

# Skin55 Limited 55 Harley Street

### **Inspection report**

55 Harley Street London W1G 8QR Tel: 0203 757 5631 Website: www.skin55.co.uk

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#### Ratings

Overall rating for this service	Good	
Are services safe?	Good	
Are services effective?	Good	
Are services caring?	Good	
Are services responsive to people's needs?	Good	
Are services well-led?	Good	

#### **Overall summary**

#### This service is rated as Good overall.

The key questions are rated as:

Are services safe? - Good

Are services effective? - Good

Are services caring? - Good

Are services responsive? - Good

Are services well-led? - Good

We carried out an announced comprehensive inspection at 55 Harley Street as part of our inspection programme. 55 Harley Street is a consultant led dermatology centre providing diagnosis and treatment of both acute and chronic skin disease.

The lead clinician is the registered manager. A registered manager is a person who is registered with the Care Quality Commission to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

### Summary of findings

We did not receive any competed CQC comment cards however we spoke with five people who used the service and all the feedback was very positive.

#### Our key findings were:

- The clinic provided care in a way that kept patients safe and protected them from avoidable harm.
- Patients received effective care and treatment in accordance with evidence-based guidance.
- Patients reported that they were treated with kindness and respect and they were involved in decisions about their care.
- The clinic organised and delivered services to meet patients' needs. Patients could access care and treatment in a timely way.

• The way the clinic was led and managed promoted the delivery of high-quality, person-centre care.

The areas where the provider **should** make improvements are:

- Review safeguarding training requirements for non-clinical staff to ensure that it is in line with intercollegiate guidance.
- Continue to develop quality improvement activity.

**Dr Rosie Benneyworth BM BS BMedSci MRCGP**Chief Inspector of Primary Medical Services and Integrated Care



# 55 Harley Street

### Background to this inspection

Skin55 Limited is a consultant led provider of specialist dermatology services located at 55 Harley Street, London, W1G 8QR. The location has five floors and a lower ground floor. The reception, waiting room and administrative offices are on the ground floor as well as accessible toilet facilities. The lower ground floor is the main area for therapies which includes a laser room, two rooms for minor surgical procedures and a nurse treatment room which includes equipment for phototherapy. There are ten consultation rooms throughout the premises as well as regular toilet facilities. There is lift access to all floors.

The clinic employs a manager, three nurses and two reception staff. The nursing staff consist of a band 7 equivalent nurse and two band 6 equivalent nurses.

There are 14 consultant dermatologists who rent rooms from the provider and work under practising privileges (the granting of practising privileges is a well-established process within independent healthcare whereby a medical practitioner is granted permission to work in an independent hospital or clinic, in independent private practice, or within the provision of community services). All the consultants hold NHS substantive positions. The consultants source their own patients and provide care and treatment with the support of the providers nursing team. One of the nurses specialises in skin cancer, a second nurse leads on dermatology and a third nurse leads on minor surgery.

Services provided include skin cancer care, medical and surgical dermatology (under local anaesthetic), laser treatment, phototherapy, mole mapping and wound care.

The clinic is open 8.30am to 8pm Monday to Friday and 8.30am to 12pm every Saturday. The clinic provides care and treatment for approximately 200 people a week.

#### How we inspected this service

To get to the heart of patients' experiences of care and treatment, we always ask the following five questions:

- Is it safe?
- Is it effective?
- Is it caring?
- Is it responsive to people's needs?
- Is it well-led?

These questions therefore formed the framework for the areas we looked at during the inspection.

Our inspection team was led by a CQC lead inspector. The team included a specialist adviser.

### Are services safe?

### Our findings

#### We rated safe as Good because:

- There was a system for reporting, investigating and learning from significant events and incidents.
- There were safety systems and processes in place including effective systems for safeguarding, infection control and medicine management.
- There were effective arrangements to respond to emergencies and major incidents.

#### Safety systems and processes

### The service had clear systems to keep people safe and safeguarded from abuse.

- The provider conducted safety risk assessments. It had appropriate safety policies, which were regularly reviewed and communicated to staff including locums. They outlined clearly who to go to for further guidance. Staff received safety information from the service as part of their induction and refresher training. The service had systems to safeguard children and vulnerable adults from abuse.
- The service had systems in place to assure that an adult accompanying a child had parental authority.
- The provider carried out staff checks at the time of recruitment and on an ongoing basis where appropriate. Disclosure and Barring Service (DBS) checks were undertaken where required. (DBS checks identify whether a person has a criminal record or is on an official list of people barred from working in roles where they may have contact with children or adults who may be vulnerable).
- Clinical staff had received up-to-date safeguarding and safety training appropriate to their role. They knew how to identify and report concerns. However, reception staff had not completed safeguarding children training to level 2 which is a requirement as outlined in the Intercollegiate safeguarding guidelines.
- There was an effective system to manage infection prevention and control and a Legionella risk assessment had been carried out.
- The provider ensured that facilities and equipment were safe, and that equipment was maintained according to manufacturers' instructions. There were systems for safely managing healthcare waste.

