

Anchor Carehomes Limited

Middlesbrough Grange

Inspection report

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Date of inspection visit:
09 February 2021

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03 March 2021

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Middleton Grange is a residential care home providing personal care and accommodation for up to 45 adults, some of whom are living with a dementia type illness. At the time of this inspection 30 people were living at the service. Middlesbrough Grange is a detached building set out over two floors. Each floor has their own adapted facilities.

We found the following examples of good practice.

Systems were in place to manage and prevent people, staff and essential visitors from catching and spreading infections. The home supported staff and people with social distancing.

Staff had undertaken training in putting on and taking off PPE, hand hygiene and other Covid-19 related training. Infection control champions were in place. These were staff who monitored staff practices to ensure the correct procedures were followed. Additional cleaning of all areas and frequent touch surfaces was being carried out. Areas of the home were set aside for staff to change PPE. Information was displayed throughout the home to remind staff what PPE they needed to use.

Staff supported people's emotional and social wellbeing. Activities had been planned within the home to positively support people through a period of extreme change to their routines. Outdoor visiting had ceased, in line with national guidance, at the time of this inspection. People were being supported to keep in contact with friends and relatives through telephone calls and social media.

The home was following national guidance for anyone moving into the home. Staff worked with people and their relatives to ensure they were aware of isolation procedures should they be needed. People were supported by a dedicated staff team who ensured any feelings of isolation and loneliness reduced.

Infection control audits and checks were carried out. The registered manager spoke positively about the commitment and dedication staff had shown, which had helped to minimise the impact of the pandemic on people's health and wellbeing. The provider continuously passed on important information about Covid-19 to staff.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Middlesbrough Grange

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 9 February 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing essential visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.