

The Cheshire Residential Homes Trust

Trepassey Residential Home

Inspection report

26 Hillside Road
Heswall
Wirral
Merseyside
CH60 0BW

Tel: 01513422889

Website: www.cheshireresidential.co.uk

Date of inspection visit:
07 September 2016

Date of publication:
30 September 2016

Ratings

Overall rating for this service

Requires Improvement ●

Is the service safe?

Requires Improvement ●

Summary of findings

Overall summary

Trepassey Residential Home is registered to provide personal care and accommodation for up to 24 people. The home is a detached three storey building in Heswall, Wirral.

The home had a new registered manager since our last inspection. A registered manager is a person who has registered with the Care Quality Commission to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

We carried out an unannounced comprehensive inspection of this service on 27 November and 1 December 2015 during which we found breaches of Regulation 12 of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014. This was because the provider did not have suitable systems in place to ensure the proper and safe management of all medicines in the home; the provider did not have suitable procedures in place to do all that is reasonably practicable to mitigate the risks associated with fire in order to protect people from risk; people's plans of care did not fully meet their needs or manage risks to their health and welfare.

After the comprehensive inspection, we served a warning notice and told the provider to make improvements in relation to the breach.

We undertook a focused inspection on 7 September 2016 to check that they had followed their plan and to confirm that they now met legal requirements. This report only covers our findings in relation to this topic. You can read the report from our last comprehensive inspection, by selecting the 'all reports' link for 'Trepassey Residential Home' on our website at www.cqc.org.uk.

On 7 September 2016 we found that major building work was underway to extend and improve the premises and the home was currently able to accommodate a maximum of 12 people. There had been no admissions to the home since our last inspection.

We found that new storage for people's prescribed topical medication had been provided and nobody was administering their own medication. People's care plans had been re-written by the deputy manager. Staff had received fire safety training and appropriate procedures were in place.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We found that action had been taken to improve the safety of the service.

New storage for people's prescribed topical medication had been provided and nobody was administering their own medication.

People's care plans had been re-written by the deputy manager.

Staff had received fire safety training and appropriate procedures were in place.

We have revised the rating for this key question. To improve the rating to 'good' would require a longer term track record of consistent good practice.

We will review our rating for safe at the next comprehensive inspection.

Requires Improvement ●

Trepassey Residential Home

Detailed findings

Background to this inspection

We undertook a focused inspection of Trepassey Residential Home on 7 September 2016 to check that improvements to meet legal requirements had been made following our comprehensive inspection on 27 November and 1 December 2015.

We inspected the service against one of the five questions we ask about services: is the service safe? This is because the service was not meeting legal requirements in relation to that question. The inspection was undertaken by an adult social care inspector.

Before our inspection we looked at the information we held about the home, this included the provider's action plan, which set out the action they would take to meet legal requirements. We had received no complaints about the service. The local authority commissioning team informed us that improvements had been made.

At the visit to the home we spoke with two people who lived there, the registered manager, the deputy manager, and two other members of staff. We looked around the premises including some people's bedrooms with their consent. We looked at the arrangements for people's topical medication. We looked at care plans for three people, and we looked at fire safety records.

Is the service safe?

Our findings

When we visited the home on 7 September 2016 we found that major changes to the building were taking place and a member of staff showed us the plans for the new premises. Part of the home had been demolished and there were 11 people living there. There was only one bedroom remaining on the ground floor.

The manager told us that there had been no new admissions to the home since our last inspection and no respite stays had been provided. This meant that we were not able to see how people's care and support needs were assessed before they went to live at the home or when they were new to the service.

The deputy manager had written comprehensive new care plans for the people living at the home. We looked at three of these and found that they were very detailed. They had been signed by the person to confirm that they were happy with the plans in place for their care. We discussed with the manager and the deputy manager that it was unclear how often the plans should be reviewed. Some had been reviewed every month but others had not been reviewed for several months. The manager told us they were considering using a different format for care documentation in the future.

We looked in three people's bedrooms and saw no medication items in the rooms. People had a locked medicine cabinet in their bedroom, but the manager explained that these were not big enough to store items such as tubs of cream. A medicine trolley was kept on the first floor to store topical medication safely and was in a convenient place for staff to access, for example when they were supporting people with personal care. Topical medication charts were in place in people's bedrooms and had been completed. The manager told us that consideration was being given to arrangements for medication storage in the new building.

The manager told us that nobody administered any of their own medication, however a risk assessment pro-forma was available to use if anyone wished to administer their own medication.

We saw that, due to the construction work taking place, some changes had been made to the accommodation in the remaining part of the building. This was to minimise noise issues and to ensure people were safe. The two bedrooms on the first floor that were furthest from the fire escape were no longer being used as bedrooms. One of these rooms had been designated as a facility for airing and ironing personal clothing (beddings and towels went to an external laundry).

Records showed that fire safety training had been provided by an external company on 3 and 24 August 2016 for all members of the staff team. This was practical training and included evacuation practise.

Personal emergency evacuation plans were in place for all of the people living at the home. These were kept in the staff rota folder in the staff office so they were readily available at all times. A fire risk assessment had been written by an external company in October 2015. The home's fire safety policy was displayed around the premises. A contingency plan had been written by the current manager and covered arrangements that

had been agreed in the event of the building having to be evacuated.