drive through' visiting, an initiative which was reported by local media. The home also took part in a pilot using 30-minute lateral flow tests to enable people to have close contact visits in the safest way possible.

The staff made efforts to ensure people did not feel isolated by the lack of contact with family, friends and the community. For example, each year the staff and people living at Sefton Hall take part in the local community carnival. Because this had been cancelled staff recreated it within the grounds of the home by building a float, wearing fancy dress and holding games and competitions. Activities were risk assessed and a balance struck to endeavour to keep life stimulating for people, whilst minimising risk. The registered manager told us "staff have tried to replace family as much as they can".

The provider used funding available to create an 'isolation unit' within the building. This included 11 en-suite bedrooms, a kitchen and a wet room. This was part of the homes contingency plans should people living with dementia, who would find it difficult to isolate in their own bedrooms in the main part of the home, test positive for Covid-19.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated.

Inspected but not rated

Sefton Hall

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 15 January 2021 and was announced.

Is the service safe?

Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.