• The provider carried out appropriate environmental risk assessments, which took into account the profile of people using the service and those who may be accompanying them.

#### **Risks to patients**

### There were systems to assess, monitor and manage risks to patient safety.

- There were arrangements for planning and monitoring the number and mix of staff needed.
- There was an effective induction system for consultants new to the premises.
- Staff understood their responsibilities to manage emergencies and to recognise those in need of urgent medical attention. They knew how to identify and manage patients with severe infections, for example sepsis.
- All staff had received annual basic life support training.
- When there were changes to services or staff the service assessed and monitored the impact on safety.
- There were appropriate indemnity arrangements in place to cover all potential liabilities.

#### Information to deliver safe care and treatment

### Staff had the information they needed to deliver safe care and treatment to patients.

- Individual care records were written and managed in a way that kept patients safe. The care records we saw showed that information needed to deliver safe care and treatment was available to relevant staff in an accessible way.
- The service had systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.
- The service had a system in place to retain medical records in line with Department of Health and Social Care (DHSC) guidance in the event that they cease trading.
- Clinicians made appropriate and timely referrals in line with protocols and up to date evidence-based guidance.

#### Safe and appropriate use of medicines

### The service had reliable systems for appropriate and safe handling of medicines.

### Are services safe?

- The systems and arrangements for managing medicines including emergency medicines and equipment minimised risks. The service kept prescription stationery securely and monitored its use.
- Staff prescribed, administered or supplied medicines to patients and gave advice on medicines in line with legal requirements and current national guidance. Processes were in place for checking medicines and staff kept accurate records of medicines. Where there was a different approach taken from national guidance there was a clear rationale for this that protected patient safety.

#### Track record on safety and incidents

#### The service had a good safety record.

- There were comprehensive risk assessments in relation to safety issues.
- The service monitored and reviewed activity. This helped it to understand risks and gave a clear, accurate and current picture that led to safety improvements.

#### Lessons learned and improvements made

### The service learned and made improvements when things went wrong.

• There was a system for recording and acting on significant events. Staff understood their duty to raise concerns and report incidents and near misses. Leaders and managers supported them when they did so.

There were adequate systems for reviewing and investigating when things went wrong. The service learned and shared lessons identified themes and took action to improve safety in the service. There was evidence that the provider had made improvements to the service following investigation and analysis of significant events. For example, a medicine dose error led to staff refresher training in dose calculation. The incident was discussed in a staff meeting to share learning.

The provider was aware of and complied with the requirements of the Duty of Candour. The provider encouraged a culture of openness and honesty. The service had systems in place for knowing about notifiable safety incidents

When there were unexpected or unintended safety incidents:

- The service gave affected people reasonable support, truthful information and a verbal and written apology.
- They kept written records of verbal interactions as well as written correspondence.
- The service acted on and learned from external safety events as well as patient and medicine safety alerts. The service had an effective mechanism in place to disseminate alerts to all members of the team.

### Are services effective?

(for example, treatment is effective)

### Our findings

#### We rated effective as Good because:

- Clinicians used current evidence-based guidance to provide patients with effective care.
- Staff had completed the necessary training to carry out their roles.
- The provider audited and reviewed patient care to ensure it was delivered appropriately.
- Consent to care and treatment was obtained in line with legislation and guidance.

#### Effective needs assessment, care and treatment

The provider had systems to keep clinicians up to date with current evidence-based practice. We saw evidence that clinicians assessed and delivered care and treatment in line with current legislation, standards and guidance (relevant to their service).

- The provider assessed needs and delivered care in line with relevant and current evidence-based guidance and standards such as the National Institute for Health and Care Excellence (NICE) best practice guidelines.
- Patients' immediate and ongoing needs were fully assessed.
- Clinicians had enough information to make or confirm a diagnosis.
- We saw no evidence of discrimination when making care and treatment decisions.

