

Bupa Care Homes (GL) Limited

Westcombe Park Care Home

Inspection report

112a Westcombe Park Road
Blackheath
London
SE3 7RZ

Tel: 02034684768

Date of inspection visit:
29 March 2021

Date of publication:
27 April 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Westcombe Park Care Home provides accommodation and nursing, or, personal care for up to 45 adults over the age of 65 years. There were 29 people living at the home at the time of this inspection.

We found the following examples of good practice.

During our inspection we observed the home was clean and hygienic throughout and cleaning schedules were checked and monitored. The home had a team of housekeeping staff that had been trained on infection control. There was an enhanced cleaning schedule in place that ensured door handles, keypads, handrails and high touch areas were consistently cleaned. We found no concerns in relation to the cleanliness of fridges.

Procedures were in place for visits to the home to be carried out safely, in line with national guidance. All visitors, including health and social care professionals were screened for symptoms of Covid-19 before being allowed to enter the home. Visitors were supported to follow guidance, wear personal protective equipment (PPE) and to observe social distancing. Safe visiting spaces had been developed and these were cleaned thoroughly after each use.

People were also supported to maintain regular contact with their friends and family members using a range of audio and video technology.

The home had arrangements in place to test both people and staff for COVID-19, in line with the current guidelines on testing. Appropriate staff had been trained to carry out these tests.

Staff had received training in infection control which had been updated to include information on managing the risk of the spread of COVID-19 and the use of PPE. Staff had access to PPE to support people safely whilst minimising the risk of the spread of infection.

The registered manager and provider carried out checks to ensure infection control risks were monitored and managed safely. Staff had access to infection prevention and control policies in place which reflected current national guidelines to support them in their roles.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Westcombe Park Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. Prior to the inspection we received some information of possible concern about the cleanliness of kitchen fridges at this service. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 29 March 2021 and was announced.

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured of the levels of cleanliness throughout the home, including the fridges on all floors and in the main kitchen.
- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.