

Caram (AH) Limited

Atholl House Nursing Home

Inspection report

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Date of inspection visit:
20 December 2022

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20 April 2023

Ratings

Overall rating for this service

Inspected but not rated

Is the service effective?

Inspected but not rated

Summary of findings

Overall summary

Atholl House Nursing Home is a nursing home providing personal and nursing care to up to 84 people. At the time of the inspection 83 people were using the service. The service provides support to people over 65 and younger adults including those with physical disabilities and people living with dementia. The home is an adapted building with a purpose-built extension and accommodation is split into 5 communities over 2 floors.

People's experience of using this service and what we found

People were supported to access healthcare services when required.

For more details, please see the full report which is on the CQC website at www.cqc.org.uk

Rating at last inspection

The last rating for this service was good (published 26 March 2021).

Why we inspected

We undertook this targeted inspection to check on a specific concern we had about people being supported to access healthcare support. The overall rating for the service has not changed following this targeted inspection and remains good.

We use targeted inspections to follow up on Warning Notices or to check concerns. They do not look at an entire key question, only the part of the key question we are specifically concerned about. Targeted inspections do not change the rating from the previous inspection. This is because they do not assess all areas of a key question.

Follow up

We will continue to monitor information we receive about the service, which will help inform when we next inspect.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service effective?

At our last inspection we rated this key question good. We have not reviewed the rating as we have not looked at all of the key question at this inspection

Inspected but not rated

Atholl House Nursing Home

Detailed findings

Background to this inspection

The inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 (the Act) as part of our regulatory functions. We checked whether the provider was meeting the legal requirements and regulations associated with the Act. We looked at the overall quality of the service and provided a rating for the service under the Health and Social Care Act 2008

This was a targeted inspection to check on a concern we had about whether people were being supported to access medical attention when they required it.

Inspection team

This inspection was carried out by one inspector.

Service and service type

Atholl House Nursing Home is a 'care home'. People in care homes receive accommodation and nursing and/or personal care as a single package under one contractual agreement dependent on their registration with us. Atholl House Nursing Home is a care home with nursing care. CQC regulates both the premises and the care provided, and both were looked at during this inspection.

Registered Manager

This provider is required to have a registered manager to oversee the delivery of regulated activities at this location. A registered manager is a person who has registered with the Care Quality Commission to manage the service. Registered managers and providers are legally responsible for how the service is run, for the quality and safety of the care provided and compliance with regulations.

At the time of our inspection there was a registered manager in post.

Notice of inspection

The inspection was unannounced. We visited the service on 20 December 2022.

What we did before inspection

We reviewed information we had received about the service since the provider's last inspection. We sought

feedback from the local authority and professionals who work with the service. We used the information the provider sent us in the provider information return (PIR). This is information providers are required to send us annually with key information about their service, what they do well, and improvements they plan to make. We took this into account when we inspected the service and made the judgements in this report.

During the inspection

We spoke to the registered manager. We looked at records including 6 people's care records and medicines administration records.

Is the service effective?

Our findings

At our last inspection this key question was rated good. We have not changed the rating as we have not looked at all of the effective key question at this inspection.

The purpose of this inspection was to check a concern we had about whether people were being supported to access healthcare when they needed it. We will assess the whole key question at the next comprehensive inspection of the service.

Supporting people to live healthier lives, access healthcare services and support

- Staff understood when to escalate any concerns with people's health to a healthcare professional. For example, if a person was unwell or unable to use prescribed equipment safely.
- Staff made referrals to health professionals such as the GP, speech and language therapist and dietitian. For example, where a person's needs had changed or where they had lost weight unexpectedly.
- Instructions from medical professionals were recorded in people's care plans and communicated to staff through handovers, meetings and were detailed using the electronic recording system. This meant people were receiving the most up to date support to meet their health needs.