#### Monitoring care and treatment

### The service was actively involved in quality improvement activity.

• The service used information about care and treatment to make improvements. The service made improvements using audits. For example, the provider had carried out on-going audits of postoperative complications following minor surgery and had carried out audits to monitor safety checks prior to minor surgery. The provider also carried out regular record keeping audits and audits of infection prevention and control standards.

#### **Effective staffing**

### Staff had the skills, knowledge and experience to carry out their roles.

- All staff were appropriately qualified. The provider had an induction programme for all newly appointed staff.
- Relevant professionals (medical and nursing) were registered with the General Medical Council (GMC)/ Nursing and Midwifery Council and were up to date with revalidation.
- The provider understood the learning needs of staff and provided protected time and training to meet them. Up to date records of skills, qualifications and training were maintained. Staff were encouraged and given opportunities to develop.

#### Coordinating patient care and information sharing

- The nature of the service meant that patients were not referred on to other services. We were told that on occasion patients were referred to the clinic by other local private healthcare specialists.
- Before providing treatment, the clinicians at the service ensured they had adequate knowledge of the patient's health, any relevant test results and their medicines history.
- All patients were asked for consent to share details of their consultation and any medicines prescribed with their registered GP on each occasion they used the service.

#### Supporting patients to live healthier lives

# Staff were consistent and proactive in empowering patients, and supporting them to manage their own health and maximise their independence.

- Where appropriate, staff gave people advice, so they could self-care. For example, advice on skincare post treatment.
- The clinic provided patient educational days for example education on skincare and sun damage and a free skin cancer screening day.

#### **Consent to care and treatment**

### The service obtained consent to care and treatment in line with legislation and guidance.

- Staff understood the requirements of legislation and guidance when considering consent and decision making.
- Staff supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.

### Are services effective?

(for example, treatment is effective)

• The service monitored the process for seeking consent appropriately.

### Are services caring?

### Our findings

#### We rated caring as Good because:

- Patients reported that they were treated with compassion, dignity and respect.
- Patients reported that they were involved in decisions about their care and treatment including costs.
- The clinic had received a 4.9 out of 5-star rating based on 14 online reviews.

#### Kindness, respect and compassion

### Staff treated patients with kindness, respect and compassion.

- Feedback from patients was positive about the way staff treat people.
- Staff understood patients' personal, cultural, social and religious needs. They displayed an understanding and non-judgmental attitude to all patients.
- The service gave patients timely support and information.

#### Involvement in decisions about care and treatment

### Staff helped patients to be involved in decisions about care and treatment.

- Interpretation services were available for patients who did not have English as a first language.
- Patients told us that they felt listened to and supported by staff and had sufficient time during consultations to make an informed decision about the choice of treatment available to them.
- Patients told us that treatments including fees were fully explained before any treatment was carried out.

#### **Privacy and Dignity**

#### The service respected patients' privacy and dignity.

- Staff recognised the importance of people's dignity and respect.
- Staff knew that if patients wanted to discuss sensitive issues or appeared distressed they could offer them a private room to discuss their needs.

### Are services responsive to people's needs?

(for example, to feedback?)

### Our findings

#### We rated responsive as Good because:

- Feedback from patients was very positive in relation to the responsiveness of the service.
- Information about the service was readily available.
- There was a system on place for handling complaints and information on the complaints procedure was available.

#### Responding to and meeting people's needs

# The service organised and delivered services to meet patients' needs. It took account of patient needs and preferences.

- The provider understood the needs of their patients and improved services in response to those needs.
- The facilities and premises were appropriate for the services delivered.
- Reasonable adjustments had been made so that people in vulnerable circumstances could access and use services on an equal basis to others. For example, there was access to the clinic for people with mobility issues. (Portable ramp for the main entrance, modified toilet facilities and lift access to all floors).
- Information about the clinic including all services offered and fees was accessible on the clinic website, in the waiting area and at reception.

#### Timely access to the service

#### Patients were able to access care and treatment from the service within an appropriate timescale for their needs.

- Patients had timely access to initial assessment, test results, diagnosis and treatment.
- Waiting times, delays and cancellations were minimal and managed appropriately.
- Patients with the most urgent needs had their care and treatment prioritised.
- Patients reported that the appointment system was easy to use.

#### Listening and learning from concerns and complaints

### The service had a system in place to deal with complaints.

- Information about how to make a complaint or raise concerns was available.
- The service informed patients of any further action that may be available to them should they not be satisfied with the response to their complaint.
- The service had complaint policy and procedures in place. There had been no complaints in the last 12 months.

### Are services well-led?

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action?)

### Our findings

#### We rated well-led as Good because:

- The provider had a clear vision and strategy to deliver high quality care.
- Effective systems were in place to support good governance.
- Processes were in place to gather feedback from both patients and staff.

#### Leadership capacity and capability;

### Leaders had the capacity and skills to deliver high-quality, sustainable care.

- Leaders were knowledgeable about issues and priorities relating to the quality and future of services. They understood the challenges and were addressing them.
- Leaders at all levels were visible and approachable. They worked closely with staff and others to make sure they prioritised compassionate and inclusive leadership.
- The provider had effective processes to develop leadership capacity and skills, including planning for the future leadership of the service.

#### Vision and strategy

# The service had a clear vision and credible strategy to deliver high quality care and promote good outcomes for patients.

- There was a clear vision and set of values. The service had a realistic strategy and supporting business plans to achieve priorities.
- The service developed its vision, values and strategy jointly with staff.
- Staff were aware of and understood the vision, values and strategy and their role in achieving them.
- The service monitored progress against delivery of the strategy.

#### Culture

### The service had a culture of high-quality sustainable care.

• Staff felt respected, supported and valued. They were proud to work for the service.

- The service focused on the needs of patients.
- Leaders and managers acted on behaviour and performance inconsistent with the vision and values.
- Openness, honesty and transparency were demonstrated when responding to incidents. The provider was aware of and had systems to ensure compliance with the requirements of the duty of candour.
- Staff told us they could raise concerns and were encouraged to do so. They had confidence that these would be addressed.
- There were processes for providing all staff with the development they need. This included appraisal and career development conversations. All staff received regular annual appraisals in the last year. Staff were supported to meet the requirements of professional revalidation where necessary. Clinical staff, including nurses, were considered valued members of the team. They were given protected time for professional time for professional development and evaluation of their clinical work.
- There was a strong emphasis on the safety and well-being of all staff.
- The service actively promoted equality and diversity. It identified and addressed the causes of any workforce inequality. Staff felt they were treated equally.
- There were positive relationships between staff and teams.

#### **Governance arrangements**

# There were clear responsibilities, roles and systems of accountability to support good governance and management.

- Structures, processes and systems to support good governance and management were clearly set out, understood and effective. The governance and management of partnerships, joint working arrangements and shared services promoted interactive and co-ordinated person-centred care.
- Staff were clear on their roles and accountabilities.
- Leaders had established proper policies, procedures and activities to ensure safety and assured themselves that they were operating as intended.

### Are services well-led?

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action?)

#### Managing risks, issues and performance

### There were clear and effective processes for managing risks, issues and performance.

- There was an effective, process to identify, understand, monitor and address current and future risks including risks to patient safety.
- The service had processes to manage current and future performance. Leaders had oversight of safety alerts, incidents, and complaints.
- Clinical audit had a positive impact on quality of care and outcomes for patients. There was clear evidence of action to change services to improve quality.
- The provider had plans in place and had trained staff for major incidents.

#### Appropriate and accurate information

### The service acted on appropriate and accurate information.

- Quality and operational information was used to ensure and improve performance. Performance information was combined with the views of patients.
- Quality and sustainability were discussed in relevant meetings where all staff had sufficient access to information.
- The service used performance information which was reported and monitored, and management and staff were held to account.
- The information used to monitor performance and the delivery of quality care was accurate and useful. There were plans to address any identified weaknesses.
- The service submitted data or notifications to external organisations as required.
- There were robust arrangements in line with data security standards for the availability, integrity and confidentiality of patient identifiable data, records and data management systems.

### Engagement with patients, the public, staff and external partners

### The service involved patients, the public and staff to support high-quality sustainable services.

- The service encouraged and heard views and concerns from the public, patients, staff and external partners and acted on them to shape services and culture. For example, the clinic gathered feedback from patients through comment cards, the clinic website and online reviews.
- Staff could describe to us the systems in place to give feedback. For example, the clinic gathered feedback from staff through meetings, appraisal and informal discussions. We saw evidence of feedback opportunities for staff and how the findings were fed back to staff. We also saw staff engagement in responding to these findings.

#### Continuous improvement and innovation

### There was evidence of systems and processes for learning, continuous improvement and innovation.

- There was a focus on continuous learning and improvement. For example, the provider had introduced a new laser treatment service and the provider had supported training for the nurses to lead the service.
- The provider was planning to introduce photodynamic therapy (PDT). (A treatment using light-sensitive medicines that can be used for treating skin cancer).
- The service made use of internal reviews of incidents. Learning was shared and used to make improvements.
- Leaders and managers encouraged staff to take time out to review individual and team objectives, processes and performance.